



San Antonio RoadRunners

San Antonio, TX

Hello SARR Members,

I hope everyone had a Happy Thanksgiving. Our 48th Annual Turkey Trot was a great way to start the day. We had over 900 registered for this one and the weather held out pretty good for most of the race. Congratulations to all who participated! A portion of the race proceeds coupled with runner donations were donated to Street2Feet to aid in their efforts of promoting health in mind, body, and spirit with individuals experiencing homelessness, using a walking/running 5K training model as medicine.

Our Community - As we strive to remain heavily involved within the community and truly make a difference, each of our 2023 races received the Mayor's Fitness Council endorsement. The Mayor's Fitness Council's mission is to transform San Antonio into a healthier and more active community in which citizens, groups, and organizations achieve targeted health and fitness goals. We hope to get even more of our club events MFC endorsed in 2024.

Rock n Roll - This weekend is a big one for our club, we have so many members who have been training for the last four months for the SA Rock n Roll. I hope the weather turns out great for this event! SARR is also the official pace team for the race so be sure to look for those pacers! We should be easy to spot. We will even have a booth at the expo, so stop by for a visit and a fist bump!

Trained and Ready - Our Kids Run SARR Training Program is winding down and many of the young runners will be running the Rock n Roll 5k. Let's wish them all the very best of luck for a great race! Our Fall training program is also wrapping up and I have seen so many people out there doing some hard training preparing for the Rock n Roll. We have runners doing each distance and I hope everyone's training pays off with an awesome race! If you aren't running this weekend, you should consider coming out to cheer our runners on. The next best thing to running is cheering on other runners!

2024 Training - There have been a lot promotions for the 2024 Winter training programs and they are open for registration. The SARR Winter Off-RoadRunners 50K/15K/5K Training Program runs from January 6 - March 9, 2024, with the Prickly Pear being the goal race. Check it out [HERE](#). The SARR Winter Training Program 10K/Half/Full runs from January 6 - March 3, 2024, with the goal race being the Alamo 13.1/26.2/10K/5K. Check it out [HERE](#).

Last race of 2023 - We close out our 50th year with the awesomely fun SARR Santa Antonio 5K, 1-Mile Walk, and Kids Elf Run on Sunday December 17th. Sign up [HERE](#) to be one of the many Santa's out there that day!

See you soon!

Keith Click
President, San Antonio RoadRunners