SARR Members,

I'm not sure how we will remember 2020 a decade from now. The pandemic has changed how we live and work, probably forever in some regards. It also changed how we run, race, and train. Thankfully, it didn't stop us from enjoying the sport we love. Many of you ran more this year than ever before, just not as much together. Thank you for your resolve and determination to keep going. Thank you for being a SARR member and for your participation in the club. Thank you for helping us make it through the year. Hello 2021!

Year in Review. I'm not going to go through a lengthy blow by blow of 2020; we all lived through it. However, I do want to point out a few stats about SARR that I think you will find amazing given all the turmoil. We had 1,308 participants in our training programs throughout the year. We had 2,588 race registrations, most of which were virtual participants. And the stat I'm most proud about is we had 6,620 volunteer hours in 2020! Thank you so much for your support!

New Year, New You. The **SARR Winter Training** program starts this week. It's your last chance to register for the Walk 2 Run 5K, 10K/Half Marathon, or 50K/15K Off-Road training program. (*Have you seen the new, cool training shirts?*) Start the new year off right.

Keeping It Clean. With so many local runners/walkers using the city trails, they are in need of some cleaning. SARR has adopted a section of the Salado Creek Trailway and we could use some help with cleanup on Saturday, January 16th. Due to restrictions, there are limited spots available so please signup early if you are able to help. More info HERE.

Race Calendar. I think the word of the coming year is going to be "*flexible*". Not sure when we will be able to safely get back to in-person races but we are already planning for when we do. Restrictions and guidelines are changing regularly and we will be as flexible as possible to roll with the changes. So, our race calendar is a work in progress but our commitment is to keep you running in 2021.

Resolution Completion. Last year at about this time I made a New Years resolution to track my running miles for all of 2020. I did it. I made a spreadsheet and after every run I dutifully marked down my mileage. The total came out to 1,683 miles. Who cares? I don't. I'm not sure how many miles I was expecting. Is 1,683 good or bad? Don't know. Is that better than 2019? Don't know. Would I be a better runner if I would have made 1,800 miles. Probably not. Would I be less of a runner if I only ran 1,500? I doubt it. I should have made a meaningful resolution with an actual goal, like *I will run x number of miles in 2020*. Lesson learned.

So, for 2021 I will try to do better. Here are my resolutions for the New Year.

1. I will run a marathon. (*Or at least I will run 26.2 miles…maybe not on the same day*.)

2. I will participate in an in-person race. (*Yes, I realize that may not happen until October the way things are going*.)

3. I will do more trail running. (*It has been a few years since my last running injury…trail running ought to take care of that*.)

4. I will convince at least one person to take up the sport of running. (*They will either love me or never talk to me again after that*.)

5. I will put on pants before 9am on most days. (*That's not really running related, just more a personal goal to get more motivated about this work-from-home thing*.)

Hope you have a wonderful 2021. Good riddance, 2020.

-Scott
President, SARR