

SARR Members,

May is here and it's time to get your run on. We have plenty of opportunities coming your way. Lace 'em up!

And the Award Goes To...San Antonio. On behalf of the Road Runners Club of America, SARR presented a plaque designating San Antonio as an official **Runner Friendly City** to City Councilwoman Shirley Gonzalez last week at a ceremony at Walker Ranch Park. Several leaders and businesses that support running in our community were on hand to help celebrate. This award is for all of us who run the many city parks and trails and strive to make this one of the best running towns in the nation. Special thanks to Phil Gaddy and Jim Murray for coordinating and hosting the event. And special thanks to Justin Watson and Tom Lake for their photo and video contributions.

Summon Your Inner Power to Run Virtually. Registration for **SARR May the 4th Be With You Run** is still open. Complete this virtual race before May 16. Awesome shirt and medal! Register [HERE](#).

Are You Race Ready? Races are starting to come back and the **SARR Pick Up the Pace** training program is specifically designed to get you back in racing form. We have 200 runners signed up already. This program works! Starts May 15th. Register [HERE](#).

Train for El Taco. Join the **SARR Off-RoadRunners (ORR)** Training Team as we train for the TROT El Taco Loco Trail Run on Oct 23, 2021. This training program will get you transitioned to the trails and ready to conquer your race. All levels of runners are welcome. Programs include 100K, 50K, 25K, and Run/Walk 25K & 10K. More info [HERE](#).

Our First In-Person Race of 2021. Come celebrate your freedom with our traditional race on the 4th of July. Wear your best Red, White, and Blue for the **SARR Freedom Day 4-Miler** and **Li'l Firecrackers Kids Run**. We will have a LIVE IN-PERSON race and a Virtual option. We have limited spots for the in-person race, so register early. SARR members get a 25% discount if register by June 4th. More info [HERE](#).

Our Second In-Person Race of 2021. Registration is now open for the **SARR Women's Run**. Options are 5K Run, 5K Walk, & Girl's Fun Run. (There will be no 10K this year.) More info [HERE](#).

Rock N Roll is Back. I talked to the San Antonio Rock-n-Roll race director last month and he said the 2021 in-person race is ON. Join the best training program in town to get you ready for the biggest race in town. **SARR Fall Training** starts in August. More info [HERE](#).

Another Trash Bash. All the recent rainstorms have probably filled up some of our trails with trash and debris. Save the date of May 22nd for our next **Adopt-a-Trail Trash Pickup** event at Walker Ranch. More info [HERE](#).

Relay Has Been Reset. The annual **SARR Carrabba's Relay Race** has been moved from the spring to October 23rd. We will have the same relay craziness and same team fun, but with cooler weather (hopefully).

Nominations are In. Thanks to everyone who nominated someone for our open leadership positions and awards. More info on our annual June election and meeting will be sent out soon.

Membership Matters. We appreciate your support and helping us get through 2020. We are now over 1,200 members strong, one of the biggest RRCA clubs in the nation. Your membership helps us put on races and training programs throughout the year and helps support running in all parts of the local community. Thank you for being a member!

All the Answers. I'm am pleased to announce that we received a nomination for the SARR Board position of President. It should come as no surprise that our current Executive VP, Keith Click, has been nominated and will run unopposed at our upcoming election. I've spent several months convincing Keith that this job was easy,

that all our events run smoothly, that there is never any disagreements, and that he would have to spend at the most 15 minutes per week to perform his presidential duties. Thank goodness he bought it, or at least pretended to. Like a true friend, I won't give him the full story until after the election or, better yet, let him find out for himself. But, I will tell him the secret to this job is to give just one of these 4 answers to any question he gets as President:

1. **No.** Probably my most used answer and is an appropriate response to most questions. For example, "*Is it okay if my 9-year old daughter roller skates in the SARR Freedom 4-Miler while being pulled by my pitbull?*" Answer: NO.
2. **Yes.** Not used as frequently as No but still useful. Example, "*Is it okay if Alamo Beer donates a keg for the Mission 10K?*" Answer: YES and I can come pick up that keg right now.
3. **We Don't Control That or That's Not Our Department.** As much as I would like to have full control over the parks, the trails, traffic, and the weather, we can only control what we can control. Example, "*Why did you schedule this race on a day it's raining?*" Answer: Umm, we don't control that.
4. **Would You Like to Volunteer?** Answering a question with another question is always a great tactic and this is one of my favorite replies. Example, "*Hey, how come there was no more Gatorade at water stop #2?*" Answer: Would you like to volunteer at our next race to help out?

After the election, I'm only going to have one answer for everything: "*Go ask Keith.*"

-Scott Peacock
President, SARR