



# San Antonio RoadRunners

San Antonio, TX

Hello SARR Members,

And like that, September is a wrap! Our 50th year continues to be a great one! We started out September with the SARR Whine Run and what a good one it was! We had 577 signed up and I saw so many happy people finishing that race (once they caught their breath of course). Hats off to all participants, the heat did not stop anybody! The after party was awesome too, and what a great venue. Shout out to all our volunteers that helped make this one memorable!

**How about that Training:** I can't tell you how impressed I am with all our training programs. Each week, I see so many Facebook posts with positive comments and pictures of people training hard and having fun. When I join the different training groups, I'm amazed at all the new members we have and all the support, energy, and fun everyone brings. Every week, I see people running distances they have not done before and I hear many say, in the past they would never have even considered some of the distances they're now running regularly. Way to go, this training will pay off! But I must warn you, training is contagious, you'll keep coming back year after year! And a special thanks to our coaches, pace leaders and all volunteers for all you do to make our training awesome for everyone!

**October Fun Run:** Our Free Monthly Fun Run will be back at McAllister Park, Al Becken pavilion on October 7th. The run starts at 8:30am. Events include a Kids run, 1/2-mile fun run, 1-mile fun run & 3-mile fun run. All are welcome! **NOTE:** We will **not** have a December Fun Run, as that is Rock n Roll weekend and so many people will be out running that or cheering others on. In 2024, we'll put out a schedule as we plan to mix in a few other locations like we did this year to be more inclusive to certain underserved areas.

**Three 2023 SARR Races left:** Next race on Saturday, October 28th is the [SARR Rocky Horror Trail Run](#), 5K, 10K, 25K, and 50K. Then on Thursday, November 23rd, we have our 49th Annual [SARR Turkey Trot](#), 4-Miler, 2-Miler & Kids' Pumpkin Dash (you read that right, 49th annual). We finish the year on Sunday December 17th with our [SARR Santa Antonio](#) 5K, 1-Mile Walk, and Kids Elf Run. Check out our marketing emails and Facebook to see the awesome medals and shirts (and Santa suits for our last race).

**Still beaming!** We are still so excited that our SARR Prickly Pear 50K will be a 2024 RRCA National Ultra Championship Race! I had to mention that again! The team is hard at work to make this another great race!

**Official Pacers:** Remember, SARR is the official Pace Team for the San Antonio Rock n Roll again this year and we'll have more pacers out there this year! We have our spots filled with great pacers and are working on the pace signs!

**Meet Ups:** Don't forget those free weekly Meet Ups we have all over town. Check out SARR on the Meet Up app for times and locations.

Thanks to all for making our 50th year great!

Keith Click  
President, SARR