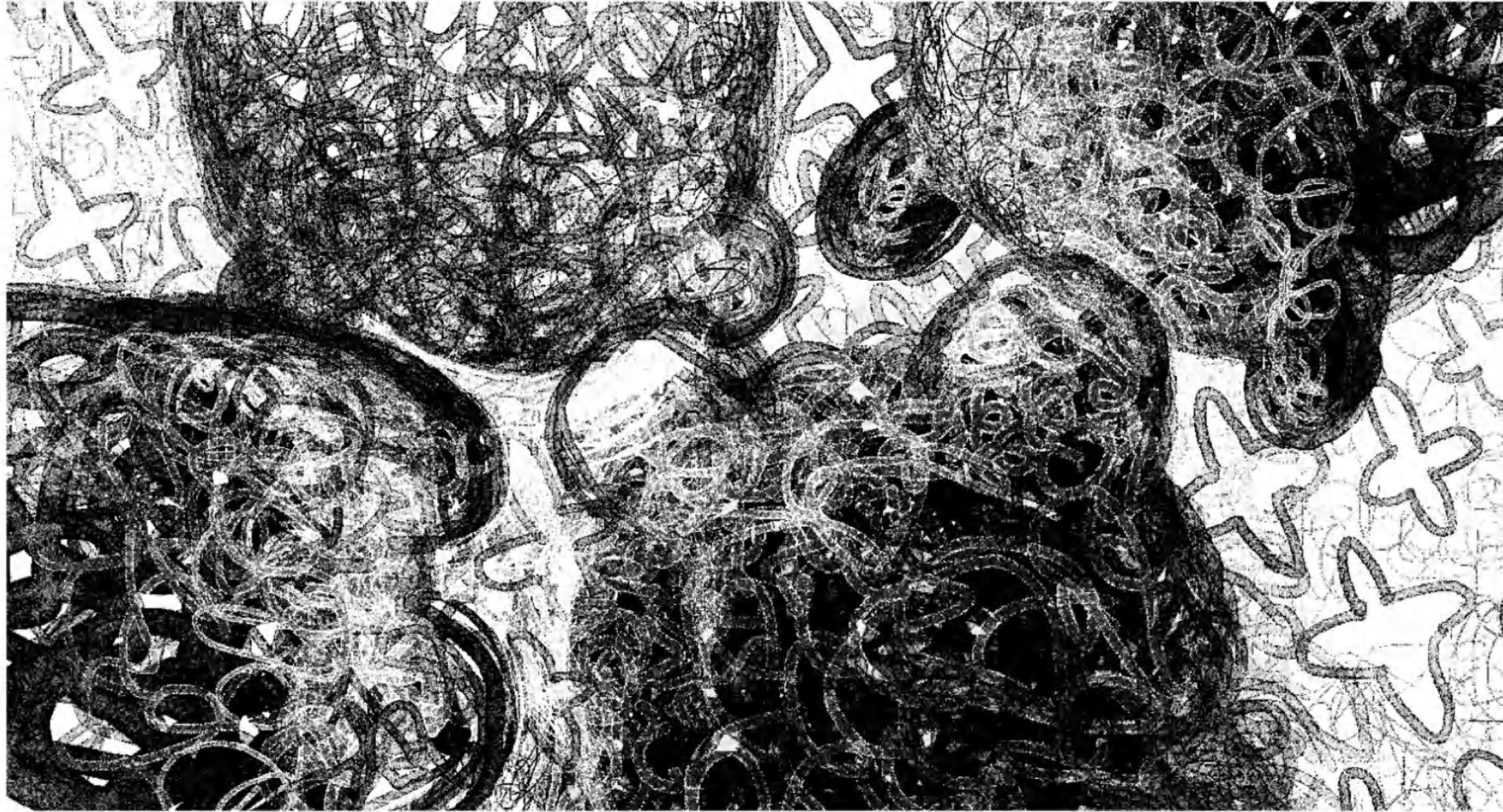


Caring about ourselves.

The smallest unit of society is typically considered to be the individual.

An individual is the fundamental unit in social organization, being an independent organism or human with a certain status and role within society.

Each individual possesses unique thoughts, feelings, behaviors, and characteristics, while also being influenced by the social and cultural environment.



by Xinyi
four of us =>

Yuyan Tong

Photography

Nuo Chen

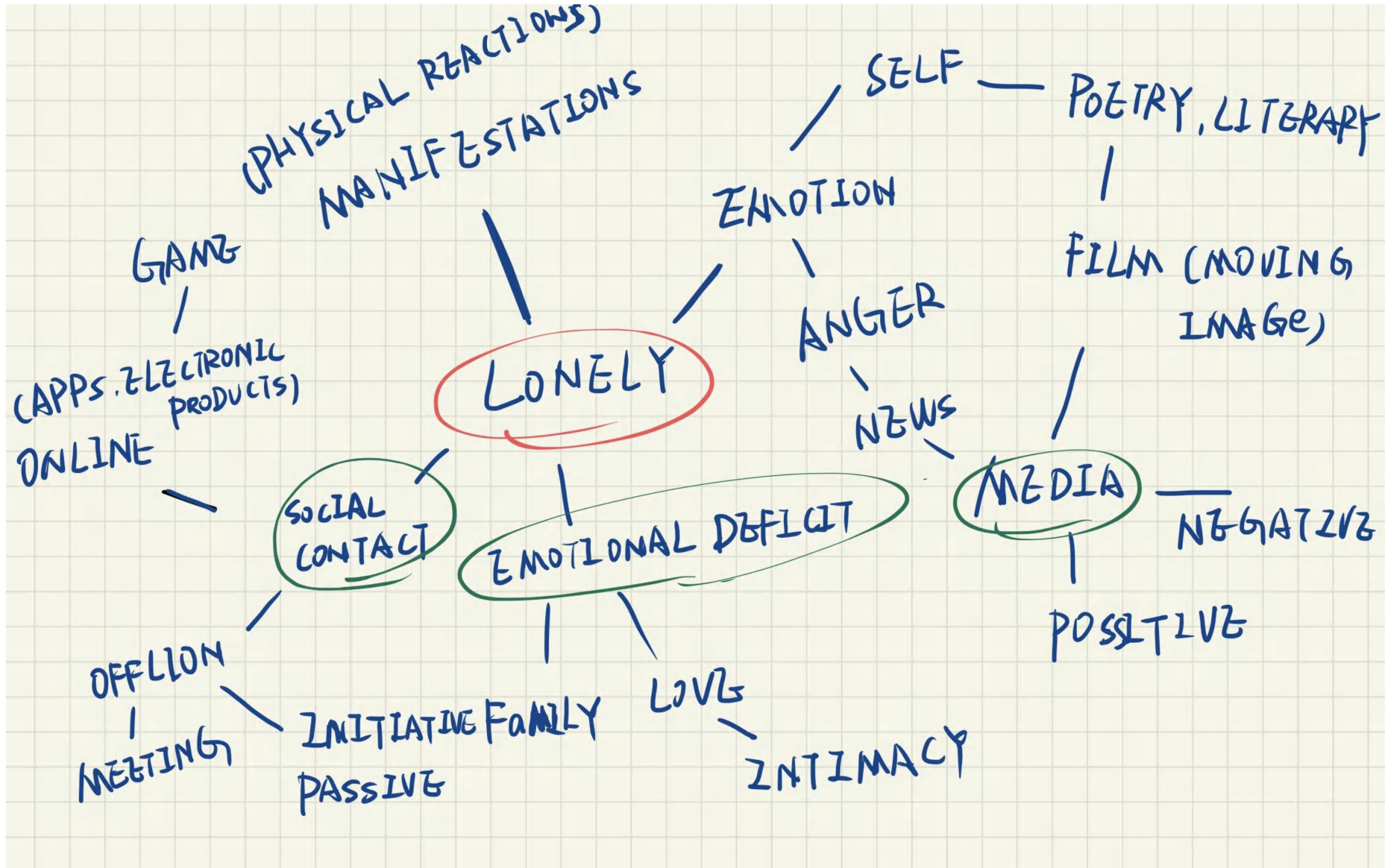
Painting

Lei Xinyi Li

animation

Jane Kim

fashion



Social loneliness issues by the popularity of social media

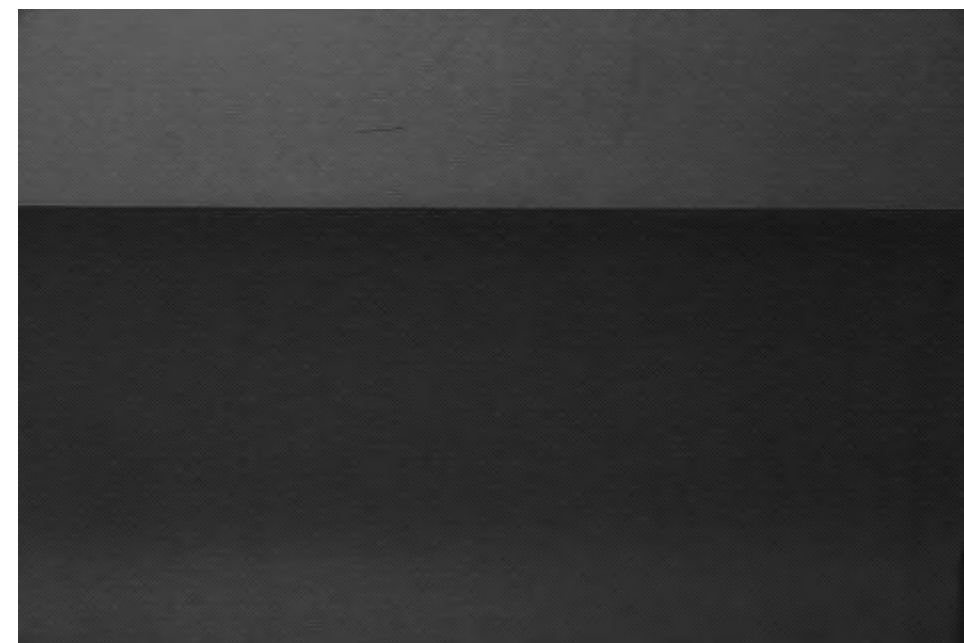
Out of touch —Digital Loneliness— Interpersonal Relationships in the Media society— Some contemporary young people can be said to exist in a state of disconnection that also conveys a subjective resistance or resistance to the outside world, both of which happen to be more common interpersonal relationships in the digital age.

The Disappearance of the Other - Homogenisation - Discovering the space of "co-presence" of the self and the other in the context of the digital information age. - Digital media is "de-bodied", obscuring eye contact, taking away the "texture" of the voice, and making the language of the Other, the thoughts of the Other, and the time of the Other disappear. -- The "echo chamber effect" of social media has exacerbated human narcissism in the Internet age. We sleep in a cascade of identical information. Ignorance and resistance to dissent, and warming up to those who share the same opinion, ultimately trap people in their own subjectively constructed hothouses of opinion. The tendency of human beings to be trapped in their own minds becomes more pronounced, and love for the Other becomes more "impossible".

About the exploration of self-emotions

"The Human Soul" - Yeats's Mask: Emotional Re-creation and Anti-ego Perfection of the Self - "Mask" Theory

Perception - Rational Knowledge - Self-Knowledge - "Know Thyself" - Since we can't complete cognition with a transcendental stillness, it becomes necessary to intervene in the world with cognition and the actions that immediately follow it.



Seuls— The action of the psychosexual cycle — <https://vimeo.com/ondemand/seuls>



There are actually very, very many films about finding oneself, about emotional control, about self-growth. Director Ang Lee himself is very good at making similar films, and many of his cinematic works relate to the theme of the individual in a larger context.

But I chose this film because at the time, special effects were not as abundant as they are now, and at one point I couldn't tell if the story was about fiction or reality.

But the way he tells the story in terms of editing and a lot of camera language is worth learning.

We didn't set out to make a film like this, we weren't that good yet, but hopefully if we end up with a film that feels that way.

as Robert Weiss
puts it in his seminal work on the subject, 'a
chronic disease without redeeming features'.

Olivia Laing, 'The Lonely City' (2016) P4

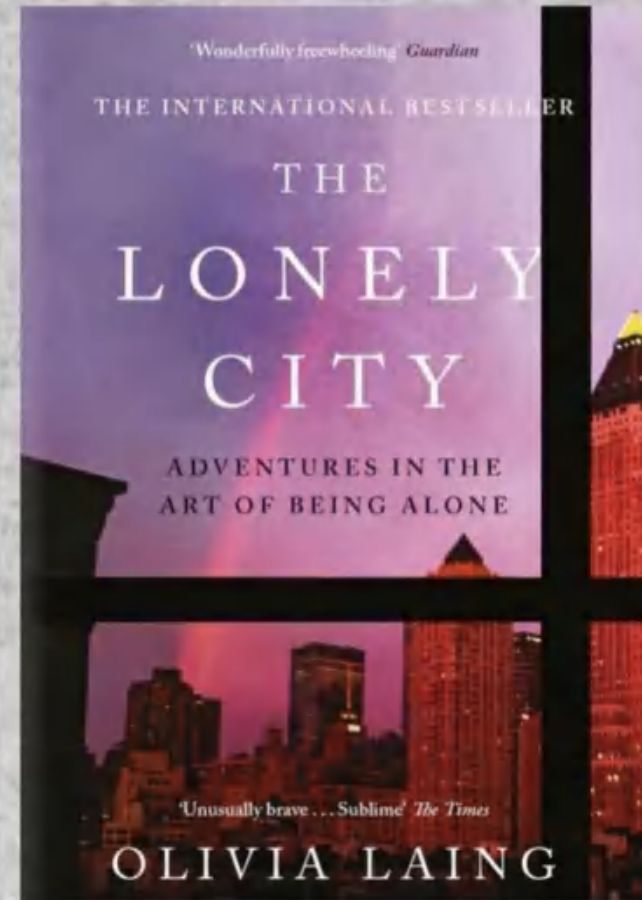
ABOUT LONELY

I learnt a lot from both books.

I started to think about loneliness, what it is, why people are lonely, what circumstances lead to loneliness.

You can be lonely anywhere, but there is a particular flavour to the loneliness that comes from living in a city, surrounded by millions of people. One might think this state was antithetical to urban living, to the massed presence of other human beings, and yet mere physical proximity is not enough to dispel a sense of internal isolation. It's possible – easy, even – to feel desolate and unfrequented in oneself while living cheek by jowl with others.

Olivia Laing, 'The Lonely City' (2016) P2



I found some explanations for loneliness.

Loneliness, I began to realise, was a populated place: a city in itself.

Olivia Laing, 'The Lonely City' (2016) P10

Loneliness is a very special place. As a teenager, sitting on my bed on autumn evenings, I used to imagine that place as a city, perhaps at dusk, when everyone turns homeward and the neon flickers into life.

Dennis Wilson, 'Pacific Ocean Blue', a song

What does it feel like to be lonely? It feels like being hungry: like being hungry when everyone around you is readying for a feast.

Olivia Laing, 'The Lonely City' (2016) P17

It advances, is what I'm trying to say, cold as ice and clear as glass, enclosing and engulfing.

Olivia Laing, 'The Lonely City' (2016) P17

the ghostly other life that haunted me for almost two full years.

Olivia Laing, 'The Lonely City' (2016) P19

Paintings of Loneliness

the way he contrives his city streets. As the Whitney curator Carter Foster observes in *Hopper's Drawings*, Hopper routinely reproduces in his paintings 'certain kinds of spaces and spatial experiences common in New York that result from being physically close to others but separated from them by a variety of factors, including movement, structures, windows, walls and light or darkness'. This viewpoint is often described as voyeuristic, but what Hopper's urban scenes also replicate is one of the central experiences of being lonely: the way a feeling of separation, of being walled off or penned in, combines with a sense of near-unbearable exposure.



Edward Hopper, 'Morning in a city' (1944), 'Night Windows' (1928), 'Automat' (1927), 'Nighthawks' (1942)

Olivia Laing, 'The Lonely City' (2016) P25

DEVELOPMENT

RESEARCH

我想做出只有在这一年里才能完成的作品
每一个大的日记

纠缠的无止境
头发
水流得无底

她总是那个容易变心的女人
她在套理的人



I want to borrow the form of separation in the book of Jimmy Liao, so that the male and female protagonists in my work are also separated on the left and right sides. (the left side)

'turn left turn Right '1999

'sound of colors '2001

Jimmy Liao

I wanted to show the intricacies of the heart with some misplaced space. (the underside)

安野 光雅 (あんの みつまさ)



MY PARTNER LIVES IN MY PHONE
Lily Ahree Siegel & Hugh Clegg

Struggling in a long distance relationship, a couple make a last attempt to find intimacy over the internet.

This is a short film I saw at smalls film festival, the heroine chose three parts that can represent long-distance relationship to focus on in-depth, what makes me feel deeply is the third part of the story about how long-distance relationship sex, I also want to choose such a small point in my film to study and think about the thinking, so that I chose to start from my own in the long-distance relationship environment My mood changes during the day and night

MY PARTNER LIVES IN MY PHONE
Lily Ahree Siegel & Hugh Clegg



世界は、ひとつになれる。
<https://youtu.be/vVOIZsgjgOE?feature=shared>

switch
在不熟的人面前
回到 Jim
开了
有了更多的时间在手机
电脑游

十年以来我都羞于
向别人去讲我的
with my cat
I love him
and I love my cat so
so I want to combine these two
自己说话

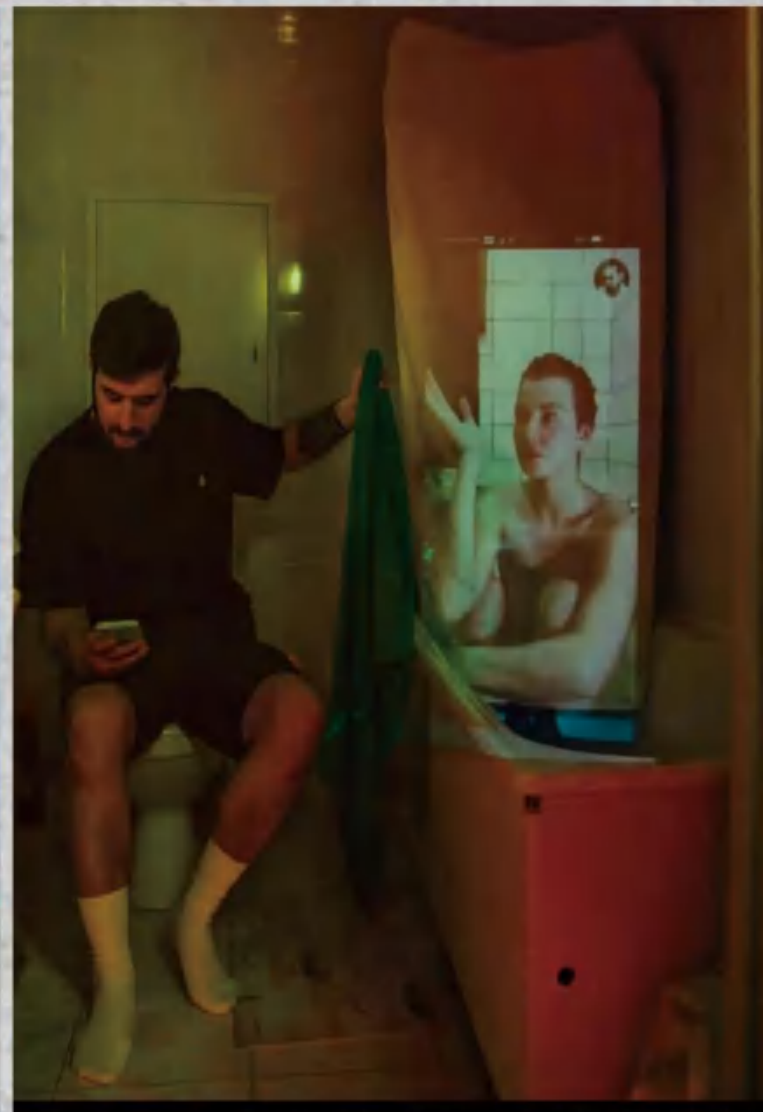
好的不好的
你都是恋爱出来的
emotion
我能在异地恋中的情感感知

右岸的恶行



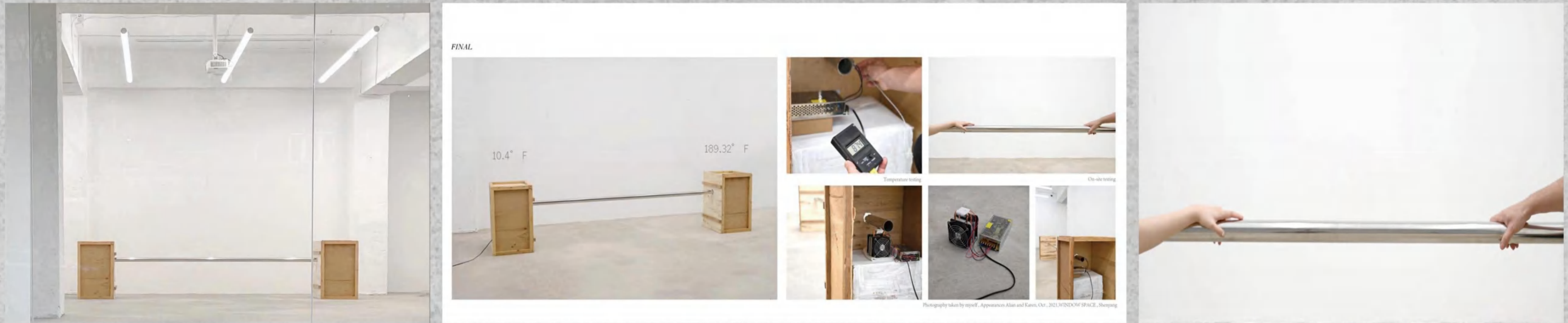
Gabi Vasko, 'Thanks for the memories: Illustration Series' (2022).

In this series of illustrations I mainly refer to the author's drawing of the couple's emotions and thoughts of parting, as well as the loss of separation and the feeling of helplessness after being caught up in a whirlwind of emotions.



Karman Verdí, 'There Are So Many Ghosts at My Spot' (2020).

The author uses webcams to tell a story about people from different parts of the world who need communication and human contact now more than ever. The form of his creation is very interesting, using projections to cleverly make something that is otherwise intangible into something tangible.



Weiyu Dou, '13 hour: The vanishing temperature' (2021).

In this work the author and her boyfriend are separated by 11,110 kilometres and a huge time difference of 13 hours, the distance and the pressure of time make them feel powerless and lost, and at the same time the author realises how the Chinese language uses words related to temperature to convey love and emotion. In order to deconstruct the author's experiences and feelings, she re-imagines how temperature can be used as an artistic medium to visualise the power of the spirit in the senses. I find it interesting that the author visualises and gives temperature to a long-distance relationship, which has further informed my work.

LIFE OF PI

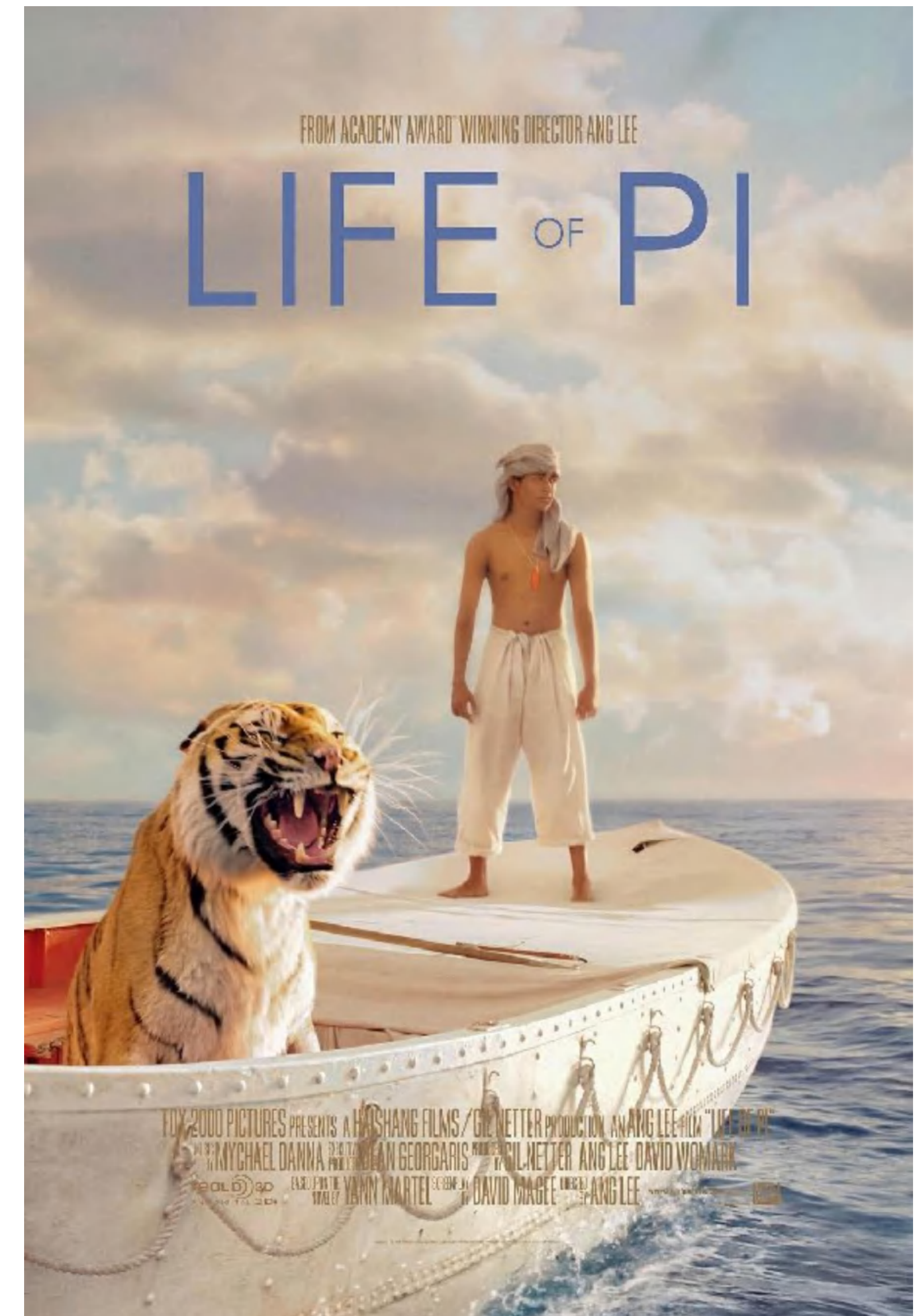
"Life of Pi" is a film directed by Ang Lee, based on Yann Martel's novel of the same name.

Released in 2012, the movie garnered numerous awards, including four Oscars.

The story revolves around Pi Patel, an Indian boy whose family owns a zoo. When financial constraints force them to move to Canada, their ship encounters a storm, leading to a shipwreck. Pi and a Bengal tiger named Richard Parker are the only survivors and embark on a 227-day drift across the Pacific. During this journey, Pi forms a unique bond with the tiger, facing various challenges together.

The film, presented in a flashback format, explores Pi's survival skills, his philosophical reflections on faith, and the intricate relationship between him and Richard Parker.

The visually stunning and thought-provoking narrative captivates audiences leaving them contemplating themes of truth, belief, and the resilience of the human spirit.



Literature references

《The Diary of Anne Frank》 - Anne Frank:

Anne Frank, a Jewish girl, wrote this diary during World War II while in hiding in Amsterdam. The diary, later published as "The Diary of Anne Frank," documents her daily life, inner thoughts, and perspectives on the war. It became a significant literary work reflecting the wartime period.

《The Cassatt Diary》 - Mary Cassatt:

Mary Cassatt, an American Impressionist painter, maintained a diary known as "The Cassatt Diary." It includes her thoughts on painting, observations of life, and interactions with the art world. This diary provides valuable insights into Cassatt's life and art.

《Journals》 - Anaïs Nin:

Anaïs Nin, a French-Cuban-American writer, published her journals as the "Journals" series. The content covers her personal life, literary creations, and emotional experiences. She is known for the depth and frankness of her self-exploration.

《The Diaries of Franz Kafka》 - Franz Kafka:

Franz Kafka, a Czech writer, left behind diaries known as "The Diaries of Franz Kafka." These diaries cover his literary reflections, daily life, and emotional experiences. They are considered complementary to his literary works, offering insight into his inner world.

《The Pillow Book》 - Sei Shonagon:

"The Pillow Book" is a diary-like work by the Japanese medieval court lady Sei Shonagon. It records her daily life, courtly experiences, and observations of nature. The work is considered a classic in Japanese literature.

《The Unabridged Journals of Sylvia Plath》 - Sylvia Plath:

Sylvia Plath, an American poet and novelist, left journals that were later published as "The Unabridged Journals of Sylvia Plath." These journals provide profound insights into her personal life, mental health struggles, and thoughts on family and creative challenges.

We searched for some literature related to diaries in this phase. Basically novels or poems, because the first phase of our project wanted to present it in the form of a diary, not a diary written on paper, but just to have a dialogue with ourselves as if we were writing a diary.

Our video considerations can be referenced in the form of:

- One Second Every Day: This is a way of recording everyday moments in life by taking one second of video every day and stitching them together. This format allows the viewer to experience the accumulation of tiny moments in the artist's life.
- 365 Days: A Photo Diary: The artist may take a photo every day and combine these photos into a video, showing individual changes, experiences and emotional fluctuations over the course of a year.
- Everyday Abstracted: Artists may capture abstract images, colours and shapes from everyday life to record their thoughts and emotions in a unique, non-linear way.
- Vlog Type Diary: Some people choose to document their daily lives by sharing their thoughts, feelings and interactions in the form of a Vlog (video journal). This may include conversations, trips, activities, etc.
- Time-Lapse Diary: Using time-lapse technology, longer events (e.g. plant growth, city changes) are condensed into shorter videos to show the progression and changes in life.
- Visual Fragments: Artists may edit and combine visual fragments, such as rapid scene changes, close-ups of everyday objects, etc., to convey a personal perception of a slice of life.

Bibliography

- [1] Olívia Laing, 'The Lonely City' (2016) <<https://libbyapp.com/open/sample/royalart/2563138>>
- [2] Sam Selvon, 'The Lonely Londoners' (2014) <<https://libbyapp.com/search/royalart/search/query-lonely/page-1/1940342>>
- [3] Líng Lí, 'Application of Attachment Theory to a Heterosexual Population' (2007)
- [4] Jíe Líu, 'A study on the influencing factors of long-distance intimate partner relationship satisfaction' <Chinese Psychological Association. Psychology and the enhancement of creative ability - Proceedings of the 16th National Psychology Conference. Chinese Psychological Association,> (2013)
- [5] Dainton, M., & Aylor, B. (2001). A relational uncertainty analysis of jealousy, trust and maintenance in long-distance versus geographically close relationships.
- [6] Guldner, G., & Swensen, C. (1995). Time spent together and relationship quality: Long-distance relationships as a test case. *Journal of Social and Personal Relationships*, 12, 313-320.
- [7] Sahlstein, E. (1999, November). Presences, quasi-presences and absences: An investigation of long-distance relational types. Paper presented at the conference of the National Communication Association, Chicago.

Film References

[1] Olivia Laing, 'The Lonely City' (2016) <<https://libbyapp.com/open/sample/royalart/2563138>>

[2] '世界は、ひとつになれる。' <<https://youtu.be/vVOIZsqjgOE?feature=shared>>

[3] 'MY PARTNER LIVES IN MY PHONE', Lily Ahree Siegel & Hugh Clegg <<https://youtu.be/DLPOYVZIMEM?feature=shared>>