



San Antonio RoadRunners

website: <http://saroadrunners.org>

Hello SARR Members,

I hope everyone is doing well. That Texas heat is cooking, it's a good thing we are used to it by now, right...of course we aren't! Seriously, please watch yourself when you are out exercising, and do not underestimate this heat, it's only going to get hotter in the next few months. Stay well hydrated and carry water or electrolytes with you. Also look out for your buddies!

Global Running Day is Wednesday, June 5 at 6:15pm, and everyone is invited to join us at Mission County Park to celebrate our love of running and leading healthier and more active lives. Our Global Running Day event is a **FREE**, family friendly event to celebrate, have fun, and run! There will be a Fun Run with a finisher medal, Food and Lots of Door Prizes including FREE Rock n Roll San Antonio entries, SARR Race entries and SARR Training entries. Plus, hundreds of dollars in raffles! **This event is FREE, and all are welcome so grab some family and friends and come on out!**



New race alert: Great news if you haven't heard. We are excited to announce that the San Antonio RoadRunners have taken the reigns of the **SARR Sauerkraut Bend 5K & Lil' Kraut's Run**! Kimberly Aubuchon and Scott Peacock are co-race directors for this fun 5K in the Historic King William Neighborhood and Riverwalk. The run is on Saturday Oct 5, 2024, and we've added a Kids Race this year, plus there will be an Oktoberfest-themed Costume Contest!



Membership Meeting: This year's Annual Members meeting/picnic is on Saturday, June 22 at Eisenhower Park, Harris Pavilion (There's plenty of shade). All SARR members are invited to attend and it's free. Of note, **this event is for SARR Members and their guests only**. It's a great time to come out and celebrate our awesome club and socialize with your fellow members.

Location: Eisenhower Park, Harris Pavilion, 19399 NW Military Hwy, San Antonio, TX 78257

Schedule:

7:30am - fun run 5K

8:30am - breakfast tacos! fun giveaways!

9:00am - SARR Annual Membership Meeting and Election

BOARD NOMINEES

- Executive Vice President - T.C. Wilson
- Secretary - Jake Odland
- Director of Training - David Fuller
- Director of Volunteers - Olivia Torres

A separate email will be sent in the next few days with additional details on RSVP.

May the 4th Be With You Run! What a great race this was! So many costumes, so much fun! Congratulations to all finishers, the Force was with you! I want to give a big shout out to all our volunteers that worked to make this race special! If you volunteered in any capacity, thank you, and a big high five to you! There's too many to name but you know who you are, and we appreciate you!

Texas Sun Showdown: The [SARR Texas Sun Showdown Half Marathon, Relay & 5k](#) is coming up on Sunday June 16, at McAllister Park, Pavilion 2. You can run the Half Marathon or get a team together and run the half relay or run the 5K. Participants receive a Texas finisher medal, an awesome Texas themed shirt and delicious Texas barbecue food post race.



Training galore! Our current training programs are going in full force, and registration for our Fall training programs is also underway. Whether you enjoy running on the trails or roads, we have a program for you!

Fall Off-RoadRunners Training program: Jul 6-Oct 19, 2024. We have **6 great options:**

5K, 10K, 27K Walk/Run: For runners new to trail running or who prefer a walk/run method.

10K, 27K: For beginner to advanced trail runners.

53K: For experienced trail runners (must be able to run 8 trail miles comfortably).

The goal race is the Rocky Horror Trail Run. More details [HERE](#).

Fall 10K, Half & Full Marathon Training program. Aug 17-Dec 8, 2024. We have a place for every pace & all levels are welcome! This one has **4 great options:**

Take on the 10K

Walk/Run 13.1 / Half Marathon

Let's Run 13.1 / Half Marathon

You Can Do 26.2 / Full Marathon

The goal race is the Rock 'n' Roll Running Series San Antonio. More details [HERE](#).

Free Monthly Fun Runs: Our next monthly fun run is this Saturday, June 1 at 8:30am at McAllister Park, Al Becken Pavilion. Come on out and join us!

Lastly, I wanted to share some great news about our club and our Director of Training, David Fuller. Early this month, some of the Board attended the Road Runners Club of America Conference representing SARR. Thanks to David's submission highlighting our club's outstanding training program, San Antonio RoadRunners was presented with a 2023 National Running Award for our selection as the 2023 RRCA Outstanding Beginning Running Program.



I can tell you SARR is known nationally, which speaks volumes for our club and our community. Shout out to our RRCA Central State Rep, Sharron Fisherman (pictured above), she touts our club at every opportunity! Thank you to all our members for being part of this! And to our volunteers, you're the best!

Best regards,

Keith Click
President, SARR