Hello SARR Members,

We are just about through June, and all I can say is it was another busy month for SARR, which is a good thing! We started the month off with Global Running Day on June 1st and we had so many runners come out to our Zoo run (over 200). It was just so great to see so many people out getting their miles in that day regardless of where they ran.

Next, on June 11th, we had our Annual Member's Meeting. We started with a 5k Fun Run then had the meeting and election. We voted to approve a few changes to our bylaws, primarily adding a Safety and Compliance Officer Board position, which the Board will appoint in early July. In addition, we approved a \$5 increase to the individual membership cost, increasing it from \$10 to \$15 per year, effective beginning August 1st. This annual cost is still extremely low and comes with a variety of benefits. We also conducted the election for the Board positions up this year and your 2022-2023 Board members are:

President: Keith Click Executive VP: T. C. Wilson VP of Membership: Glenn McRill Director of Racing: Merrianna Ramirez Director of Training: David Fuller Treasurer: Ginger Murray Secretary: Lynn Hurt Director of Social Media: Dawn Carreon Director of Volunteers: Jan Stoliker Director of Safety and Compliance: TBD

I will say, each of these positions require a lot of time and effort and the individuals in them stay extremely busy and involved trying to make our great club even better.

Up next in June was the SARR Carrabba's 5K, Half Marathon, and 4-Person Half Marathon Relay on June 18th. This one was a lot of fun and we had over 600 registered participants and some cool relay team names!

Finally, our popular Walk2Run beginner 5K Training Program started on June 25th. Fist bump to each of you enrolled in this one, I hope you enjoy it!

**July on deck:** July will be another busy month for SARR, (remember what I said, that's a good thing) as we begin the month with the Freedom Day 4-Miler, 2-Miler and Li'l Firecrackers Kids Run on Monday, July 4th. This is an awesome race and is always a great time! You're encouraged to dress up in your favorite Red, White and Blue for this one. This is also the goal race for our Pick Up the Pace (PUP) Training Program. Good luck to each of you!

**43 years!** The 43rd running of the SARR Women's 10K, 5K, 5K Walk & Girl's Fun Run will be on July 16th and is sure to be fun! This event is for women of all ages and celebrates the San Antonio sisterhood of women though fitness and fun. The men will be out there volunteering.

**Who needs rest?** Like a marathon, there's no time for rest, while we don't have any races in Aug, our Fall Training Programs will be kicking off like clockwork. The Off-RoadRunners training program begins Aug 6th with the goal race being the Rocky Horror Trail Run on Oct 29th and the Fall Road training program begins on Aug 13th with the goal race being the San Antonio Rock n Roll in December. Both programs offer a variety of distances so check them out <u>HERE</u>.

**50 is just around the corner:** Next year is the 50th year of SARR and we are a little over 1,700 members strong and growing. We have some good things in work to celebrate our 50th and my goal is to hit 2,000 members!

If SARR has improved your life in any way, and I assume it has if you're a member, please help me spread the word on our great club! I firmly believe this SARR changes lives and running with friends is so much better than running alone.

I wish each of you the very best and hope your miles are memorable.

Keith Click President, SARR