

San Antonio RoadRunners

https://runsignup.com/saroadrunners

Hello SARR Members,

How about this crazy Texas weather, freezing over the weekend and 80 degrees today. As Texas runners, we better always keep two sets of running clothes in our cars...One for the cold and one for the heat. And you're likely to need both sets on any given day.

Relay Mission Accomplished: On the racing front, we began 2025 with our third annual Great Greenway Marathon Relay. This one was great, the weather was good and thankfully cooperated with us! I saw so many great teams out there working together and having fun! A big fist bump to all the volunteers who stepped up to help make this race a great experience!

How about those Winter training programs: Our Off-Road and Road Winter training programs are coming to a close for the season with the target races coming up starting this weekend with the "Run the Alamo" race for the road teams and then the SARR Prickly Pear next Saturday for the Off-Road teams! I wish everyone who is running these races the very best of luck, regardless of the distance you're running! For many it may be your first 5k, 10k, 15k, Half or 50k, and to that I say, go get it! But whether it's your first or 50th, don't forget to enjoy the experience. All the coaches and other volunteers that helped make these programs simply the best deserve a jumping high five! Thank you so much for stepping up and being involved! If you aren't running, come on out and cheer for your friends!

Cheer Squads! We will have a Cheer Squad for the Saturday Donut Dash and will be at Lion's Field Playground. We'll be at the intersection of Avenue B and Mulberry Avenue. That's right by the Shake Shack and Lion's Field. Use the Lion's Field address for your GPS: 2809 Broadway, San Antonio, TX 78209. For the Alamo Race on Sunday, the Cheer Squad will be along the Riverwalk just south of the Blue Star Arts Complex starting at 7am. The next best thing to running is cheering on other runners!

SARR Prickly Pear 50k, 15k and 5k: It's coming up on Saturday March 8th and have I mentioned the 50K is a Road Runners Club of America National Championship Race for the second year in a row! Word has it we will have the RRCA President, Lisa Rippe and our State Rep, Sharron Fisherman in the house for this one! When you see them, give them a big Texas fist bump! And whatever distance you're running, I hope you have a great race! The 50k is sold out but you can still sign up for the 5k or 15k HERE.

Congratulations and way to represent! This past month, like most other months, every weekend we have so many members out running so many races. I saw countless pictures of different races and I always enjoy seeing those SARR shirts! We had about 25 of us run the Rock n Roll Vegas and we sure had a great time! Whatever race you ran in February, I hope you had a great time! I was thinking that it would be great if I could capture a list of all the races our members participate in each month. If you ran in Feb, shoot me an email with the race and date. If you are running a race in Mar, send that to me as well. I'm sure I'll miss mentioning some of the races, so I apologize in advance.

Our free Monthly Fun Run is coming up this Saturday at 8:30am at McAllister Park, Al Becken pavilion. I would sure like to see some more people out at this one. These are so much fun, especially when we have great attendance. We have three distances you can run: a ½ mile, 1 mile and a 5k (previously a 3-mile run). We even have a kids run, and they sure do have fun, except that they haven't learned to start slowly just yet.

Keep McAllister Park Beautiful: Join our SARR off-road team as they are heading up a community trash pickup at McAllister Park this Sunday from 10-12! This is in prep for our SAR Prickly Pear. They will be

working in the Mosquito Lake area and meeting in an area past the Al Becken Pavilion #1 that is not normally accessible via automobile — Sunday morning at 9:30am we will have access to the area and be able to park there as well — Enter the park from the Jones Maltsberger entrance and follow the yellow SARR signs. It's a great way to volunteer in the community and earn some volunteer points!

Oldest SARR Race coming up in April: Our 51st SARR Mission Half Marathon/5K/10K is coming up on Sunday, April 13th. This one will get you primed for Fiesta, and you can sign up HERE! This race started in just the second year of the club with just a 10K, and it's the oldest 10K in Texas. Along the way, we added the Half Marathon distance. There are more interesting facts about this race and others on our race history page, take a look HERE.

Spring training programs also begin in April, so it's a good chance to keep your training (and running with friends) going!

Apr 19 - Jun 15 - Spring Beginner Walk to Run 5K

Apr 20 - Jun 15 - Spring Kids Run SARR

Apr 19 - Jul 4 - Spring Pick Up The Pace

Details are on our Club website **HERE**.

SARR in the Community: Something we are extremely proud of is that all our 2025 Training Programs, Races, Adopt A Trails, Monthly Fun Runs, and other events are endorsed by the Mayor's Fitness Council (MFC). Our running club is strong in the local community, and we want to continue that. Our club is one of the MFC Community Connectors and we spread the word about SARR every chance we get! We also greatly value our involvement with the Road Runners Club of America and most recently, our work with the SA Marathon team! Community is important to us, so thank you all!

I also want to give a shout out to Jan Stoliker, as she recently traveled to Kenya to volunteer at a girl's school. These girls come from the most impoverished area of Nairobi (Kiberia) and are awarded scholarships to attend high school. They live in dorms and are provided with meals, school uniforms, and books. Jan collected about 3 dozen pairs of running shoes and running clothes to donate. It was so impressive that she carried all that gear to Kenya to donate. It was pretty amazing seeing the pics of all the shoes our runners donated and the running gear. I also spotted a lot of SARR shirts and even saw Jan representing by sporting her SARR shirt. Way to go Jan! I better also throw in that I spotted Jeff Knight in his SARR shirt in Antarctica.

Please continue to talk up our club, I truly believe when running around San Antonio, it is much safer, and fun to join a running club instead of running on your own. Once Kathy and I joined SARR many years ago, it changed our lives with the motivation, accountability and safety. And some of our greatest friendships were formed through this club!

Happy running!

Keith Click President, SARR