



## All Day Breakfast menu

### Eggs your way |

Poached/scrambled/fried egg  
Toast sourdough/multigrain/  
gluten free  
\$10

*ADDITIONAL SIDES*  
AVACADO \$4  
CRISPY BACON \$4  
MUSHROOM \$4  
SMOKE SALMON \$5

### Spread me up |

Toast with the choice of jam/  
butter/peanut butter/vegemite  
\$7

### Homemade Granola |

Our own blend of granola with  
raw nuts served with natural  
yogurt and fresh fruits  
\$14

### Avocado Smash |

Smashed avocado on sourdough  
bread served with tomato, coriander,  
salsa, fetta cheese, lemon and  
poached egg  
\$15  
*ADD SMOKED SALMON - \$3*

### Chilli and Butternut Pumpkin Fritters |

Smashed avocado, lemon, spinach,  
poached eggs topped with salsa  
\$16.50

### Paper Cup Big Breakfast |

Your choice of free range eggs on  
toast with bacon, mushrooms,  
grilled tomato, chorizo, baby spinach  
and hash brown.  
\$18

### Slow Cooked Pulled Pork Benedict |

BBQ Flavoured pork, spinach,  
Poached eggs served with  
Hollandaise sauce  
\$16

### Buttermilk Pancakes |

Fluffy Pancakes served with  
orange infused caramelised  
berries, Vanilla ice cream.  
\$16

### Paper cup classic omelette |

Sliced Virginia ham, cheese and  
Roma tomato served with  
Buttered toast  
\$15.5



## Brunch

### Classic Beef Burger |

Homemade beef patty fried egg,  
bacon, melted cheese lettuce and  
tomato served with chips.  
\$17

### BBQ Pulled Pork Burger |

Slow braised pulled pork.  
Sesame bun, Asain slaw served  
with chips  
\$17

### Southern Style Crispy Chicken Burger |

Crispy chicken breast, melted  
cheese, tangy sauce, coleslaw,  
served with chips  
\$17

### Fish and chips |

Battered Fish served with  
house salad and chips  
\$17

### Chicken Parmigiana |

Crumbed free range chicken  
breast topped with ham and  
homemade rich tomato sauce  
served with salad and chips  
\$17

### Chefs Special Club Sandwich |

Grilled chicken, bacon, egg, ham,  
lettuce, tomato, onion served  
with chips  
\$18

### Classic Caesar salad with chicken |

Crispy cos lettuce, buttered croutons,  
parmesan cheese, Caesar dressing,  
poached egg, marinated grilled  
chicken breast.  
\$16.5

### Summer Fresh Garden Salad |

Fresh garden leaves, Spanish onion,  
tomato, cucumber, fetta, avocado  
served with house dressing  
ADD- chicken or smoked salmon  
\$16.50



## Kids Menu

### Kid's Fish and Chips |

\$9.9

### Hand crumbed chicken schnitzel with chips |

\$8.9

### Vegemite toast with melted cheese |

\$8.9

### Kids Pancake |

\$12.9



## BEVERAGES

### Coffee |

[Slow roasted Dibella Premium blend]  
Regular - \$4  
Large - \$5

### Hot Chocolate |

Regular - \$4  
Large - \$5

### Coco White Chocolate |

Regular - \$5  
Large - \$6

*ADD MILK: 50C |  
BONSOY/ALMOND/LACTOSE FREE  
FLAVOUR: 50C |  
VANILLA, CARAMEL, HAZELNUT SYRUP*

### Ice Latte |

\$5

### Ice Coffee or Ice Chocolate |

\$6

### Baby Cino |

\$2.50

### Golden Turmeric Latte |

\$4.50 small  
[caffeine free, gluten free and vegan  
friendly]

### Matcha Latte |

\$4

### Loose Tea Leaves |

Peppermint - \$4.50  
English breakfast - \$4.50  
Earl grey - \$4.50  
Green - \$4.50  
Chamomile - \$4.50



## From the Display Cabinet

### Ham & cheese croissant |

\$8.90

### Plain croissant |

\$4.90

### Almond croissant |

\$5.90

### Assorted muffins |

\$4.50

### Banana bread |

\$4.90

### Selection of focaccia & wraps |

[Pls see display fridge or ask our friendly  
staff ]  
\$10.50



## Protein shakes & smoothies

### After Work Out |

Strawberries, protein powder,  
honey & almond milk  
\$8

### Strawberry Patch |

Strawberry, ice cream and milk  
\$8

### All About Green |

Avocado, spinach, mint and  
almond milk  
\$8

### Espresso Lift |

Fresh espresso, banana, protein  
powder and milk  
\$8

### Mango & Passionfruit |

Ice cream & milk  
\$8

### Berries |

Ice cream & milk  
\$8

### Banana |

Ice cream & milk  
\$8



## Chips & Wedges

### Bowl of chips |

\$6.90

### Potato wedges |

With sour cream & chilli sauce  
\$10.90



## Fresh Juice

### Cleansing Machine |

Spinach, lemon, cucumber, celery,  
apple and mint  
\$8.50

### Spice It Up |

Pineapple, beetroot, carrot, and  
cucumber  
\$8.50

### Liquid Gold |

Lemon, apple and pineapple  
\$8.50

### Belly Buster |

Lemon, carrot, apple, celery and ginger  
\$8.50

### Ginger Ninja |

Orange, ginger, lemon, and pineapple  
\$8.50

## Create Your Own

### Milkshake |

Vanilla, strawberry, chocolate, blue-  
heaven, lime, caramel, banana  
\$5.50

### Soft Drinks 600ml |

Coke, Diet Coke, No sugar, Vanilla Coke,  
Fanta, sprite, lift  
\$4.50

### Mt Franklin Water |

\$3.50

### Sparkling Mt Franklin Water |

\$3.90

### Deep Spring |

Orange Lemon & lime  
Orange & passionfruit  
\$4.50

### Remedy Kombuca |

Ask our friendly staff  
\$5.50

