



INSTRUCTIONS FOR YOUR UPCOMING VASCULAR PROCEDURE

- **SHOWER** - **SHOWER BEFORE** you come in for your procedure. **DO NOT** use any lotions, powders, or scented sprays afterwards.
- **Transportation** - Please make sure you have someone to take you home. The medications you receive during your procedure can make it unsafe to drive or get home on your own.
- **FOOD** - **DO NOT** eat or drink after midnight. You may take morning medications with a sip of water (**EXCEPT** for Eliquis, Xarelto, and Warfarin – please see below)

If Procedure is schedule at or after 12 noon, you may have a light Breakfast by 6am

- **MEDICATION** - IF you are on a **BLOOD THINNER** (Eliquis, Xarelto, or Warfarin) please make sure your provider is aware.
 - For Eliquis – **HOLD** 4 doses (2 days) prior to procedure
 - For Xarelto – **HOLD** 2 doses prior to procedure
 - For Warfarin – **HOLD** 3 doses prior to procedure
 - For Pradaxa – **HOLD** 4 doses (2 days) prior to procedure

IF you are **DIABETIC**:

- If you take Insulin, adjust your dose to ½ dose the night before your procedure. **HOLD** morning of procedure.
- If taking Metformin/Glucophage, **HOLD** the night before your procedure AND the day of your procedure
- If taking oral medication for your diabetes other than Metformin/Glucophage, **HOLD** morning of procedure.

PLEASE REMEMBER TO HAVE YOUR LABS DRAWN

Procedure Date _____

Procedure Time _____

Arrival Time _____