

Matcha bliss balls by T2

Serves approx. 12 | Prep and make time 60 min

You'll need:

- 15 medjool dates, pitted
- 1 cup almond meal
- ½ cup shredded coconut
- 2 teaspoons T2 Matcha, plus extra for dusting
- 1/4 cup coconut oil, melted
- 1/3 cup cacao powder



How to:

1. Soak the dates in hot water for 1 hour or until soft. Drain and discard water
2. Add dates, almond meal, coconut, T2 Matcha, coconut oil and cacao powder to a blender or food processor and mix on high until mixture comes together
3. Roll tablespoonfuls of mixture into balls and place on a tray lined with baking paper. Refrigerate for 30 minutes, then sprinkle with T2 Matcha and serve