Wow! We had 3 SARR races in 3 consecutive weekends! That's a whole bunch of running. Thanks to everyone who showed up to our events. It was fantastic to see so many people coming out to race with SARR. Also, thanks once again to all our tireless volunteers who helped put on the events. Time for a siesta after all that Fiesta.

Graduation Day. As the local high schools get ready for their graduations, we are getting ready for ours. The **SARR Spring Walk 2 Run 5K** team completes their season with a graduation on May 12th at McAllister Park. I hope this is the beginning of many years of running to come for these SARR members. Congratulations!

10K Training is Back. We have already kicked off registration for the Fall Half/Full Marathon training program and the response has been great. We are now ready to open registration for the Fall 10K training program. We are offering a \$10 Discount to early registrants who use the code **EARLYBIRD** at checkout. To register or get more info for the 10K, Half, or Full program, go <u>HERE</u>.

Kids Program is Back Too. After a successful season of **Kids Run SARR**, we are going to do it again. Children ages 7-12 are welcome to register for this unique and fun twice a week group training that fosters physical fitness, healthy habits, respect, goal-setting, and running knowledge all in a safe, fun environment. Program starts June 17th. Register <u>HERE</u>.

Spirit Night. We had such a great time at our first SARR Spirit Night we decided to do it again. Join us at the <u>Liberty Bar</u> on Wednesday, May 23rd, from 5:30-8:30pm. We will be having Happy Hour Pricing on our upcoming races. Don't miss this chance to get great discounts on great races!

Global Running Day. Join the millions of runners around the world who will be taking part in Global Running Day on June 6th. SARR will be celebrating the day at the Zoo Run at Brackenridge Park at 6:30pm. Come join us!

Plogging. Every try <u>plogging</u>? It's a combination of jogging and picking up litter. I'm not sure about the jogging part but we will be picking up litter at our next cleanup day as part of the SA Parks Adopt-A-Trail program. Join us on Sunday, March 20th. Help keep our trails clean. More info <u>HERE</u>.

Race Ambassadors. Do you have a SARR race you love and think more people should be participating? Now, you can be an official **SARR Race Ambassador** and share your enthusiasm with others. We will be adding this new volunteer role to each of our races. Our Race Ambassadors will promote a SARR race through social media, word-of-mouth, smoke signals, or whatever to let others know about the event. In exchange, Ambassadors get free entry to the race and an awesome SARR hat, plus the good feeling that comes with getting more people to participate in something you love to do. Look for this new role when we post our next <u>volunteer opportunities</u>.

Boston. Congratulations to our local runners who finished the Boston Marathon last month in what many consider to be the worst weather ever for that race. Rain, Wind, Cold. Any of those conditions can make a race a miserable experience and Boston had all three. The conditions were hard for everyone – from the front of the pack to the back. That also meant that normal race strategy doesn't apply. Sometimes it's the smartest or luckiest or most prepared who wins or finishes. The winning time by Desi Linden would in previous races have been 23rd place. Sometimes if you just keeping putting one foot in front of the other good things can happen. And speaking of determination, the race director for the Boston Marathon, Dave McGillivray, kept up his tradition of going to the start line after everyone else has finished and running the race himself. He crossed the finish line at 10pm. It was his 46th straight Boston Marathon.

Keep Running!

Scott Peacock

President, SARR