

# THE SPOTTED COW LUNCH MENU

Monday to Thursday Lunch 12to3pm Dinner 5to8pm Friday 12to3 5to9pm Saturday 12to9pm Sunday 12to7pm

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## TO BEGIN

### Soup of the Day

Served with fresh baked baguette & salted butter. £6.95

### Chef's Pate of the Week

With chutney & toasted sourdough baguette & salted butter. £7.95

### Mesquite Grilled Chicken Wings

Eight succulent wings served with blue cheese dressing & celery. £8.95

### Breaded Butterfly King Prawns

Six succulent prawns served with sweet chilli sauce & lemon mayo dip. £8.75

### Crispy Salt & Pepper Calamari

Pineapple cut Squid, deep fried & served with lemon mayo & sweet chilli dips. £8.50

### Slow Roasted BBQ Pork Belly Bites

Roasted piggy bites tossed in BBQ sauce served with honey mustard crunchy leaves. £8.95

### Crispy Panko Breaded French Brie (v)

Creamy soft ripened French cheese, deep fried in crispy breadcrumbs served with redcurrant & port jam & mixed leaves tossed in a honey mustard dressing. £7.95

### Creamy Garlic Chestnut Mushrooms & Shropshire Blue (v)

Pan fried Chestnut mushrooms in Chef's creamy blue cheese & garlic, olive oil, parsley & butter sauce served with warm baked crusty sour dough baguette topped with rocket. £8.95

## BREADS & WRAPS

**Served with French fries & mixed leaf tossed in honey mustard dressing.**

***Served between noon and 3pm Monday to Saturday only. (Baguettes are buttered)***

Halloumi Fries, Roasted Red Pepper, Rocket & Pesto Panini (v) £9.95

King Prawn Marie Rose, Vine Tomato, Cucumber & Lettuce Wrap £9.95

Smoked Salmon, Cream Cheese, Vine Tomato & Spring Onion Baguette £9.95

Coronation Chicken & Mixed Leaf Salad Baguette with Mango Chutney £9.95

Smoked British Grilled Bacon & French Brie Panini with Redcurrant Jelly £9.95

Cumberland Sausages & Fried Onion Baguette with English Mustard £9.95

## FILLED BAKED POTATO

**Served with mixed leaf tossed in honey mustard dressing & butter portions.**

***Served between noon and 3pm Monday to Saturday only. (Plain Spud £7.50)***

### Skip Jack Tuna Cheese Melt

Seasoned with wholegrain mustard mayo & topped with melted cheese & spring onion. £9.50

### Coronation Chicken & Chutney

Seasoned chicken mixed in curry flavoured mayonnaise served with mango chutney. £9.50

### Baked Beans & Grated Cheddar (v)

Generous portion of Branston beans topped with grated cheddar cheese. £9.50

### Five Bean Chilli & Crème Fraiche (v)

Mexican five bean chilli topped with grated cheddar, crème fraîche & spring onion. £9.50

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## TASTE OF THE SEA

### Luxury Oven Baked Fish Pie

Made fresh daily, chunks of fresh salmon, cod, smoked haddock & King prawns baked in our seasoned white wine sauce on a bed of spinach leaves topped with mash and melted cheddar cheese. £16.95

### King Prawn Marie Rose & Smoked Salmon Salad

Scottish smoked salmon, King prawns & a crevette with mixed leaf, vine tomato, cucumber & lemon wedge, served with fresh baked baguette & butter. £17.50

### Ale Battered Fresh Atlantic Cod & Chips (GF option)

Fresh large Atlantic cod coated in our Chefs ale batter recipe, deep fried & served with chunky chips & your choice of garden peas or mushy peas and our homemade tartare sauce. £16.75

### Our Popular Rope Grown Steamed Fresh Mussels & Frites (GF)

Steamed in our Chef's white wine, garlic, onion & parsley cream sauce served with frites & Dijon mayo  
½ kilo £15 ~ one kilo £25 great to share as a starter too!

## TRADITIONAL PUB CLASSICS

### Pan Fried Lambs Liver & Crispy Bacon

Served on creamy mash, topped with onion gravy, crispy bacon & fresh seasonal vegetable. £16.25

### Five Bean Mexican Chilli & Basmati Rice (v)(GF)

Served with crème fraîche, spring onion, grated cheddar cheese & jalapeño slices. £16.50

### Local Butchers Cumberland Sausages & Mash

Three sausages on creamy Maris Piper mash, garden peas, topped with red wine onion gravy. £14.50

### 10oz Smoked British Gammon Horseshoe Steak (GF)

Pan fried & served with chunky chips, grilled beef tomato, garden peas and two fried eggs. £15.95

### Steak or Chicken Burger Smoked Bacon & Melted Jack Cheese

Our own recipe of seasoned steak mince burger pan fried or choose crispy breaded chicken breast topped with melted jack cheese, bacon, vine tomato, crunchy lettuce in a toasted gourmet bun with French fries & chipotle sauce. £16.95

## PAN FRIED CAST IRON SIZZILING STEAKS

Our steaks are sourced from the West Country and cooked to your liking, served with your choice of chunky chips or skinny fries served with grilled vine tomato, rocket & parmesan salad with honey mustard dressing  
**your choice of sauce:** Brandy Peppercorn ~ Warm Garlic Butter & Parsley ~ Creamy Blue Cheese ~

**8oz Fillet Steak £32 ~ 10oz Rib-Eye £28(GF)**

## LOCAL GOURMET ARTISAN PIES

A selection of award winning, locally made artisan pies, including a vegetarian/vegan option, served with creamy mash or chunky chips, seasonal vegetables and red wine gravy.

Please ask your server for today's choices. £16.95 (VE/V)

## ASK OUR TEAM FOR TODAY'S CHEF SPECIAL

If you require information regarding the presence of allergens in any of our food or drink, please ask your server who will be happy to provide this information. Whilst a dish may not contain a specific allergen due to the wide range of ingredients used in our kitchen foods may be at risk of cross contamination by other ingredients.

**(DF) Dairy Free (GF) Gluten Free (V) Vegetarian (VE) Vegan. Ask your server for other options on our menu.**