

We love our Lamb

TOM WALTON'S LAMB BACKSTRAP KARAAGE SLIDERS

Wasabi Mayo, Shredded Cabbage & Radish

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INGREDIENTS

1 lamb backstrap, sinew removed 1 tbsp fresh ginger, grated

1 clove garlic, crushed

2 tbsp soy sauce

1 tbsp sake

2 tsp sugar

1 cup potato starch Vegetable oil for deep frying

1 cup fine shredded white cabbage 1 cup fine shredded purple cabbage 2 shallots, finely sliced

1 tbs wasabi paste, use to taste 1 cup mayonnaise Juice 1 lime Salt. to taste

2 radish, finely sliced6 slider buns, cut in half

METHOD

- 1. Slice the lamb backstrap on an angle against the grain into thin pieces about 5mm thick and the approx. size of the slider bun.
- 2. In a bowl, combine the ginger, garlic, soy, sake and sugar and marinate the lamb for at least 30 minutes in the fridge.
- 3. Combine the cabbages and shallots and set aside.
- 4. In a small bowl, combine the mayo and lime juice with wasabi and salt to taste.
- 5. Preheat a dash of oil in a small fryer or pot to 180 degrees celsius.
- 6. Toss the lamb in the potato starch to coat well and almost create a batter. Fry in the hot oil until golden and crisp, then drain on a paper towel and season with a little salt.
- 7. Build the slider with the lamb Karaage on the base, some cabbage mixture, sliced radish and mayo and top of the bun to finish.

Tip: Lamb leg steaks are also great for this dish, just slice them thinly from the side.



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TOM WALTON'S CHIPOTLE PULLED LAMB SHOULDER SLIDERS

Pico De Gallo & Smokey BBO Sauce

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INGREDIENTS

1 lamb shoulder, bone in

1 tbsp fennel seed

2 tsp black pepper corn

1 tsp coriander seed

1 tsp cumin seed

2 tsp smoked paprika

1 clove garlic, crushed

1 tbsp brown sugar or honey

2 chipotle chilis in abado sauce, finely chopped

½ cup apple juice Salt

BBQ sauce

2 chipotle chilis in abado sauce, pureed 1 cup tomato sauce ½ cup agave syrup or brown sugar ½ cup apple cider vinegar 50ml Worcestershire sauce ¼ cup Diion mustard

Pico de gallo

2 tomatoes, diced1 small red onion, finely diced½ bunch coriander, finely chopped

2 limes

2 tbsp mayonnaise (optional)

6-8 slider buns, cut in half

METHOD

- 1. Crush the whole dried spices in a mortar and pestle, then combine with the paprika, crushed garlic, sugar and chipotle chili.
- 2. Preheat the oven to 180 degrees celcius.
- 3. Place the lamb in a baking dish and sprinkle with salt, to taste.
- 4. Rub the marinade into the lamb shoulder.
- 5. Roast for 30 minutes then add the apple juice and cover with foil.
- 6. Turn down the heat to 160 degrees celcius and continue to cook for 2 hours or until the lamb is beginning to fall off the bone. Cooking time may vary depending on size of the shoulder
- 7. Remove the lamb from the oven and pour off any juices into a pot. Add the BBQ sauce ingredients to the juices and bring to the boil. Turn down and simmer for 10 minutes or until thickened slightly.
- 8. Combine the tomato, diced onion and chopped coriander and season with salt and pepper.
- 9. To serve, pull the lamb off the bone and mix with the BBQ sauce. Pile the lamb onto the bottom bun. Top with pico de gallo, a good squeeze of lime and a little mayo if desired.

Tip: If time allows, leave the lamb to marinate overnight in the fridge to allow the flavour to soak in.



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TOM WALTON'S LAMB MINCE KOFTA SLIDERS

Pickles, Green Harissa, Smokey Eggplant & Yoghurt





INGREDIENTS

250g lamb mince

1 clove garlic, finely chopped

1 tsp ground cumin

½ tsp ground coriander

Pinch nutmeg

1 tsp salt

1 tbsp each coriander and mint, finely chopped

1 tsp dried chili flakes, optional

Green harissa

5 long green chili, stalks removed

4 garlic cloves

½ bunch coriander, washed, roughly chopped

1/4 bunch mint, washed, picked

1 tbsp ground cumin

1 tbsp ground coriander

1 tbsp ground carrawy

1 tsp salt

1/4 cup olive oil

Smokey eggplant

1 eggplant ¼ cup tahini 1 clove garlic, crushed Juice ½ lemon

6-8 slider buns Good quality sliced pickled cucumbers 1 cup rocket leaves, washed 2 tbsp natural yoghurt

METHOD

- 1. For the kofta, combine all the ingredients and mix well with a clean hand. Form into mini patties a little bigger than the slider buns.
- 2. For the harissa, combine all the ingredients in a food processor and blend to a smooth puree. Set aside and store in the fridge.
- 3. For the smoky eggplant, cook the eggplant over a flame or on a BBQ until collapsing.
- 4. Cool and remove the flesh from the burnt skin. Chop the flesh then mix with the remaining ingredients.
- 5. Cook the lamb kofta on a BBQ or fry in a pan for 1-2 minutes either side.
- 6. Place some smokey eggplant on the bottom buns, top with a handful rocket, the kofta, some harissa, pickles and yoghurt.