

SARR Members,

Starting this weekend, SARR has 4 races over the next 2 months. That means 4 chances to strut your stuff. Trails, roads, costumes, parades, light sabers...we got it all coming up. Oh, spring training is kicking off too. Great time to be a SARR member.

Who's Your Candidate? Just a reminder, SARR is now accepting nominations for the SARR Board positions of President, VP Membership, and Director of Racing, plus some non-board positions. It's your club; help decide who leads it. Info on how to submit your nominations can be found [HERE](#).

Prickly Pear. The best trail race in San Antonio is this weekend at McAllister Park! Choose from 5K, 10M, or 50K. More info [HERE](#).

Fiesta Races. It's not too early to start making cascarones and flower wreaths for Fiesta. It's also not too early to register for two, fan-favorite, official Fiesta events: SARR [Fiesta Mission](#) and [Fiesta Fandango](#). Be part of the celebration!

Go Wild. The 2019 **Wednesday Night Zoo Run** season begins on Wednesday, April 3, 6:30 p.m., at Brackenridge Park, across from Lambert Softball Field. This free, fun run is held every Wednesday, rain or shine, through October. All ages welcome for this 2-mile run through the park.

Pick Up the Pace. Ready to run a little faster? Registration for our spring **Pick Up the Pace** (PUP) training program opens on March 15th and training starts at the end of April. Designed for runners who want to run a faster 5K or 10K. More info [HERE](#).

Kids Run SARR. Only 5 spots left for spring **Kids Run SARR** program, which starts this weekend. More info [HERE](#).

Walk 2 Run. The program that started it all. Our spring **Walk 2 Run 5K** program kicks off in April and registration is open now. This group training fosters physical fitness, healthy habits, and running knowledge all in a FUN and ENCOURAGING environment. More info [HERE](#).

Burgers for Dollars. Our next SARR Spirit night is Wednesday, March 13th, at Willie's on San Pedro from 6-8pm. Drop by and mention SARR when you order and 15% of sales will be donated back to SARR (including adult beverages and to go orders). More info [HERE](#).

To All the Trails I've Loved Before. When I was in 7th grade I had a crush on a girl named Ramona. She was the bomb. (*Who knew pigtails could be so darn cute?*) I thought she liked me too. So, I finally got up the courage to write her a note (*real courage would have been going up to talk to her but I wasn't ready for that yet*). The note read, "*Would you like to go to the movies with me? []Yes []No []Maybe*". She didn't check any of the

boxes. She handed me a note back that read “*Let’s be friends*”, which I took as a solid No.

Why am I telling you my sad, pre-teen love story? Because that’s what’s going on with me and trail running. I really like trail running; it doesn’t like me back. I love running through the trees, across creeks, over hills, and around the cacti. I love seeing the deer and rabbits and even the vultures. I love that I don’t hear any car horns or sirens. I just love trail running.

But the trails eat me up and spit me back out. I always return with a new wound of some sort. Who knew trail running was such a blood sport? The rocks beat my feet, the hills kill my quads, the uneven surfaces destroy my ankles. I always catch a branch or two in the head and part of my knee skin is still out on the Blue Loop at McAllister Park somewhere.

“*It’s always the ones we love the most that hurt us*”, I read somewhere. Well, I must really love trails because they sure are beating the crap outta me. I’ll be out at the Prickly Pear race this weekend, but I haven’t decided yet whether to run. What do you think? Yes, No, Maybe?

Scott Peacock
President, SARR