

San Antonio RoadRunners

San Antonio, TX

SARR Members,

Another month and so many great happenings to report. I want to start off with how we closed out July. George Rehmet, the RRCA President, came into town for a conference and while here, he wanted to get some miles in with our club. I don't think he realized exactly what he was in for.... He came in from California, where he said the temp was in the mid 60's. With that in mind, a few of us took him for a run around the Riverwalk, to the Alamo and then to the Hemisfair Tower area. We waited until 6:30pm so it could cool off a bit...yes, it was down to a balmy 103 degrees when we started! At one intersection downtown, as we stopped for a traffic light, he ducked into the Chipotle for some cool air. I'll say, it was a memorable run for him.



The next evening was a bit overwhelming. George wanted to make a presentation to SARR in honor of our 50 years. We arranged for Al Becken to meet with him, since they go back quite a few years. George presented our club with a nice, framed picture from RRCA celebrating 50 years of SARR. It was very special to have one of the founding members of SARR attending this celebration. George then ran some miles at McAllister Park with our Off-Road Training Team who were gracious in pacing him on the trails (and making sure he didn't get lost).





We had a great time. It was quite an evening and quite a visit. The entire time, George was so complimentary of our club. Thank you to all of you for helping make our club special.



Big news! Our SARR Prickly Pear Trail Run has been chosen as a 2024 RRCA National Ultra Championship Race! You'll see more on this, as we're very excited! Check out the announcement here: RRCA Announces 2024 National Championship Event Series

Community matters: Our club continues to make positive contributions to our local community. We recently presented a \$3,000 donation to Girls On The Run that included runner donations and a portion of the race profit from the SARR Women's Run. Also, Coach Lisa Kenyon led a shoe/clothing drive for

donation to Street2Feet, and our members donated generously!



Our next race: Come to Tuscany Venue to celebrate the end of summer with the San Antonio RoadRunners' Labor Day Whine Run 5K/5-Miler, friends, Whining, and of course wine! This awesome race is on September 4th. Register <u>HERE</u>

Training: Our Fall training programs are underway and we're having some awesome turnouts! Whether your with the road training team or the off-road team, that training will certainly payoff! I'm sure you'll rock your respective goal race!

September Monthly Fun Run location: These free monthly runs are held the first Saturday of each month at 8:30am. Please help spread the word on these free runs. **Reminder, our September Fun Run will be at MLK Park before going back to McAllister in October.** We had Councilwoman Adriana Rocha Garcia from District 4 handing out the kids medals at our July Fun Run and Councilwoman Phyllis Viagran from District 3 handing out the kids medals at the August Fun Run. More great community involvement!

Pacers needed: We are the official Pace Team for the San Antonio Rock n Roll! We have the half marathon spots filled but are still looking for pacers for the Marathon. If you're interested, in a FREE entry into the RnR San Antonio Full Marathon, you should consider pacing. We are looking for official pacers for the following finish times: 3:00, 3:30, 3:45, 4:00, 4:15, 4:30, 5:00, 5:30. Contact Scott Peacock at coaching@saroadrunners.com if interested or for more info.

Happy 50th SARR!

Best regards, Keith Click