

THIS WEEK'S TASTY RECIPE

PRAWN TOAST

INGREDIENTS

- 6 slices day-old white bread 500g green prawns, peeled, deveined
- 2 green onions, chopped
- 2cm piece ginger, peeled, grated 1 egg white
- 1 egg willte
- 1 teaspoon cornflour -
- 1 teaspoon soy sauce
- 1/4 teaspoon white pepper
- 1/3 cup sesame seeds
- peanut oil, for frying

METHOD

- 1. Preheat oven to 150°C. Remove bread crusts. Cut each slice into 4 triangles.
- 2. Pat prawns dry with paper towel. Place in a food processor with onion, ginger, egg white, cornflour, soy sauce and salt and white pepper. Process until smooth.
- 3. Spread 2 teaspoons prawn mixture over each bread triangle. Sprinkle sesame seeds onto a plate. Dip bread, prawn side down, into sesame seeds.
- 4. Pour oil into a wok until one-third full. Heat until a small piece of bread dropped into oil sizzles. Cook toasts, in batches, prawn side down, for 1 minute. Turn and cook for a further 15 to 30 seconds or until golden. Remove to a wire rack over a baking tray. Keep warm in oven while cooking remaining prawn toasts.

MAKE IT FRESH AT HOME: Ingredients available at Carousel Seafood, T&M Fresh, Coles and Woolworths.

