

BABY MASSAGE PERTH BOOKING FORM

Name:

(mother/father)

.....(baby).....

Date of first session.....

Address:

.....

Telephone (home/mobile):

E-mail:

Date of Birth(baby)

Name of Emergency Contact.....

Phone number:.....

Have you and your baby had your 6-week postnatal check up? Yes/ No

Are you baby immunizations up to date? Yes/No

Did your medical professional have any concerns? If so, what?

Will the baby have immunizations within 24 hours of a baby massage session?

Do you or the baby have any allergies?

The birth of your baby

Is there anything about the birth of your baby, and how you experienced it that might be useful to know?

Does your baby have any health conditions (including colic, clicky hips, reflux etc...)?
Please give full details.

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Thank you for completing this form. The information you give is confidential.

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Safety guidelines

Please read these guidelines carefully before you attend your first class.

Baby Massage Perth Instructors are certified Infant Massage Instructors by IMIS.

Instructors demonstrate on dolls and are not allowed to touch babies.

Parents work with their own baby.

When practicing with your baby, never rush or force anything. If you feel stressed or tense, just take a break and try again later. Always ensure that you feel safe, secure and confident with the way you are holding or working with your baby. Never do anything that you do not feel comfortable with.

If your baby is unwell, it is best not to attend the massage class. If your baby is crying excessively and cannot be comforted, he/she may be ill. Never practice on a distressed baby, or if your baby is limp, pale, has a temperature, or any difficulties breathing. Please seek appropriate medical help.

It is not recommended to practice within 24 hours of your baby’s immunizations.

Baby Massage Perth takes no responsibility of any reactions to the sample oil provided or any oil purchased through Baby Massage Perth or brought by themselves into the class.

Oil can make your baby slippery, so take care not to drop her. Do not bath after massaging as baby is slippery. After massaging, wrap your baby in a towel before carrying her around.

Make sure that you’re relaxed and feeling calmly confident. If you’re stressed, your baby will sense it and react to your feelings.

Massage incorporates all the senses and is something that a baby should get used to gradually. To avoid over-stimulation and exhaustion, don’t introduce all massage techniques at once.

After massaging an infant, it is recommended that the following steps are taken: • Ensure that the infant is not left out in the sun with oil on their body due to the increased risk of burning • Allow the infant to rest, relax or sleep after the massage if they want to. • Alert parents that their infant may be thirsty after a massage and may require a drink of milk or water.

Disclaimer

Please sign the following disclaimer.

- I have read the above safety guidelines and will ensure that I adhere to them.
- I take full responsibility for myself and my baby, and for everything that happens to me and my baby in relation to the Baby Massage class.
- If I have any doubts, I will seek the advice of my medical professional before proceeding with Baby Massage classes.
- I will keep the Baby Massage Teacher informed of any health issues that arise over the course of the classes, both for me and my baby.

Signed

Date

Thank you for completing this form. The information you give is confidential.

Booking Terms and Conditions

Payment must be sent with your booking. Places are not guaranteed; they are subject to availability. If on the rare occasion that we cannot find a suitable place, we will of course refund the course fee in full.

Refunds/Credits are not given once the course has started. **Credits** for future bookings may be given, dependants on circumstances, at our discretion.

Sickness Please do not attend if you are showing signs of stomach upset, contagious disease or there any signs of sickness in the family.

Missed classes We understand that on occasions classes will be missed, however we are under no obligation to refund for missed classes. Our costs remain the same regardless of attendance, therefore 48-hour notice is required.

Safety is always our paramount concern. However, we will not be liable for any loss, damage or injury that may occur whilst attending our classes.

You are bound to disclose any information regarding your own health relevant to the practice of the class you are attending.

You are responsible for all applications of skills you may practice outside the classes both now and in the future.

Signed

Date

Thank you for completing this form. The information you give is confidential.