

# BRINGING YOUR CHARACTER TO LIFE

Human life is made up of many interpersonal relationships, but what about the relationships that exist within our environment and all of the inanimate objects that exist within those environments? In *Caroline, or Change*, objects that surround Caroline's life are able to articulate what they feel, describe their environment, and transcend Caroline's thoughts. But what would the things in your life say about you? This activity will help you bring to life an inanimate object through a characterization activity that can also help if you aspire to create a character on stage!

TIP: Often when crafting a character, you as the actor or writer get to make choices based on already known facts. In this activity, extend your imagination to make choices based on these facts to bring a character to life!

## OBSERVE

**LOOK AT AN OBJECT THAT IS IMPORTANT TO YOU. OBSERVE ITS DETAILS.**

1. How old is the object?
2. What physical qualities make this object unique?
3. Where is it from?
4. Does the object have any family?
5. What types of noises does it make?
6. Is it one color or multiple colors?
7. What can it do?
8. What is its purpose?

## IMAGINE

**USING THE INFORMATION ABOVE, IMAGINE HOW TO TRANSFORM THIS OBJECT INTO A HUMAN CHARACTER.**

Name:

Age:

What's their personality like?

Do they have likes/dislikes? What are they?

What do people say about them?

What might they look like? What makes them stand out?

## PHYSICALIZE

**BRING THEM TO LIFE!**

The final step in creating a character is stepping into their shoes and bringing them to life! Think about the following guiding questions to help you embody your character.

1. Describe this character's posture.
2. What is a gesture that might associate with this character's personality?
3. How does this character move?