



The Beach Rehab Thailand places top priority on the health and wellbeing of its clients and staff. We have gone beyond standard protocols to ensure the necessary screening and prevention measures are in place so that we are as safe as possible from COVID-19 exposure. The Beach Rehab Thailand is currently offering a Free Virtual Rehab Program for all new residential clients to enable us to support you until we reopen.

The Beach Rehab Thailand continues to work with the local NIH (National Institute of Health Thailand) to ensure we have the most current data. We follow best practices and continuously monitor them for updates.

Below are processes The Beach Rehab Thailand has put in place to combat COVID 19:

- **Pre-Admission/ Admissions of New Clients**

Prior to being admitted to The Beach Rehab Thailand, we ask new members questions about their health status and a covid-19 test is required prior to arrival. The questions reflect those recommended by the NIH. We want to ensure that all members being admitted to our facilities are screened for symptoms of COVID-19 infection that could put our treatment community at risk.

Rooms will be disinfected after each new admission. All new admissions items will be washed upon admission.

- **Family Visits and Aftercare Meetings**

Until further notice, no outside visitors to our facilities. Family programs, Alumni and support group meetings have moved to online platforms.

Currently, no visitors are allowed. Any mandatory/emergency guests who come onsite will be screened outside the facility doors and denied access if they have symptoms. All training and tours scheduled have been cancelled.

- **Prevent of COVID-19 Transmission**

Added extra signage throughout our facilities to remind and encourage both clients and staff to practice frequent and effective hand hygiene. We provided education (or re-education) regarding hand hygiene to all clients and staff. Updated policy on COVID-19 response.

- **Client Health**

We have full medical and nursing teams available to care for our clients health and are taking the following additional precautions to protect our clients health.

Daily health surveillance allows our clinical teams to give clients who get a cold or flu the care that they need. Therapy groups will be held in the largest available rooms to reduce members' close proximity to one another.

Planned offsite client outings are currently cancelled—we are offering alternatives.

- **Dining and Meals**

The Beach Rehab Thailand is taking the following precautionary measures related to dining and meals to protect our clients. Having a staff member to remind clients to practice effective hand hygiene before meals. All meals are individually plated and served for client safety.

- **Facility Cleanliness**

We have a team of highly skilled environmental services staff who keep our facilities clean and surfaces free of germs.

Extra cleaning shifts have been added to the schedule to ensure that all high-touch surfaces are cleaned frequently throughout the day. We have increased how often we deep clean our facilities and have been distributing additional personal protective equipment (PPE).

- **Staff Precautions to Protect Clients from COVID-19**

We've recently taken the following precautionary measures to protect our staff from COVID-19 infection, and thus minimize the risk of COVID-19 exposure in our treatment facilities.

All staff is required to enter and exit through the lobby door. Temperatures will be taken and documented on a log before passing through the program doors. Provided COVID-19 information sessions for staff. Scheduled work travel has been cancelled. Staff returning from travel to non-high-risk countries are instructed to self-screen and monitor for symptoms for 14 days. Staff returning from travel to high-risk countries are instructed to self-isolate, work from home, and monitor for symptoms for 14 days. The current list of high-risk countries includes the following: China, France, Germany, Hong Kong, Iran, Italy, Japan, Singapore, South Korea, Spain. All staff are instructed to stay home if they have any symptoms of coronavirus COVID-19.

Rest assured, we will continue to do everything in our power to provide a safe and healthy environment for our members, their loved ones and our staff. In the meantime our Online Virtual rehab program provides the necessary support to see you through this difficult time.