

SARR Members,

Happy September! The weather is beginning to cool down, but SARR is not, the club continues to sizzle! Our memberships continue to increase and our training programs are going very well. On top of that our September Whine Run was another successful SARR race. Congratulations to all runners on completing the race and all the volunteers that put in their time to make this race happen. Each race SARR puts on has unique challenges and our volunteers are putting in a lot of time to learn from every race as we strive to continually improve the experience for our runners.

Cool, Another Race: The next race we have is the SARR Carrabba's 5K, Half Marathon, and 4-Person Half Marathon Relay on Oct 23rd. This one is exciting as it's our **20th year** of this race! Definitely one to consider, whether you run it solo or grab some friends, family, or coworkers and run the relay. Either way, it's sure to be fun. Recommend you take advantage of the discounted pricing, SARR members save 25% with [online registration](#) thru October 3rd.

Did you say Dinosaurs? Our own Kimberly Aubuchon is the Race Director for the upcoming Friends of Government Canyon Recharge 8K/15K Trail Run. You can run where the dinosaurs once roamed on the trails of Government Canyon State Natural Area. This is the annual fundraiser that benefits the Friends of Government Canyon (FoGC) non-profit organization that advocates, raises funds, and provides volunteer support to help maintain, preserve, and protect Government Canyon State Natural Area. SARR members save \$6 with the code "SARRTEAM" thru November 4th. Don't wait, the race caps at 300 runners. In-Person Race is Saturday, November 6 at 7:30am, and there's also a Virtual option available. [More Info Here](#)

I say this often, I truly believe SARR is changing lives daily. Through our races, our training programs and our Meetups, SARR offers so much. I stop by the Zoo run on occasion and have heard Sally say they've been doing this for around 40 years. It's hard to believe we've been running this town for so long.

When you're out running, enjoy the fact that you're a part of a such an awesome club. SARR is nearing 50 years in existence, and I appreciate those who started it and that have kept this club going through the years. I can't begin to tell you the number of friendships Kathy and I have made and continue to make every year through SARR. Additionally, there's probably not an area in town our members haven't run in. Many times, when we're out and about and we roll up to a stop sign, one of us will say "hey, we've run there before". And pictures, well we have pictures, our SARR members just about break the internet with all of our running pictures on a regular basis....and that's awesome! To all of that, I say keep it up and go SARR!

Take care!

Keith Click
President, SARR