



THINGS TO KNOW

What should Children attending wear?

- Please ensure children are dressed wearing comfortable clothes covered shoulders, flat, closed shoes and long hair neatly tied back
- For safety reasons, open toed shoes are strictly not permitted in the cooking class environment

What should they bring?

- The kids will get time to enjoy the meals they prepare; however, they are welcome to bring a heatproof, airtight container to take home any leftovers
- They will be encouraged to ask lots of questions! At Sprout, we foster and facilitate an inclusive learning environment.

Parents / Guardians

Guardians are not required to stay at kid's classes and supervise their children and are encouraged not to interfere in the class. However, if a parent would like to stay and watch we ask them to observe from a distance.

Dietary requirements:

All dietary requirements relating to a kids cooking class must be received 48 hours prior to commencement of the class.

A Sprout staff member will clarify if any dietary requirements exist when signing a child into the class. The Sprout staff member will ask:

- If the dietary requirement is an intolerance or allergy
- The severity of the allergic reaction
- If traces are acceptable
- If skin contact is acceptable
- If air-born allergens are a problem

Terms, Conditions & Safety Policy

- Please carefully read Sprout's full terms, conditions and safety policy for attending cooking classes and events at the Sprout kitchen: www.sprout.edu.au/faqs