

SARR Members,

The new year is finally here and...not much has changed. But, I see the light at the end of the tunnel and feel confident we will return to more in-person activities in the coming months. Until then, keep safe and keep running. Here's the latest with your club:

Look At All Those SARR Shirts. The SARR Training teams are off to a great start and have been running all over town (and even a few runs outside of the city.) We have a record number of participants in the Winter program and many new faces have joined the club. Thank you to all our runners, coaches, and volunteers!

V is for Virtual. We can vouch that virtual events are still in vogue and we vow to vindicate our vision of putting on vivacious virtual ventures that will be valuable and vibrant. Our next two virtual events will be the **Mission 5K/10K** and the **May The 4th Be With You 4-Miler**. Registration for these races will open in February.

Call for Nominations. The following SARR Board positions are up for election in 2021: *President, VP of Membership, and Director of Racing*. We will also be accepting nominations for the following non-Board positions: *Director of Marketing, Director of Volunteers, and RoadRunner of the Year*. Details about the nomination process can be found [HERE](#).

Not My Type. I consider myself somewhat of a multi-tasker. I can read a book while eating lunch. I can have a conversation with my girlfriend while simultaneously watching a football game on TV. I can be in a Zoom meeting and get dressed at the same time (*video off, of course.*) But, I can't seem to figure out how to run and text at the same time.

It never fails that about halfway through a long run, I'll get a text on my phone that needs a response. I don't want to stop running (*heaven forbid!*) or even slow down (*gotta keep my Strava stats up!*), so I try to reply best I can with two thumbs that are bouncing all over the screen.

I always screw it up, especially with auto-correct thinking it knows what the heck I'm trying to say. Typing "*How's your work going*" turns into "*House your woke groin*". I've tried to use the voice translator option to reply but Alexa or Siri or whoever the demon is who has taken over my phone doesn't understand my dialect. She often replies "*I don't understand. Can you repeat that?*" So, then I'm shouting into my phone as if the she-devil is just hard of hearing. "**HOW's** (pause) **YOUR** (pause) **WORK** (pause) **GOING?**" Then, at the end I want to say *ROGER* or *OVER* like it's a CB radio. (*If you don't know what a CB radio is, ask someone over 50. If you're not sure if someone is over 50 just see if they wear a knee brace while running*).

I think my best solution will be to start using text shortcuts, such as TTYL (*Talk To You Later*) or IDK (*I Don't Know*). I may have to make up a few new ones: LMAIR (*Leave Me Alone, I'm Running*) or SYAM9 (*See You At Mile 9*) or perhaps WAYRIOT (*Why Aren't You Running Instead Of Texting*). Actually, I think I know what I should really do – turn off my damn phone while running.

-Scott
President, SARR