

## San Antonio RoadRunners

## https://runsignup.com/saroadrunnersrs.org

Hello SARR Members,

Happy Halloween! With Daylight saving time ending soon, remember to set your clocks back on Nov 2. Now's a good time to get your lights charged up and ready since it will be getting darker earlier. We want you to get your miles in safely, as you're way too important to risk an injury by running in the dark without a light.

Happy to report our club is going well and as you'll see below, we have many great things going on. I put repeats in here since many items remain relevant for a period of time, plus we have new members joining all the time. Every month I see that our club, our volunteers and our members are accomplishing more great things than I can capture here! Way to go! I'm proud to be a part of SARR and this running community!

**Rocky Horror Recap:** Our Rocky Horror Trail Run was this past Saturday and what a phenomenal race that turned out to be! We had been closely monitoring the weather and for awhile it looked like we may be forced to cancel. Ultimately, after a two-hour delay to ensure runner safety, we were able to start the race. The rain, mud and other challenges put the runners through the wringer, but wow, did they ever persevere! There was even a short blast of small hail they ran through! It was so great watching all the finishers cross that line, they earned those medals! Congratulations to all and a big thank you to our volunteers, this was a challenging day for them as well!

Special shout out to the Race Directors, Kimberly Aubuchon and Vicki Allen! Through runner donations and a portion of the race proceeds, SARR will be contributing \$1,000 to the San Antonio Natural Area, specifically Eisenhower Park for trail improvements.

**Turkey Trot:** Reminder our annual *SARR Turkey Trot 4-Miler, 2-Miler & Kids' Pumpkin Dash* is Thursday, Nov 27 at the RIM Trailhead. Getting in some early miles is a great way to start your Thanksgiving Day. It's even more fun when you run it with friends and family! Register <u>HERE</u>. Street2Feet is our charity partner this year.



## Training:

Our *Kid's Run SARR Training Progra*m is underway and going well. Our Coaches are busy helping these young runners improve their skills and preparing them for the SATX 5K. Way to go!

Our *Fall Off-RoadRunners* training season has concluded. Yes, most of these crazy runners were training for the Rocky Horror, and you saw that recap. Congratulations to all of you on a great training season, I hope you enjoyed it and hopefully your training paid off! If you were

training for a different race, good luck!!



Additionally, our *Fall Road Training team* has been steadily getting those miles in and training hard for the upcoming SATX marathon weekend. Keep it going, I've been enjoying all the pictures, they reflect your dedication!



Our **SARR - SATX Preview Run** is coming up on Saturday, Nov 22 at 6:50 am at Augie's Barbed Wire. We do a preview run each year to help you prepare and it's open to all run clubs. Please join us as we'll have some prizes, refreshments and more!



## Winter 2026 Training Programs Registration Open:

**SARR Winter Training Program 5K, 10K & Half Marathon**, Jan 3 - March 1. Check it out <u>HERE</u>. **SAVE 15% with code EARLYBIRD through October 31**. This program will get you ready for winter & spring 2026 races. The Alamo 13.1/26.2 in March is the goal race.

**SARR Winter Off-Road Training Program**, Dec 29 - March 7. Check it out <u>HERE</u>. **SAVE 15% with code EARLYBIRD through October 31**. Whether you are transitioning to trails or are a long-time trail runner, we have a place for you! The Prickly Pear 50K/15K/5K trail race in March is the goal race.

Monthly Fun Run/5K: The *November Fun Run/5K* is Saturday, Nov 1. **NOTE: The location is at Castle Hills Elementary, 200 Lemonwood Dr.** We try different locations on occasion to be more inclusive. The kid's run starts at 8:30 am, followed by the  $\frac{1}{2}$  mile, 1 mile and 5K runs. This is a free community fun run.

**Pace team:** I've enjoyed seeing all the Pacer Spotlights that have been going out. Stay tuned for more info as we near race day. Also be thinking of your race goals and consider running with a Pacer.

**SATX Marathon:** Our "San Antonio RoadRunners" Team for the inaugural SATX Marathon is going to be fun and supportive, so please join our SARR team when you register. You'll get \$10 off for the Half and Full marathon, and \$5 off the 5K. **Our two awesome SATX Marathon Ambassadors: Kristin Levere and Heather Breeze can get you an additional discount if you contact one of them prior to signing up:** 

Kristin - socialmedia@saroadrunners.com or Heather - thumbreeze@yahoo.com

If you already registered, you can easily go back in and join our SARR team! Instructions <u>HERE</u>. Let's get together after the race to celebrate your accomplishments!

Friends of Government Canyon Recharge Trail Run 8K/15k Discount: The Race is this Saturday, Nov 1. Kimberly Aubuchon is the Race Director of this one and this year marks the 12th Annual running of the Recharge Run. It's the annual fundraiser to help maintain, preserve, and protect

Government Canyon State Natural Area. Choose an 8K or 15K distance. As SARR is a sponsor, our members **Save 25% with code SARR25. Code expires 10/31 or when race sells out.** 

Keep our running community strong by getting out there and running together! And keep tagging SARR and SATX marathon in your social media posts!

Take care!

Keith Click President, SARR