

San Antonio RoadRunners

San Antonio, TX

Hello SARR Members,

2023 is sure flying by, can you believe we're already halfway through it? I hope everyone is dealing with these extreme temperatures and being extra careful when outdoors running or doing other activities. Please be aware and be safe out there!

Lucky for us, the sun held out during this past weekends' Carrabba's Half Marathon and Relay. It was still very humid, but we had a great race! Congratulations to all our participants, well done!

Annual SARR Membership Meeting is this Saturday June 24, at Alamo Beer Company. I look forward to seeing you out there as we continue our 50-year celebration. *This event is for SARR Members and their guests only.* You can register <u>HERE</u>. It's **free** so come on out and join us if you can.

Location: Alamo Beer Co, 202 Lamar St, San Antonio, TX 78202

Schedule:

7:30am - fun run 5K

8:30am - breakfast tacos! fun giveaways!

9:00am - SARR Annual Membership Meeting and Election

SARR Coaching Scholarships: Great news, SARR has been selected as one of the first ever running clubs to receive a coaching scholarship fund grant from the Road Runners Club of America (RRCA). The purpose of this fund is to provide financial support to candidates seeking to become an RRCA Certified Running Coach to assist people who are the most impacted by overlapping systems of discrimination. Article available **HERE**.

SARR's coaching staff reflects the running community we serve, and we want to continue that journey by finding and certifying our future coaches. The Coaching Scholarship recipients will work with the club's Diversity & Inclusion program to promote running to residents in areas of town that are financially, economically, or socially disadvantaged to broaden the reach and positive impact of the sport. If you are interested in becoming an RRCA certified coach, please submit your nomination HERE by June 24th. We have a limited timeframe in which to reply to RRCA.

Each candidate will be evaluated based on their:

- a. background in running
- b. history of volunteering in non-profit organizations that support diversity
- c. history of helping/teaching others in their community
- d. assistance in neighborhoods/areas that have suffered from discrimination
- e. personal goals for wanting to become a RRCA certified coach

July Monthly Fun Run location: These free monthly runs are held the first Saturday of each month at 8:30am. Reminder, our July, August, and September Fun Runs will be at different locations:

- July 1 Fun Run location is Pearsall Park
- August 5 location is Southside Lions Park
- September 2 location is MLK Park

In October we will be back at the Al Becken Pavilion.

Fall Training registration: It's on going so get signed up, we have a lot of options, and these are some great programs!

Fall Off-RoadRunners Training program details located <u>HERE</u>. They have 6 great options: 5K, 10K, 25K Walk/Run: For runners new to trail running or who prefer a walk/run method. 10K, 25K: For beginner to advanced trail runners. 50K: For experienced trail runners. The goal race is the Rocky Horror Trail Run.

Fall 10K, Half & Full Marathon 2023 Training program details located <u>HERE</u>. This one has 4 great options: 10K, Walk/Run Half, Half Marathon & Full Marathon. The goal race is the San Antonio Rock 'n' Roll Series.

Finally, our **SARR Freedom Day Run** is coming up on Tuesday, July 4th. This is a fun one and it's a great way to start off your Independence Day celebration! Registration details **HERE**. And wear your red, white, and blue!

I hope to see you on Saturday!

Best regards,

Keith Click President, SARR