



San Antonio RoadRunners

website: <http://saroadrunners.org>

Hello SARR members,

On Oct 10th, Al Becken, one of the founding members of SARR passed away at the age of 95. This was a very sad day, as the local running community lost a true icon and all-around great person. Al was definitely one of a kind and did so much for the sport of running, both in San Antonio and on the national level as well. Al would have been 96 on Dec 2nd and he was really hoping to reach 100. I am so grateful I got to know Al, he was a pleasure to be around, and he had such a great sense of humor. I mentioned this before, but am still amazed by it, Al ran 305 Marathons to include 4 in every State.

The picture below was from our Annual Membership meeting in June. We were fortunate that Al was able to attend this year, and he even won the blue hat in the raffle. The other picture is from last year when the RRCA President, George Rehmet presented us a plaque recognizing 50 years of SARR. Thanks to Al, Ken Bashore and a few others starting the club back in 1973, SARR is an awesome running club that has improved so many lives and is still going strong 51 years later! We are going to miss you buddy!





A couple of months ago Al sent a nice note asking about the Monthly Fun Run schedule, he really enjoyed bringing donuts to the Fun Run. Included with his note was a \$100 bill for me to buy some donuts on his behalf for some of the upcoming Fun Runs.

We as a Board are looking at the best way to memorialize Al, and have a number of ideas, so more to come on that. I ask that during one of your runs, you have a moment of silence for Al and dedicate a few of your miles to him. Kimberly sent me the pic below of something special they placed on the Al Becken sign. I have made initial contact with the City Parks to see if we can get that sign redone.



What's left for 2024? We have two very fun SARR races left to close out 2024:

Thursday, November 28 is our **49th annual SARR Turkey Trot 4-Miler, 2-Miler & Kids' Pumpkin Dash**. What better way to start your Thanksgiving Day than with a run with friends and family! Register [HERE](#). Street2Feet is our charity partner for this one.

Sunday, December 15 is the **SARR Santa Antonio 5K, 1-Mile Walk, and Kids Elf Run**. Get Ready for the running of the Santas, it's coming this December! You can even create a team! (NEW IN 2024! We will have an all-new race category in the timed 5K. CANCER SURVIVORS). Register [HERE](#). This run, previously put on by the BISH Foundation, will donate a portion of the race proceeds to Cancer Research.

Training is rolling! Our SARR ORR training team concluded their fall season with the running of the Rocky Horror Trail Run. Team, congratulations, you all did amazing! Your training paid off and you did it! Very impressive!! And what a great race! Kudos to Kimberly, Vickie, Joey and Merrianna for putting on such an awesome race! And hats off to all our volunteers, that was a long day! I always say the last finisher is as important as the first and that was on full display at this tough event! As our final finisher crossed the finish line, she was treated to a "tunnel" with a lot of people cheering her on, it was pretty special!



Our Road training team is moving up and hitting those higher miles as they continue prepping for the Rock n Roll Series! Keep up the great work!

The Kids Run SARR program started Oct 13th and the coaches are out there working with those young runners to make them better!

*****Registration for our 2025 Races and Winter Training Programs can be found on our website [HERE](#).**

FUN RUN: Our last Monthly Fun Run of 2024 is on Sat, Nov 2nd at the Al Becken pavilion. I hope you can join us for a few miles.

Take care,

Keith Click
President, SARR

