

Breakfast all day

Choice of bread: Thick White, Thin White, Wholemeal, Multigrain, Dark Rye, Gluten Free (extra \$2.00) (v) = vegetarian (gf) = gluten free

Eggs to your liking: Fried, Sunny Side Up, Flipped, Scrambled, Poached

Egg & Bacon Roll / Sandwich	\$9.50
Eggs on Toast (v)	(1/2) \$4.95 / \$8.90
Eggs and Bacon on Toast	(1/2) \$7.00 / \$11.90
Eggs and Chips (v) (No Toast)	\$10.90
B.L.T on Toast	\$12.90
Bacon, lettuce and tomato topped with aioli sauce, served on 2 slices of toast	
Mashed Avocado on Toast (v)	\$12.90
2 eggs with mashed avocado and fetta cheese, served on 1 slice of toast	
Mexican Scrambled Eggs on Toast (v)	\$15.90
Scrambled eggs served on a bed of capsicum, mushroom, tomato, onion and chilli	
Bruschetta Brekky (v)	\$16.50
2 poached eggs with bruschetta mix (tomato, red onion, fresh basil) topped with avocado, hollandaise sauce and balsamic glaze. Served on Turkish Bread	
Healthy Brekky (v)	\$15.90
2 eggs, mushrooms, spinach, healthy serve of baked beans, served on 2 slices of toast	
Hearty Brekky	\$15.90
2 eggs, mushrooms, bacon, healthy serve of baked beans, served on 2 slices of toast	
Big Brekky	\$19.50
2 eggs, bacon, mushrooms, spinach, tomato, sausage, hash brown, served on 2 slices of toast	
Smoked Salmon Tower	\$19.50
Focaccia topped with smoked salmon, spinach, avocado, 2 poached eggs, finished with hollandaise sauce	
Eggs Benedict	\$15.90
Focaccia topped with sliced ham, 2 poached eggs, finished with hollandaise sauce	
Eggs Florentine (v)	\$14.90
Focaccia topped with spinach, 2 poached eggs, finished with hollandaise sauce	
Vegetarian Brekky (v)	\$16.90
2 eggs, spinach, tomato, mushrooms, mashed avocado, healthy serve of baked beans, served on 2 slices of toast	
Stack of Pancakes (v)	(1) \$6.95 / (2) \$9.95 / (3) \$12.90
Served with fresh cream / maple syrup or ice cream / mixed berries extra topping each \$1.00	
French Toast (v)	\$12.90
Served with maple syrup & cinnamon	
Fluffy Omelette (1 Slice Toast)	
Vegetarian Omelette (v)	\$14.90
Capsicum, tomato & mushroom	
Aussie Omelette	\$15.30
Ham, cheese & tomato	
Metioric Omelette	\$15.90
Ham, cheese, mushroom, spinach & fetta	
Meat Omelette	\$15.90
Salami or Sausage, capsicum, onion & chilli	
Light Brekky	
Ham, Cheese & Tomato Toasty	\$8.50
Ham & Cheese Toasty	\$7.50
Cheese & Tomato Toasty	\$7.50
Cheese Toasty	\$6.00
Raisin Toast (2) served with butter	\$6.90
Fruit Salad (v) (gf) served with yoghurt	\$9.90
Toast (2) with butter & jam or vegemite	\$5.90
Banana Bread served with butter	\$6.90
Bircher Muesli (v)	\$11.90
Muesli soaked in organice apple juice, served with fresh yoghurt & mixed berry compote	
Extras	
Egg, spinach, tomato, ham, pineapple, mushrooms, toast, fetta cheese, tasty cheese, hollandaise sauce	each \$2.90
Bacon, sausage, beans, hash brown	each \$3.50
Avocado sliced or mashed	\$3.90
Salmon	\$4.50

Lunch & Dinner

Extra side \$3.50 Extra sauce \$2.50
(v)= vegetarian (gf) = gluten free

Starters / Light Lunch

Garlic Bread (v)	\$5.50
Soup of the Day (v) (gf) served with Crusty Bread	\$8.90
Bruschetta Light (v)	\$11.50
Bruschetta mix (tomato, red onion, fresh basil) served on Turkish Bread, finished with balsamic glaze and parmesan cheese	
Sausage with Mash Potato with Gravy (2 sausages)	\$12.00
Roast Sandwich or Roll (gf) (Pork or Lamb) with Gravy	\$11.90
Pumpkin Arancini Balls (v)	\$12.00
Balls of risotto with pumpkin & spinach, crumbed and fried until golden brown, served with a tomato relish & parmesan cheese	
Trio of Dips (v)	\$10.90
Tzatziki, Avocado & Hummus served with toasated Turkish Bread	
Pork Belly	\$13.90
Slow braised pork belly, served on a bed of mash potato & bok choy, finished with hoisin sauce	
Potato Skins	\$13.90
5 potato skins topped with bacon & cheese, served with sour cream	
Wedges served with sweet chilli sauce & sour cream	\$8.90
Chips seasoned with chicken salt	\$5.50
Sweet Potato Chips	\$8.90
Burgers gluten free bun extra \$2.50	
Choice of side: Chips or Salad or Vegetables	std / with side
Original Burger	\$10.90 / \$14.50
Beef patty with lettuce, tomato, cheese, onion, tomato sauce	
Deluxe Burger	\$12.00 / \$15.50
Beef patty with lettuce, tomato, cheese, onion, fried egg, beetroot, tomato sauce	
Supreme Burger	\$13.10 / \$16.60
Beef patty with lettuce, tomato, cheese, onion, fried egg, beetroot, pineapple, bacon, tomato relish	
Chicken Burger (Grilled or Schnitzel)	\$12.90 / \$16.50
Chicken (grilled or schnitzel) with lettuce, tomato, mayonnaise	
Steak Burger / Sandwich	\$12.90 / \$16.50
Grilled pieces of steak with lettuce, tomato, onion, BBQ sauce	
Vegetarian Burger (v)	\$13.00 / \$16.50
Veggie patty with coleslaw, tomato, beetroot, cheese, mayonnaise	
Lamb Burger	\$13.90 / \$17.50
Lamb patty with lettuce, tomato, red onion, cheese, tzatziki	
Extras	
Bacon, egg, pineapple, cheese, beetroot, lettuce, tomato each	\$2.50
Onion, mayonnaise, BBQ sauce, tomato relish / sauce	each \$1.50
Mains	
Choice of side: Chips or Salad or Vegetables	
Roast Meal & Gravy (gf) (Pork or Lamb)	(s) \$13.50 / (l) \$17.50
Porterhouse Steak (250g) (gf) with mushroom sauce, gravy or pepper sauce	\$26.90
Chicken Schnitzel	\$15.90
With mushroom sauce, gravy or pepper sauce	
Traditional Chicken Parmigiana	\$17.90
Chicken schnitzel topped with Napoli sauce, mozzarella cheese	
Chicken Parmigiana	\$18.90
Chicken schnitzel topped with ham, Napoli sauce, mozzarella cheese	
Bolognese Parmigiana	\$18.90
Chicken schnitzel topped with bolognese sauce, mozzarella cheese	
Hawaiian Chicken Parmigiana	\$19.90
chicken schnitzel topped with ham, Napoli sauce, pineapple, mozzarella cheese	
Aussie Chicken Parmigiana	\$19.90
Chicken schnitzel topped with BBQ sauce, bacon, mozzarella cheese, fried egg	
Metioric Grilled Chicken (gf)	\$23.90
Lightly seasoned grilled chicken breast topped with a creamy bacon, onion, mushroom sauce	
Chicken Avocado (gf)	\$21.90
Lightly seasoned grilled chicken breast topped with avocado, served in a light creamy sauce	
Chicken Fungi (gf)	\$21.90
Lightly seasoned grilled chicken breast topped with mushroom & shallots in a white wine and light cream sauce	
Open Lamb Souvlaki	\$21.90
Lamb souvlaki, pita bread served with a Mediterranean salad, chips & tzatziki	

Seafood

Choice of side: Chips or Salad or Vegetables	
Crumbed Calamari	\$18.90
Calamari coated in breadcrumbs and fried until golden brown	
Lemon Pepper Calamari	(e) \$13.90 / (m) \$22.90
Calamari coated in a lemon pepper seasoning, served on a bed of rocket leaves with tartare sauce	
Garlic Prawns (gf)	\$24.90
Tender prawns gently pan cooked in wine, garlic & cream, served on a bed of rice	
Barramundi	\$21.90
Grilled barramundi lightly floured, with a lemon & buter sauce	
Flathead Tals	\$17.90
Bettered flathead tails fried until golden brown, served with Chips & Salad	
Seafood Platter	\$23.90
2 crumbed scallops, 3 panko coated calamari, 2 flathead tails, 2 temura prawns fried until golden brown, served with Chips & Salad	
Pasta	
Choice of pasta: Penne, Spaghetti, Fettucini, Tortellini, Risotto (gf), Gluten Free Penne extra \$4.00	
Bolognese	\$15.90
Pan tossed with a traditional meat sauce	
Napoletana (v)	\$14.90
Pan tossed with a traditional Napoli sauce	
Carbonara	\$16.90
Pan tossed with strips of bacon, shallots, egg, finished with a light cream sauce	
Chicken & Mushroom	\$16.90
Pan tossed chicken breast pieces with garlic, mushrooms, finished with a light cream sauce	
Chicken & Avocado	\$16.90
Pan tossed chicken breast pieces with garlic, avocado, finished with a light cream sacue	
Chicken Pumpkin risotto	\$19.90
Pan tossed aboria rice with chicken breast pieces, garlic, onion, roasted pumpkin, spinach, finished in a creamy white wine sauce	
Pizza (medium size only) Gluten Free base extra \$4.00	
Margherita (v)	\$11.90
Tomato sauce base, mozzarella cheese, oregano	
Vegetarian (v)	\$11.90
Tomato sauce base, mozzarella cheese, mushroom, capsicum, olives	
Pepperoni	\$11.90
Tomato sauce base, mozzarella cheese, salami	
Hawaiian	\$11.90
Tomato sauce base, mozzarella cheese, ham, pineapple	
BBQ Chicken	\$15.50
Tomato sauce base, mozzarella cheese, chicken, pineapple, BBQ sauce	
Baked Spuds	
Basic (v)	\$9.90
Butter, mozzarella cheese, coleslaw sour cream, spring onion	
Lot	\$11.90
Butter, mozzarella cheese, bacon, caramelised onion, coleslaw, sour cream, spring onion	
Bolognese	\$11.90
Butter, mozzarella cheese, bolognese sauce, diced tomato	
Bruschetta (v)	\$11.90
Butter, mozzarella cheese, bruschetta mix (tomato, red onion, fresh basil), finished with balsamic glaze	
Hawaiian	\$11.90
Butter, mozzarella cheese, ham, pinepple, coleslaw, sour cream, spring onion	
Extras	
Bacon, caramelised onion, baked beans, pineapple, bruschetta mix, sour cream, coleslaw	each \$2.50



Specialty Home-made Foods

Choice of side: Chips or Salad or Vegetables	std	/ with side
Salmon Patty with side of sweet chilli sauce	\$8.50	/ \$12.00
Shepherd's Pie	\$9.50	/ \$13.00
Spinach & Ricotta Filo	\$8.50	/ \$12.00
Vegetable Frittata (v) (gf)	\$10.50	/ \$14.00
Bacon Quiche	\$8.90	/ \$12.50
Pumpkin & Spinach Quiche (v)	\$8.90	/ \$12.50
Beef Lasagne	\$12.90	/ \$16.50
Spinach, Ricotta & Chicken Lasagne	\$12.90	/ \$16.50
Vegetable Lasagne (v)	\$12.90	/ \$16.50
Sausage Roll with tomato sauce	\$6.00	/ \$9.60
Roast Vegetables (v)	\$9.90	

Kid's Menu (served with chips)

Calamari	\$8.90
Chicken Nuggets	\$8.90
Chicken Parmigiana	\$9.90
Beef Lasagne	\$8.90
Chicken Strips	\$8.90
Cheese Burger	\$8.90

Salads

Warm Chicken Salad (gf)	\$17.90
Grilled breast, served on salad mix, tomato, cucumber, red onion, sundried tomato, topped with balsamic dressing & finished with balsamic glaze	
Pesto Chicken Salad (gf)	\$15.90
Basil pesto, chicken rocket, spinach, tomato, cucumber, avocado	
Salmon Salad (gf)	\$19.90
Salad mix, tomato, cucumber, red onion, sliced smoked salmon, avocado, topped with balsamic dressing & finished with balsamic glaze	
Italian Side Salad (v) (gf)	\$7.50
Salad mix, tomato, cucumber, red onion, topped with balsamic dressing & finished with balsamic glaze	
Greek Salad (v) (gf)	\$12.50
Salad mix, tomato, cucumber, red onion, olives, fetta cheese, topped with balsamic dressing & finished with balsamic glaze	
Caesar Salad	\$13.90
Cos lettuce, croutons, bacon, shaved parmesan, sliced boiled egg and topped with a creamy caesar dressing	
Add Chicken	extra \$5.00
Add Prawns	extra \$8.00
Moroccan Lamb Salad	\$19.90
Moroccan lamb, red onion, olives, rocket, sundried tomato, cucumber, topped with balsamic dressing & finished with balsamic glaze	

Focaccia / Turkish Roll

Chicken Schnitzel	\$11.90
Chicken schnitzel, spinach, toasty cheese, seeded mustard mayonnaise	
Egg & Bacon	\$11.90
Egg, bacon, tomato, tasty cheese	
Vegetarian (v)	\$11.90
Basil pesto, spinach, roasted eggplant, roasted pumpkin sundried tomato, fetta cheese	
Hawaiian	\$11.90
Ham, tasty cheese, pineapple	
Roast Lamb	\$11.90
Lamb, fruit chutney, tasty cheese, tomato, caramelised onion, lettuce	
Chicken Delight	\$11.90
Sliced chicken breast, tasty cheese, spinach, avocado	
Smoked Salmon	\$11.90
Sliced smoked sallmon, cream cheese, capers, red onion, lettuce	
Chicken Parmigiana	\$12.90
Chicken schnitzel topped with ham, Napoli sauce, mozzarella cheese, spinach	

Or create your own Focaccia / Turkish Roll

Wraps Gluten free wrap extra \$2.50

Chicken Strip	\$10.90
Lettuce, tasty cheese, tomato, carrot, chicken strips, sweet chilli sauce	
Chicken Club	\$10.90
Lettuce, tasty cheese, tomato, sliced chicken breast, bacon, seeded mustard mayonnaise	
Satay Chicken	\$10.90
Lettuce, tasty cheese, sundried tomato, capsicum, red onion, sliced chicken breast, satay sauce	
Chicken Delight	\$10.90
Lettuce, tasty cheese, avocado, sliced chicken breast, mayonnaise	
Chicken Schnitzel	\$10.90
Spinach, tasty cheese, chicken schnitzel, seeded mustard mayonnaise	
Chicken Caesar	\$10.90
Cos lettuce, bacon, sliced boiled egg, shaved parmesan, caesar dressing, chicken strips	
Vegetarian (v)	\$10.90
Lettuce, tomato, falafel, red onion, pickle, hummus	

Suggested Sandwiches

Choice of bread: Thick White, Thin White, Wholemeal, Multigrain, Dark Rye, Gluten Free extra \$2.00	
Fresh Chicken	\$11.50
Lettuce, cucumber, avocado, sliced chicken breast, mayonnaise	
Chanpagne Ham	\$11.50
Lettuce, tasty cheese, tomato, ham, dijon mustard	
Chicken Schnitzel	\$11.50
Lettuce, tasty cheese, avocado, chicken schnitzel, seeded mustard mayonnaise	
Hungarian Salami	\$11.50
Tabouli, sundried tomato, red onion, salami	



Shop 2102 Fountain Gate Shopping Centre

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All Day Breakfast from 7am

Gluten Free Meals Available



Please order and pay at the counter

No Substitution

Prices subject to change without notice

Hot Drinks

	Small-cup / Med-Mug / Large T/A
Cappuccino	\$3.70 / \$4.20 / \$4.70
Latte	\$3.70 / \$4.20 / \$4.70
Short Black	\$3.70 / n/a / n/a
Long Black	\$3.70 / \$4.20 / \$4.70
Affogato	\$6.90 / \$7.40 / \$7.90
Macchiato (Long or Short)	\$3.70 / n/a / n/a
Hot Chocolate / White Chocolate	\$3.70 / \$4.20 / \$4.70
Mocha	\$3.70 / \$4.20 / \$4.70
Chai Latte (Spice or Vanilla)	\$3.70 / \$4.20 / \$4.70
Dirty Chai (Spice or Vanilla)	\$4.20 / \$4.70 / \$5.20
Tea	\$3.70 / \$4.20 / \$4.70

Milk Options

Full Cream, Skinny	
Soy, Almond, Lactose Free	extra \$0.70

Iced Drinks

Iced Coffee	\$6.00 / \$8.50
Iced Chocolate	\$6.00 / \$8.50
Spider	\$6.90 / n/a
Coke, lemonade, raspberry	
Milkshake	\$6.50 / \$8.50
Chocolate, lime, vanilla, strawberry, banana, caramel, blue heaven, spearmint	
Thickshake	\$7.50 / \$9.50
Chocolate, lime, vanilla, strawberry, banana, caramel, blue heaven, spearmint	

Fresh Juice

Citrus Sharp	\$6.90 / \$8.50
Orange, lemon, lime	
Sweet Sunset	\$6.90 / \$8.50
Watermelon, pineapple	
Ginger Zinger	\$6.90 / \$8.50
orange, pineapple, ginger	
Easy Morning	\$6.90 / \$8.50
Orange, apple, carrot, celery, pineapple, ginger	

Or create your own juice

Smoothies

Strawberry	\$6.90 / \$8.50
Banana	\$6.90 / \$8.50
Mixed Berry	\$6.90 / \$8.50
Mixed Fruit	\$6.90 / \$8.50

