

Jamaica Blue Whitford is locally owned & operated

RISE & SHINE TO JAMAICA TIME



BREAKFAST

SUPER FRUIT BOWL (LG) (SH) (VF) 1830kj.....	14.5
Chia & almond milk, strawberries, banana, cranberries, coconut, seeds & yoghurt.	
HALOUMI & AVOCADO BREAKFAST ROLL (VF) 3820kj.....	12.9
Grilled halloumi, avocado, rocket, poached egg, caramelised onion & aioli on brioche.	
EGG & BACON BAGEL 3290kj.....	12.9
Toasted with cheese & hollandaise sauce.	
EGGS BENEDICT (VF) 2240kj.....	13.5
Soft poached eggs, wilted spinach, toast & warm hollandaise sauce. Additional sides available.	
BREAKFAST CREPE (LG) 2750kj.....	15.0
Scrambled eggs, bacon, tomato & shallots served in a warm savoury crepe.	
AVOCADO SMASH & MAPLE BACON (VF) 3280kj.....	17.9
Avocado smashed with tomato, coriander & lemon on toast, maple bacon, poached egg.	
VEGETARIAN BREAKFAST WITH POACHED EGGS (VF) 2165kj.....	18.9
Poached eggs, grilled haloumi, roasted tomato, mushrooms & pesto on toast.	
BIG BREAKFAST 4195kj.....	20.0
Eggs, bacon, sausage, roasted tomatoes, sautéed mushrooms & toast.	
SOURDOUGH CRUMPETS	
• With avocado, scrambled eggs, pesto & pine nuts (VF) 3070kj.....	14.9
FRENCH TOAST	
• With banana & butterscotch sauce (VF) 5435kj.....	15.9
• With bacon & maple syrup 5710kj.....	15.9

COFFEE ONLY

EGGS YOUR WAY + SIDES

POACHED EGGS (VF) 1645kj.....	11.5	• Bacon 1100kj.....	4.5
SCRAMBLED EGGS (VF) 2335kj.....	11.5	• Ham 250kj.....	4.5
FRIED EGGS (VF) 1695kj.....	11.5	• Smoked Salmon 300kj.....	4.5
*Gluten free bread available		• Sausage 780kj.....	4.5
		• Haloumi (VF) 615kj.....	4.5
		• Avocado (VF) 800kj.....	4.5
		• Roasted Tomatoes (VF) 70kj.....	3.5
		• Mushrooms (VF) 235kj.....	3.5

BREAKFAST SERVED ALL DAY

THE AVERAGE ADULT DAILY ENERGY INTAKE IS 8700 KJ.



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See blackboard for DAILY SPECIALS

BREAKFAST

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MOU**TH** DELICIOUS MEALS

WATERINGLY

HANDCRAFTED RECIPES FROM THE CABINET

OCEAN AND EARTH SALAD ^(SH) 1950kj.....	16.0
Beetroot cured salmon, citrus cream & shaved cucumber served on a seed & nut loaf.	
CAESAR SALAD 2165kj.....	14.0
Classic Caesar with bacon, parmesan, croutons & egg combined with Caesar dressing.	
• Add chicken 815kj.....	4.5
• Add smoked salmon 430kj.....	4.5
SMOKED SALMON & AVOCADO BAGEL 1990kj.....	13.9
Smoked salmon, avocado & lettuce with cream cheese.	
CHICKEN, BACON & AVOCADO WRAP ^(CF) 4855kj.....	14.9
Roasted chicken with bacon, avocado & pine nuts.	
CHICKEN SALSA VERDE FLATBREAD 3410kj.....	14.9
Served toasted with chicken, herbs, lemon, capers, cheese, sour cream & salad.	
ANTIPASTI TURKISH ^(VE) 4170kj.....	15.0
Roasted capsicum & eggplant with pesto, cheese & lettuce.	
THAI SALMON CAKES ^(CF) 2415kj.....	10.9
Rice cakes, coriander & shallots, sweet chilli sauce & a salad garnish.	
CORN FRITTERS ^(VE) 2920kj.....	12.9
Two fritters served warm with tomato & avocado salsa.	
CHICKEN & MUSHROOM CREPES ^(CS) 3405kj.....	15.9
Savoury crepes, chicken, mushrooms, baby spinach, ricotta & cheese.	

MADE TO ORDER FRESH FROM THE KITCHEN

BLAT ^(CF) 4070kj.....	17.9
Toasted sandwich with bacon, lettuce, avocado & tomato with mayonnaise.	
CHICKEN CAESAR BURGER 3980kj.....	17.9
Chicken, bacon, egg, parmesan cheese & lettuce on a toasted roll.	
OPEN SCOTCH FILLET SANDWICH 4310kj.....	18.9
Bacon, caramelised onion, cheddar cheese, pickle, rocket, tomato & paprika aioli on toast.	
GRILLED BARRAMUNDI BURGER 3420kj.....	18.9
Polenta crumbed fish, mango chutney, mayonnaise, rocket, tomato & cucumber on brioche.	
VINTAGE GROUND BEEF BURGER 5060kj.....	17.9
Bacon, cheddar cheese, pickle, aioli, rocket, tomato & red onion on brioche.	



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Spoil YOURSELF



SWEETS

WE HAVE
A SELECTION OF
LOVINGLY PREPARED
SWEETS

*Available
Daily*

Please see our cabinet
or ask our team.

SEED & NUT BAR ^(SH) 1160k].....5.0
Served warm with natural yoghurt.

FRESHLY BAKED SCONES From 4.0
See the cabinet for today's selection.

ASSORTED MUFFINS From 5.0

See the cabinet for today's selection.

ASSORTED CAKES From 6.9

See the cabinet for today's selection.

EXTRAS

• Ice Cream 380k]..... 1.5

• Butterscotch Sauce 815k]..... 1.5



OUR *little* PIRATES

KIDS CORNER (Under 12 only)

BABYCINO 50k]..... 1.0

ASSORTED KIDS JUICES From 3.5

ASSORTED KIDS MILKSHAKES From 4.0

KIDS EGG ON TOAST ^(VE) 995k]..... 6.5

• Bacon 560k]..... 2.5

• Sausage 780k]..... 2.5

• Ham 65k]..... 2.5

• Baked Beans 375k]..... 2.5

FAIRY BREAD ^(VE) 1370k]..... 4.5

CHEESY FINGERS ^(VE) 1555k]..... 5.0

ASSORTED KIDS SANDWICHES From 5.0

Served toasted or fresh. Ask our staff for fillings.

BEEF & CHEESE BURGER 2355k]..... 7.9

SIGNATURE HARVEST COLLECTION

• This collection of recipes has been developed with strict nutritional guidelines to help you lead a healthy and wholesome lifestyle.



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SWEETS/KIDS

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GREAT COFFEE *it's in our BLOOD*



FINE COFFEE

ESPRESSO 1k]	3.9
PICCOLO 48k]	3.9
LONG BLACK 2k]	4.1
CAPPUCCINO 631k]	4.1
FLAT WHITE 600k]	4.1
LATTE 675k]	4.1
MOCHA 681k]	4.6
AFFOGATO 502k]	4.6
LONG MACCHIATO 676k]	4.9

Extras From \$0.8
 *Price is for a small size Signature Blend coffee

HOT BEVERAGES

HOT CHOCOLATE 860k]	4.6
WHITE HOT CHOCOLATE 993k]	4.6
CHAI LATTE 993k]	4.6
ELMSTOCK LOOSE LEAF TEA 18k]	4.1
English Breakfast, Earl Grey, Chai, Chamomile, Peppermint, Organic Green, Fruit Quencher, Lemongrass and Ginger.	

TAKE HOME
 GROUND & WHOLE BEANS+CAPSULES
COFFEE AVAILABLE

CHOOSE FROM 3 PREMIUM COFFEES:

1 Signature Blend

2 Seasonal Single Origin

3 Blue Mountain

CHILLED BEVERAGES

STILL & SPARKLING WATER	From 3.8
ASSORTED JUICES AND SOFT DRINKS	From 4.2

Ask about our range of flavours.

OVER ICE

ICED MOCHA 1830k]	6.9
ICED COFFEE 1780k]	6.9
ICED LATTE 288k]	5.9
ICED CHOCOLATE 2140k]	6.9
COFFEE VANILLA BLEND 1650k]	6.9
CHAI CINNAMON BLEND 2100k]	6.9

HANDCRAFTED SODAS

MANGO GRANITA 985k]	7.0
BERRY LEMONADE GRANITA 625k]	7.0
CITRUS AND LYCHEE BOTANICAL 308k]	6.9
POMEGRANATE BOTANICAL 473k]	6.9

SHAKES & SMOOTHIES

MILKSHAKES	6.9
Classic flavours available	
BANANA SMOOTHIE 1300k]	6.9

COOL AND REFRESHING



LOW GLUTEN



VEGETARIAN



SIGNATURE HARVEST



DAIRY FREE

Jamaica Blue products are handmade on-site. Ingredients used in some recipes may vary from site to site. For those requiring specific ingredient or allergen details, it is recommended you check with your individual café.



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BEVERAGES