

Hello SARR Members,

Well Spring is quickly turning into Summer, and we sure do have a lot of things cooking! Last month I mentioned how well our Prickly Pear Trail Run went and I can now report the Mission Race was also a huge success! We've received so many positive comments on both Races. Fist bump to our Race Directors and volunteers for making these go so well for our runners!

Anyone up for Training? I'm happy to report our Training Programs are also going great! We have record numbers enrolling in these programs and it's so refreshing to see so many people out there putting in the work to improve their lives. Our *Walk2Run 5K program* is a few weeks in and going well, our *Pick Up The Pace or PUP Program* is kicking off this Saturday, Apr 30th (there's still a few days to get registered) and our awesome *Kids Run SARR Program* kicked off Sunday, Apr 24th. Of course, we have training programs going throughout the year, so watch for those marketing emails and checkout the upcoming schedules [HERE](#).

Weekly Zoo Run! This two-mile run is free and open to everyone. It's held on Wednesdays and runs, Apr 6th - Oct 26th. The run starts at 6:30pm in Brackenridge Park across from Lambert Beach Softball Field.

More races you say. Our *May the 4th Be With You 4-Miler and Kids Fun Run* is coming up on Wed, May 4th. This is an evening race, so come on out for something different and enjoy the Star Wars themed race. Then on June 18th we have the 21st running of the *Carrabba's 5K, Half Marathon, and 4-Person Half Marathon Relay*, and I have to say, the shirts look great! We have a ton of other cool races coming up, check out the race schedule [HERE](#).

Annual Membership Meeting and Election: Our Annual Membership Meeting and Election will be held on Saturday June 11th, 2022, at Alamo Beer Company. Put this one on your calendar. More details and agenda will be sent out as we get closer. We are still accepting Board and Annual Award nominations; more info can be found [HERE](#). May 1st is the deadline.

Global Running Day: Mark your calendars for June 1st, Global Running Day. This day marks a celebration of running where people from all over the world and of all ages and abilities get out and get moving. We are planning a FREE, family friendly event to celebrate, have fun, and run! Stay tuned for more information.

Great Runner Resources! Shout out goes to one of our coaches, Christine McLaughlin for putting together a great presentation on female runner safety. We posted a copy of her presentation on the [Runner Resource page](#) where you can also find a large collection of other videos and links to useful information. I encourage you to check it out!

Remember, next year is our 50th year of SARR! And by the way, we are over 1,700 members strong and growing!

Take care and happy running!

Keith Click
President, SARR