

# MYCELIUM RECIPES 01

## DATA CHART

	Mixture	Oak	Beech	Apple	Cherry	Barley	Charcoal	Chalk	Seaweed	Cotton	Wool	Pine	Oyster	Coffee	Water	Success?
Danny	1	15		10					15						80	BO
	2		15		10	5			10						100	BO
	3			20				5	10				10		60	BO
	4	10	10					5	15			10			80	BO + GR
Stan	1	10	10	10								10			60	BO
	2			10				10					20		20	
	3			10	10							20			60	GR
	4							20	10				10		20	GR
Charissa	1	20								5				15	50	
	2				20									20	50	BO + GR
	3	20						18			2				50	
	4										35			5	20	BO
Wenqin	1		10				10	10	10						90	GR
	2				20	5							10	5	90	
	3		10						10	5			15		60	
	4				20				20						90	GR
Claudia	1			10		10	10						10		80	
	2			5		25							15		100	
	3					25							15		100	
	4	7				18	15								100	BO + GR

Each recipe was made twice, incubating the substrate with Blue Oyster and Golden Reishi. Mass in grams, volume in millilitres, BO - Blue Oyster, GR - Golden Reishi