# THE COMMUNITY SPACE EVENTS & ACTIVITIES

## LEARN HOW TO TAKE OFF WEIGHT NATURALLY

Monday 14 October Run by TOWN Club Victoria

### **KNITTING & CRAFTING SESSIONS**

Just drop in for a break from shopping. Also talk to the ladies about how to Volunteer in Knox! Tuesday 15 October, 10.00am – 12.00pm Run by Coonara Community House

## **KNITTING & CRAFTING SESSIONS**

Just drop in for a break from shopping. Also talk to the ladies about how to Volunteer in Knox! Wednesday 16 October, 1.00pm – 3.00pm Run by Coonara Community House

# LEARN TO PLAY CHESS OR JOIN IN THE COMPETITION

No fees. All welcome, all ages! Thursday 17 October, 10.00am – 3.00pm Run by Knox Community Chess Enthusiasts

### **FUN 4 US COMMUNITY PLAYGROUP**

Friday 18 October, 10.00am – 11.30am Citylife Community Care

## **LOVE IN ANY LANGUAGE MUSIC WORKSHOP**

Friday 18 October, 3.00pm – 7.00pm Run by Australian Filipino Community

#### IT'S OCCUPATIONAL THERAPY WEEK

Come and talk with specialist OT's about their work and what they can do to improve your wellbeing. Tuesday 22 October, 9.00am – 12.00pm Run by Knox City council

## NATIONAL CHILDREN'S WEEK CELEBRATION

Knox Council staff will have some fun activities waiting for your child.

Wednesday 23 October, 9.30am –

4.00pm

Run by Knox City Council Family and Children's Services Team

# LEARN TO PLAY CHESS OR JOIN IN THE COMPETITION

No fees. All welcome, all ages!
Thursday 24 October, 10.00am – 3.00pm
Run by Knox Community
Chess Enthusiasts

## NATIONAL CHILDREN'S WEEK CELEBRATION

Knox Council staff will have some fun activities waiting for your child.
Friday 25 October, 9.30am – 4.00pm
Run by Knox City Council Family and Children's Services Tea











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