

Taste of TK

Continuing Education: Rootworks Inspire Conference

Kristal and Anne had a great week in Florida in December engaging with other Academy members and the Rootworks tribe at the Inspire Conference in Sarasota! Happy 10 Year Anniversary, Rootworks! ■



Spirit Feature: Headwind Vodka

This month we are featuring Headwind Craft Fwd Pacific Northwest Vodka. Headwind vodka embodies the natural beauty and urban sophistication of the Pacific Northwest. From the packaging to the liquid. This vodka is crafted in the heart of Portland, Oregon, to capture the forward-thinking and adventurous mindset of the Pacific Northwest. Beginning with the high-quality, gluten free grain, Headwind vodka is six times distilled. The liquid is then twice filtered using the purest Oregon water. The first filtration smooths and rounds out the liquid. The second provides a high-quality polish and imparts subtle character indigenous to the Pacific Northwest. Each bottle tells its own story with an authentic wooden wrap adorned with its unique batch number, bottle number and bottling date. To learn more, visit their website at headwindvodka.com. Thank you to Headwind Spirits for sharing this simple and delicious cocktail recipe. Cheers!

- 1.5 parts Headwind Vodka
- 2 parts Club Soda
- 2 parts Cranberry Juice
- .5 parts Simple Syrup



TKCPA Holiday Party

The TKCPA team had a fun and festive time celebrating the holiday season at Saffron Mediterranean Kitchen in December. We enjoyed signature cocktails—Let’s Get Fiscal, Big Bad Bookkeeper and the Ledger Lover. The dinner was delicious as always, and we had to get silly and have some fun with holiday props! We always enjoy spending this time away from the office celebrating our friendships with one another. ■





Employee Spotlight

Anne Riney, Director of Operations

Anne joined TKCPA in the fall of 2016. As the Director of Operations, she manages client and staff needs, spearheads our marketing efforts, and is our onboarding champion.



What is your 'happy place' in Walla Walla?

Walla Walla Fairgrounds for my kids' fair and rodeo events.



What are your favorite hobbies?

Reading and outdoor activities with my family.



What is a hashtag that describes your personality?

#truefriend



What type of music would we find on one of your playlists?

Country and '80s rock



What is your favorite movie?

Lonesome Dove



Favorite thing about working at TKCPA?

Friendships & Flexibility

live IN THE moment

It's a brand new decade! Are you ready to make the most of each day? If you need a little help to live in the moment, try these tips:

Rejuvenate each day

Take a little time (5-10 minutes) to relax and reflect quietly before bed. This practice can help you sleep more soundly and keep your emotions well-tuned.

Wake up early

Getting up early allows you time for a healthy, wholesome breakfast, and to ease into your day.

Smile more

Smiling programs your brain to think positively and enjoy the little things.

Read something uplifting

There are so many negative stories out there... try reading a fun book or some affirmations each day.

Set daily goals

They don't have to be big, and they shouldn't be work related. For example, set a goal to compliment five people today. You'll be surprised at what a difference in your mood small gestures of kindness can make!

Do something new each day

Don't let a day go by without expanding your skills or discovering something new—whether it is a restaurant, a new hiking path or a song—seek out little moments of excitement in each day.

Express yourself

One of the most important ways to be in the moment is to get creative. Practice the activities that help you express your inner passions—from sports to your favorite hobby. And then make time to do it.

Focus on the good

We all have bad days, but focusing on the positive makes the negative easier to deal with. It also helps you identify the things that make you happy so you can spend more time doing them.

Do what you truly want

We all must make choices about how we spend our time. If you identify obligations that you can eliminate from your schedule to open up more time for the things you love...then do it! It's important to do things that are meaningful and fulfilling to you.

Be patient with others

While it sometimes takes energy to be patient and spread kindness, the reward is much greater than any initial discomfort. Being patient and kind simply means you need to be aware of how your actions affect others. And we all have that in us!

Meet your 2020 financial goals

When you think about making a list of financial goals, do you feel like a deer in headlights? Or does it seem too time-consuming? It doesn't have to be. For most of us, it boils down to answering a few common questions, including:

What values and motivations are behind my financial decisions?

Where does my money go on a daily, weekly and monthly basis?

What is my spending plan? How can I ensure my daily spending habits don't undermine my goals?

How can I shop and spend smarter to "find" money without having to earn more?

What is my current debt ratio and how can I reduce it?

Am I paying myself first to save money and to start a strong retirement income planning program?

How am I tracking my goals and celebrating financial milestones?

Where can/should I invest money to reach my financial goals?

However you feel about setting financial goals, the important thing is that you take a little time to make sure you are on the right track. Start by jotting down the answers to the questions above.

Feeling stuck?

Our firm can help. Contact us for assistance in planning for and meeting your 2020 financial goals. ■