

#### "Mauritius, the ideal destination to heal and recover"

We offer a very exclusive luxury rehab and wellness experience on the beautiful island of Mauritius.

From our successful rehab clinic (<u>www.lesmariannes.com</u>) we understood the needs of personalities, famous people and politicians who are looking for a high standard of care with luxurious facilities in a soul-lifting environment, yet respecting their privacy and confidentiality.

With this in mind we have created the VVIP Wellness retreats to satisfy this exclusive clientele looking for a transformative journey in their quest to regain their health. We go beyond the conventional rehab model and bring all our expertise to the client at his exclusive beachfront villa.



# "Putting our expertise at your service"

At, Les Mariannes Wellness Sanctuary, we have put together a first-class therapeutic team consisting of doctors, psychiatrist, psychologists, counsellors and a varied team of therapists all under the leadership of Dr. Siddick an outstanding doctor with multi-specialty expertise and a 40 year career in medicine. Our medical team has either been qualified or worked in Europe and they are top standard in their knowledge and expertise.

We have developed a unique treatment protocol which is provided in an exclusive setting in a private beachfront villa, staffed with private chef, butler, maid and all the necessary assistance to cater for your needs. We bring our expertise to your doorstep.





### " They offer unmatched relaxation for both the mind and body "

SM- Saudi Arabia



Our clients come to us from all over the world looking for help when life's ups and downs get too much to cope with. They need support, understanding and a clear road map to recovery. Our team operates with compassion, care, love and we are nonjudgmental. We are here to help another human being who is going through difficult times and our clients always feel this special spirit of genuine care from each of our staff.

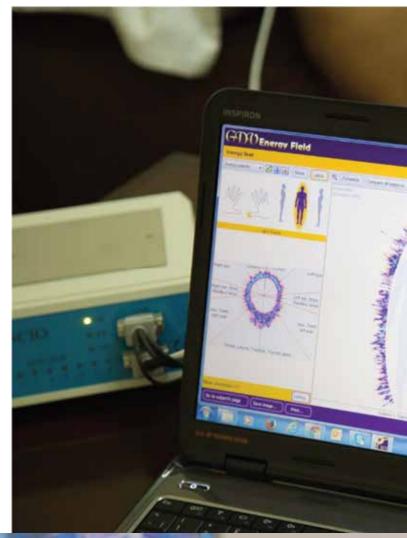
Medical treatments
Psychological
Counselling
Nutritional approach - Yoga
Meditation
Mindfulness
stress
management by breathing exercise
acupuncture
foot reflexology
Ayurvedha
cupping massage
Shirodhara
hydrotherapy
sauna
Hammam
Abhyanda
body
massage

We have a unique 360 degree approach which cater to the mind, body, and spirit. Our methodology is a blend of western medical approach with an eastern therapeutic range of evidence based therapies.

#### **Our Life Force Principle**

We provide a synergy of therapies from the east and west. We do a full evaluation of your health using state of the art equipment such as the GDV and the Vedatest developed in Russia that scan your body by measuring the electrical fields around your fingers. Our tests are accurate up to 95% and give us a full health profile with clear indications of all organ dysfunctioning, dietary mismatch, energy level index, stress status, toxin levels, etc.

Our medical team can then craft the right treatment programs and combination that will give you the improvements that you can feel right from the start for we identify the main priorities in each patient's ill health and address these in a multifactorial approach.



The professionalism of the medical team surprised me. I thank Dr. Siddick and the team for the fabulous results.





#### **Our services**

Our goal is to help each patient to regain his physical and mental wellbeing and overcome the struggles he is currently facing.

Our clients come to us seeking relief and cure to a wide range of health conditions:

- Drug addiction
- Alcohol addiction
- Burnout
- Stress managementTrauma
- Gambling addiction
- Prescription Drug addiction
- Anxiety
- Co-dependency

Our therapies rebalance the proper biochemistry of the brain and the body to restore a sense of emotional



- Weight management
- Depression



We started our luxury rehab facility over 7 years ago and a niche clientele has motivated us to design the VVIP wellness Retreats for very high net worth individuals looking for first-class treatments, in an idyllic location, and complete privacy.

Some clients come alone, others are accompanied by their entourage, and many individuals come to us as a couple. We are flexible and we do our best to select the best property for each client and circumstances.

Private beach front villa
Butler
Chef
Housekeeping
Dedicated Limousine and Driver
100% privacy and confidentiality
24/7 assistance
Therapies at your door step



## **About Mauritius**

"Mauritius was made first and then heaven; and heaven was copied after Mauritius" Mark Twain.

Mauritius is a volcanic island of lagoons and impressive palm fringed beaches with coral reefs surrounding most of the coastline situated in the Indian Ocean.

300 days of sunshine a year • Daily direct flights from many international airports • Blend of Cultures•

#### Activities on the Island\*

- Undersea Walk
- Catamaran
- Deep Sea Fishing
- Horse Riding
- Sky Dive
- Hunting Trip
- Parasailing
- Kitesurfing
- Quad Biking
- Hiking and Trekking



\*activities are available on request and billed separately



LES MARIANNES WELLNESS SANCTUARY

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