

San Antonio RoadRunners

http://saroadrunners.org

Hello SARR Members,

We had a great August! Our membership continues to increase, and I have enjoyed seeing so many new members out there joining us, welcome to each of you! I hope you enjoy your club! I firmly believe in the power of running clubs and SARR is definitely improving lives through running. I would also like to say thank you to all our spectacular volunteers for continuing to make our club special!

Training Kick-off!

Our Fall Training Programs kicked-off this month and what great programs we have this year! There are so many people out there ready to get their training in! Our Fall Off-RoadRunners (ORR) Training Program began August 4th with the Rocky Horror Trail Run as their goal race, and our Fall Road Training Program began August 16th with the Inaugural San Antonio Marathon, Half and 5K in December as their goal race.

Off-Road team pics



Road Training Team Pics



Whine Run Nearly Sold Out: Our SARR Labor Day Whine Run is almost here and it's almost sold out! It's Monday, Sept 1, so come out to the Tuscany Venue to celebrate the end of summer with the SARR Labor Day Whine Run 5K/5-Miler! It's a great time with your friends while you're whining, and wining! Get registered HERE. We are taking donations for Kerr County Flood Relief Fund.



Rocky Horror Trail Run: Saturday, October 25 is our *4th Annual Rocky Horror Trail Run*. Come all ye ghouls, goblins, ghosts, and crazy running creatures and join us on the challenging natural rocky elevated trails of Eisenhower Park. Register <u>HERE</u>.



SARR Turkey Trot: Thursday, November 27 is our *Annual SARR Turkey Trot 4-Miler, 2-Miler & Kids' Pumpkin Dash*. Start your Thanksgiving Day off right with a run with friends and family! Register <u>HERE</u>. Street2Feet is our charity partner this year.



Free Monthly Fun Run/5K: The September Monthly Fun Run/5K will be Saturday, Sep 6 at McAllister Park, Al Becken Pavilion. The kid's run starts at 8:30 am, followed by the ½ mile, 1 mile and 5K runs. This is a community fun run. Free and fun!



More ways to get your miles: You can also get your weekly miles in by joining some of our weekly Meet-Ups or joining our weekly Zoo Runs. Check the Meet-Up schedule <u>HERE</u>, we have some good ones! The Zoo runs are ongoing through October, and these fun runs are held on Wednesdays at 6:30pm at Breckenridge Park.

SARR in the Community:

Our SARR ORR trail team is partnering with Alamo City Trail Runners to host a trash cleanup event at McAllister Park on Sunday, September 7, from 9:00 am – 10:30 am. (Stay tuned for the exact meeting area) Please consider joining them, and if you have kids needing volunteer hours, it's a great way to get them.

We had volunteers out supporting iRun with a water stop at their Texas Strong 5K, benefiting the Kerr County Flood Relief Fund. iRun donated over \$19K to this effort and it was gratifying to have SARR be a

part of this worthy cause.



Here are a few other pics of SARR in the Community. These are from our Aug Adopt-A-Park and recent Health Fair with the team representing SARR and talking about the benefits of our Running Club.





I hope you all have a great September! Enjoy your miles and make some friends within the club!

Keith Click President, SARR