

**1** of parents  
**3** of kids with T1D  
report severe  
emotional  
distress —  
at the time  
their child was diagnosed.\*

\*<https://www.jdrf.org/blog/2017/11/14/coping-stress-t1d-parent/>



# How are you Really?

Your mental health matters.



**UK HAS WORLD'S 5TH HIGHEST RATE OF TYPE 1  
DIABETES IN CHILDREN**

**APPROX 400,000 PEOPLE ARE CURRENTLY LIVING  
WITH T1D OUT OF WHICH 29,000 ARE CHILDREN.**





Prevalence refers to the number of people currently diagnosed with diabetes. There are 3.9 million people who have been diagnosed with diabetes in the UK.

## HOW MANY PEOPLE IN THE UK HAVE DIABETES 1?

13.6 million people are now at increased risk of type 2 diabetes in the UK

You're more at risk of type 2 diabetes if you have a close family member who has diabetes

850,000 people are currently living with type 2 diabetes but are yet to be diagnosed

Research has consistently shown that for some people, combined lifestyle interventions - including diet, physical activity and sustained weight loss - can be effective in reducing the risk of type 2 diabetes by about 50%.



# YOUR CHILD'S SCRAPBOOK

27-08-2005

Age, 4th bday



Virgo Girl

VS



PARENT WHO'S  
CHILD HAS T1D

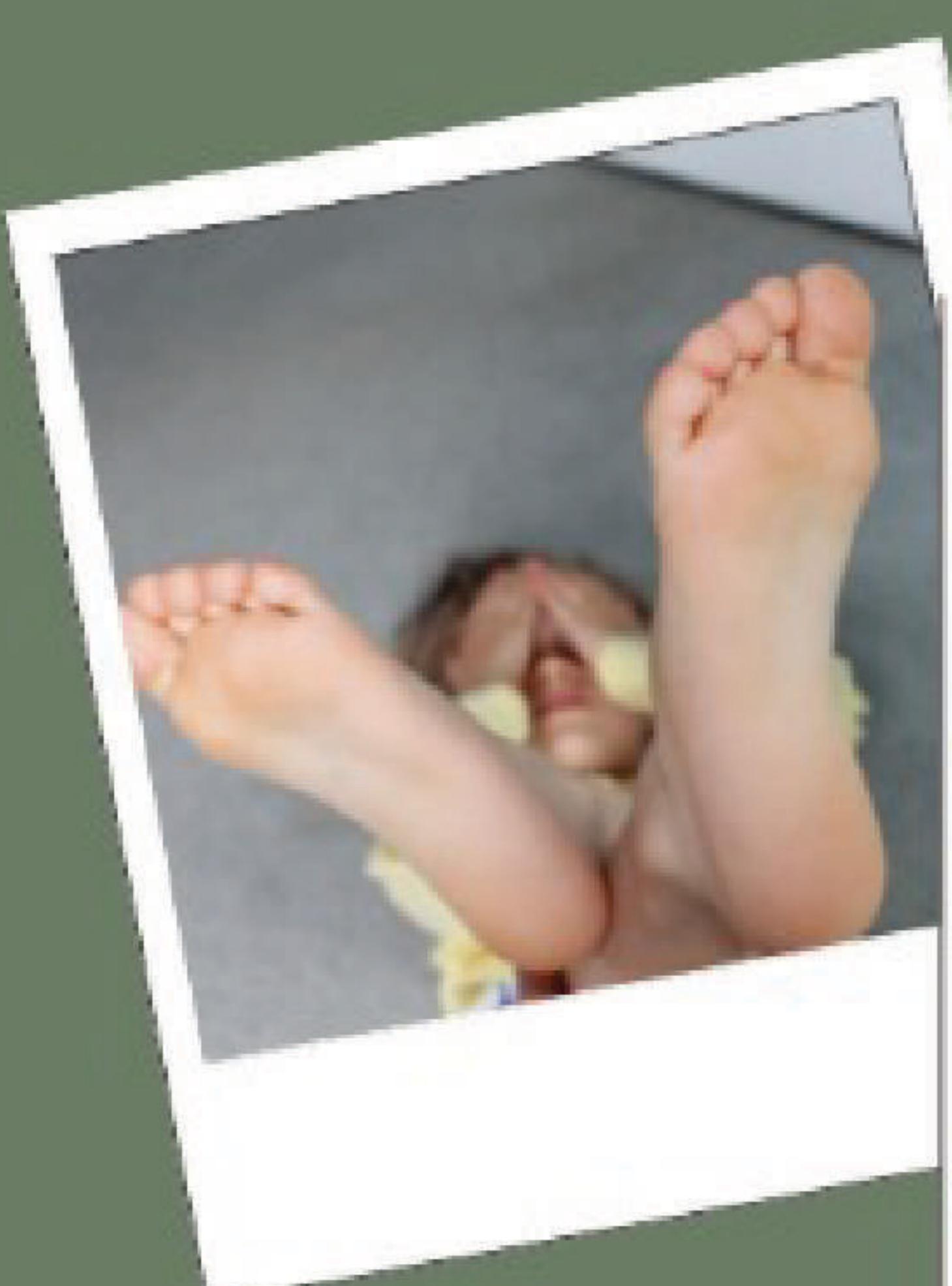
Virgo Girl

27-08-2005

Age, 4th bday



Hoping for some sunshine



Stronger by the day



# I KNOW That's Really A LOT.



Across RCA Project: Caring Society  
Group 12B: T1D in Children

Palika Nitisiri  
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## Cost of Device

**£50**

**every 2 weeks**

**£40 to £70** last for 10 to 14 days

**£2000 to £3000** last

**between 4 to 8 years**

**£1500**

**or more extra a year**



Freestyle Libre or Freestyle Libre 2 sensors -£50 every 2 weeks.

A reader -£50

CGM -£40 to £70 (last for 10 to 14 days.)

A pump -£2000 to £3000 (last between 4 to 8 years.)

Extra costs<sup>9</sup> (cannulas and tubing, batteries, dressings for the skin, Adhesives and alcohol wipes for skin preparation) -£1500 or more extra a year