



San Antonio RoadRunners

PO Box 12474

San Antonio, TX 78212

SARR Policy 22-02

May 4, 2022

SARR Certification Requirements for Coaches in SARR Training Programs Policy

1. SARR provides running opportunities for its membership in a variety of ways. One such opportunity includes training programs that introduce both adult and non-adult members to train for specific types of running (i.e.: trail running or specific-goal training programs).
2. To train effectively in a group setting under the guidance and supervision of a team of coaches, SARR believes that at least a minimum level of coach training and certification is required of each coach volunteer and that the training be from a common training source.
3. To achieve that goal, SARR policy requires that all individuals volunteering to coach in a SARR training program will have the following certifications:
 - a) A Level 1, or above, coach certification from the RRCA Coaching Certification Program that provides at least a baseline for coaching education;
 - b) A current First Aid/CPR/AED certification for adults if coaching in a training program designed for adult runners;
 - c) If a coach volunteers to coach in the Kids Run SARR youth program, that coach is required to have a current adult and pediatric First Aid/CPR/AED certification.
4. If an individual does not meet all criteria as stated in item #3 above, then that individual cannot participate in a SARR coaching role until those requirements are met.

Keith Click

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