

# FLAME BEARERS

THE WOMEN ATHLETES CARRYING TOKYO'S TORCH

## WATCH

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## OUR MISSION (WHAT WE DO)

We celebrate the journeys of Tokyo's unsung women\* Olympians & Paralympians and provide action-oriented analysis of the issues closest to their hearts. We share their rarely heard stories and are a microphone for women who are true masters of resiliency. Through storytelling, we use sport as a vehicle for issues such as racial justice, disability bias or pay equity.

*\*Includes all people who participate in women's sport (most of whom identify as women)*

## PURPOSE

To provide opportunity for both athletes and listeners alike:

- For women Olympians and Paralympians to share their dreams, struggles, and lessons of mental fortitude, overcoming stereotypes, and building resilience
- For listeners to learn from the life-changing experiences of these elite women athletes and their mentors/mentees

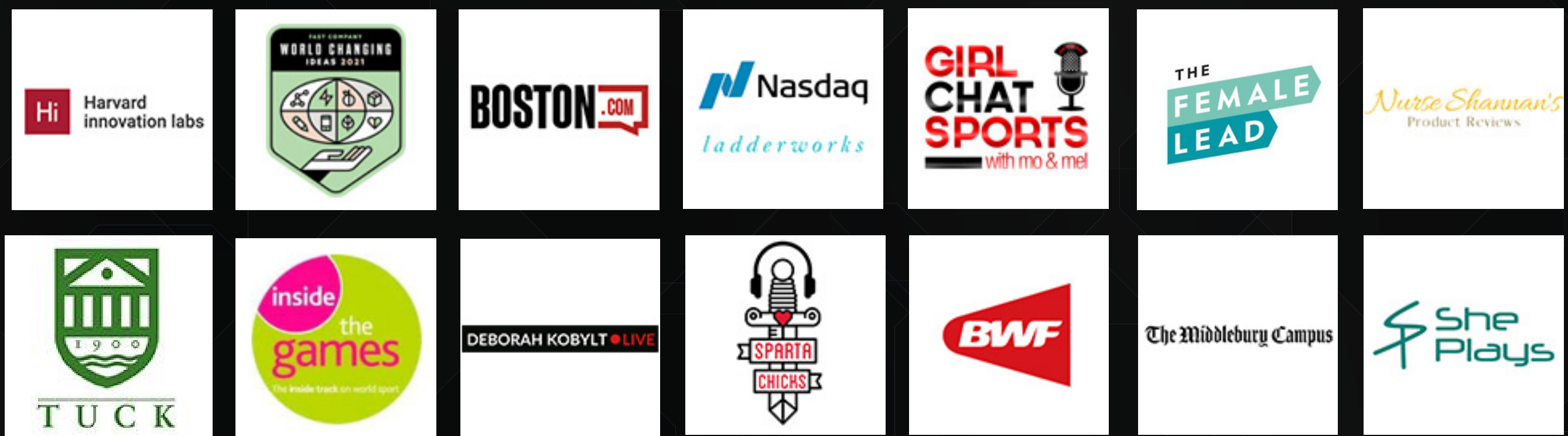
We seek to learn and grow from the unprecedented, instilling hope in a time of uncertainty.

## WHO WE ARE

Host, Jamie Mittelman launched the Flame Bearers Podcast to spotlight woman-identifying Olympians and Paralympians. She's a Masters of Public Administration (MPA) graduate student at the Harvard Kennedy School (HKS).

This podcast is made possible with the support of the HKS Women and Public Policy Program and Harvard Innovation Lab.

## AS FEATURED ON



## CONNECT



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