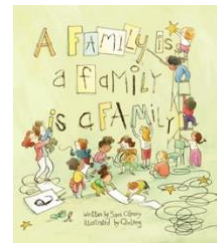


A Family is a Family is a Family Activities

By Sara O’Leary, Illustrated by Quin Leng



Make a Family Tree



Visit [Powerful Mothering](#) to see pictures of each step.

This story shows that families can look very different and that is a great thing!

What does your family look like?

Create a family tree craft to show who makes up your family.

Materials:

- Green and Brown Construction Paper
- Pencil
- Scissors
- Glue stick
- Markers

1. Use the green construction paper and a pencil to trace the hand of each member of your family.
2. Cut out each hand print.
3. Create the trunk of your tree from brown or black construction paper. A simple long rectangle will do.
4. Use the glue to glue the green hands to the top. You want to branch them out so they look like a nice and full tree.
5. Use the markers to start writing on the tree branches the various members of the family. Or you can draw a picture of all the people who make up your family.

Family Game Night



Get more ideas at [Happy Mom Hacks](#)

Whatever your family looks like, you can all have fun together with a family game night! Gather your family for some friendly competition. You can play as a team or against each other in a few fun, easy activities.

Cup Stacking:

Use plastic cups to see who can make the highest tower in 1 minute!

Balloon Tennis:

Tape a wooden spoon or paint stirrer to the back of a paper plate. Use it like a tennis racket to bat a balloon back and forth. See how long you can keep the balloon in the air!

Paper Airplane Challenge:

All you need is a few sheets of paper! See which one of your family members can make the airplane who flies the farthest.

