



San Antonio RoadRunners  
PO Box 12474  
San Antonio, TX 78212

SARR Policy 21-10

December 15, 2021

**SARR Race Event Medical Tent and Personnel Policy**

**Runner safety at each race event is an integral part of a successful race experience. The San Antonio RoadRunners (SARR) will provide access to EMT services via an onsite medical aid tent staffed with trained and currently certified personnel.**

1. SARR will have a designated medical aid tent at each race event for timely and appropriate medical attention to injured participants, spectators, and volunteers.
2. The medical aid tent will be located at or near the finish line as the medical aid home base.
3. The medical tent will be staffed by at least one EMT volunteer or paid EMT.
4. If the EMT is a volunteer, SARR's liability insurance will cover the individual. If the EMT is a paid staffer, then the individual's personal liability insurance policy must be provided to SARR.
5. SARR will maintain a copy of the EMT's current medical certifications and personal liability insurance (if applicable from #3) on file for a period of two (2) years.
6. Additionally, SARR will provide at least one individual trained and currently certified in basic first aid to support the EMT at the medical aid tent for assistance in minor first aid (such as, handing out band aids and the like). SARR will maintain a copy of that individual's certification on file for a period of two (2) years.
7. Medical aid services and staff scheduling at each race event is the responsibility of each individual race director under the guidance and direction of the SARR Director of Racing.
8. Under the direction of the SARR Safety Officer, medical supplies from a recommended list or by the EMT staffing the medical aid tent will be on hand for each race, and an inventory of used supplies will be conducted by the EMT, the SARR Safety Officer, or designee, for restocking purposes prior to the next race.

9. The medical tent at each race will have an adequate supply of ice on hand prior to the start of the race.
10. Under the direction of the SARR Safety Officer, or other designated individual, a SARR Incident Report will be generated for any injuries occurring during the race event that may require medical attention.
11. Under the direction of the Director of Racing, volunteers will have the contact information of those medical personnel staffing the medical aid station in the event of a medical incident.
12. Any medical emergencies should be communicated through handheld communication devices with an acceptable range to cover the course distance. These devices will be provided to the medical team, course marshals and other race event personnel, as appropriate. The Director of Racing, or designee, will be responsible for maintaining handheld devices with full charges and in full working order on race day.
13. Under the direction of the Director of Racing, individual race directors will identify incident-prone areas along the course and station volunteers at such points for safety and medical aid purposes, with additional volunteer cyclists roaming the course to render aid, as needed or as appropriate.
14. Any medical incident that requires more advanced medical care than can be provided at a medical aid station will be referred to a higher level of care via an emergency 911 call or referral to an area emergency room.
15. EMS centers and hospital emergency rooms in the area should be notified prior to race day regarding the location of the race and the number of participants scheduled to attend.
16. All volunteers should be made aware that any medical incidents or reports of sexual abuse, assault, or rape during the event will be reported to the race director for appropriate action to be taken, and the medical aid staff will render care to the extent of their training and generate a follow-up SARR Incident Report.
17. In the event of sexual abuse, assault, or rape, the individual race director, or the director's designee, will notify local law enforcement, unless specifically requested not to do so by the victim.
18. Under the direction of the Director of Racing, a determination will be made for either race delays or cancellations due to extreme weather conditions or adverse weather events, but it is understood that runners sign a waiver that they run at their own risk and all liabilities lie with the runner as defined in the wording of the Race Participant Waiver signed as part of the race registration process.

\*Reference materials for this policy:

- a) *Organizing Running Events – The Complete Guide to Staging a Successful Road Race* (2<sup>nd</sup> Edition), published by Road Race Management
- b) The RRCA Safe Event Guidelines, published on the RRCA.org website

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