

## San Antonio RoadRunners

San Antonio, TX

## Hello SARR Members,

I would like to start out this Newsletter with a big "congratulations" to Scott Peacock, Merrianna Ramirez and all our other outstanding volunteers for their efforts in making our Inaugural SARR Great Greenway Marathon Relay a huge success! Everyone's efforts paid off, as the race went so well and was definitely a great way to start our 50th year! I'm still hearing many people talking about the fun they had at this one and that they can't wait to run it next year.

How do we follow that up, well we have our **20th Annual** *SARR Prickly Pear Trail Race* coming up on March 12th. This year's 50K is a Road Runners Club of America (RRCA) 2023 RRCA Southern Region Championship Race! There will be special awards and special bibs as well as Gatorade sponsorship and other cool stuff for this one! If you're not ready for the 50K, we have a 15K and a 5K as well. Sign up NOW.



Then, coming up on April 23rd, we have the **49th Running of the** *SARR Mission 5K/10K/Half Marathon*. This fun race also features a kids 1K fun run. Interesting fact: the Mission 10K is Texas' oldest 10K race! So put on your fiesta gear and come on out and have fun with us at this one. Sign up <u>HERE</u>.



Now let's talk training because we have some of the best training programs in town. Our Winter Road and Off-Road Training programs have been going very well, and they both conclude in March. They are followed by our **Spring Walk2Run beginner training program** which kicked off this past Saturday and runs through Saturday April 22nd. This awesome program is focused on preparing our runners for the SARR Mission 5K. There's still time to sign up <u>HERE</u>.



Next, our **SARR Spring** *Pick up the Pace* **Training Program** is kicking off in April. The dates are Sat April 29th - Mon July 3rd, 2023. This program is focused on preparing for the SARR Freedom Day 4-Miler. Also, training is great for just staying in shape even if you're not training for a specific race. It's a good chance to go out and run with others and make new friends. Sign up HERE.



Don't forget our free Monthly Fun Runs which are held the first Saturday of each month at McAllister Park, Al Becken Pavilion. We will be having our July, August, and September Fun Runs at some different locations, so stay tuned.

I'll close by just saying thank you. We have so many of our runners constantly doing great things. I continually see our runners out running various races, not only setting PR's but helping and encouraging other runners as well. We also have so many members doing great things for our club and community. Our SARR Adopt-A-Park is going well and we continually have shoe and clothing drives for Street2Feet, providing assistance for those less fortunate. There are countless other things our members are helping with. Again, thank you for being part of SARR and helping make it the great club it is today.

Best regards,

Keith Click President, SARR