

Westfield

Local Heroes

2020

Westfield Local Heroes is a recognition and awards program that discovers and celebrates people across Australia and New Zealand who make a positive impact to their local community and environment.

Individuals are nominated by their local communities and a public vote determines the successful 2020 nominees for every Westfield centre.

The successful heroes are each awarded \$10,000 for their affiliated organisations.

Westfield
Local Heroes

Since the program began, we have awarded \$3.62 million to 363 community organisations.

Every year, we recognise more than 120 Westfield Local Heroes and provide more than \$1.2M in community grants to their affiliated organisations.

We congratulate all the 2020 nominees for being recognised by their communities and thank them for the important contribution they all make.

westfield.com.au/local-heroes

westfield.co.nz/local-heroes

Westfield

Chermside

QLD

Tilly (Norma) Brasch dedicates herself to children with life-limiting illnesses and their families.

Every Tuesday for the past two years, the 77-year-old has volunteered at Hummingbird House, Queensland's only hospice for children.

Around 400 children and their families come to the house each year for short breaks, support or end-of-life care.

Tilly works hard to create a home-like environment and is often seen nursing babies, playing dress-ups and games with siblings or providing care alongside nursing staff.

Having lost her only son, Tilly has the most profound empathy for the families and is always the first to respond to a call-out for volunteer assistance.

"I do for them what I would do for my own family," she says.

"I feel the children, their parents, carers and staff are extended family to me."

Nothing is too much for Tilly, who assists at events, memorials and funerals, pitches in with foodservice and clean-up and helps with fund-raising.

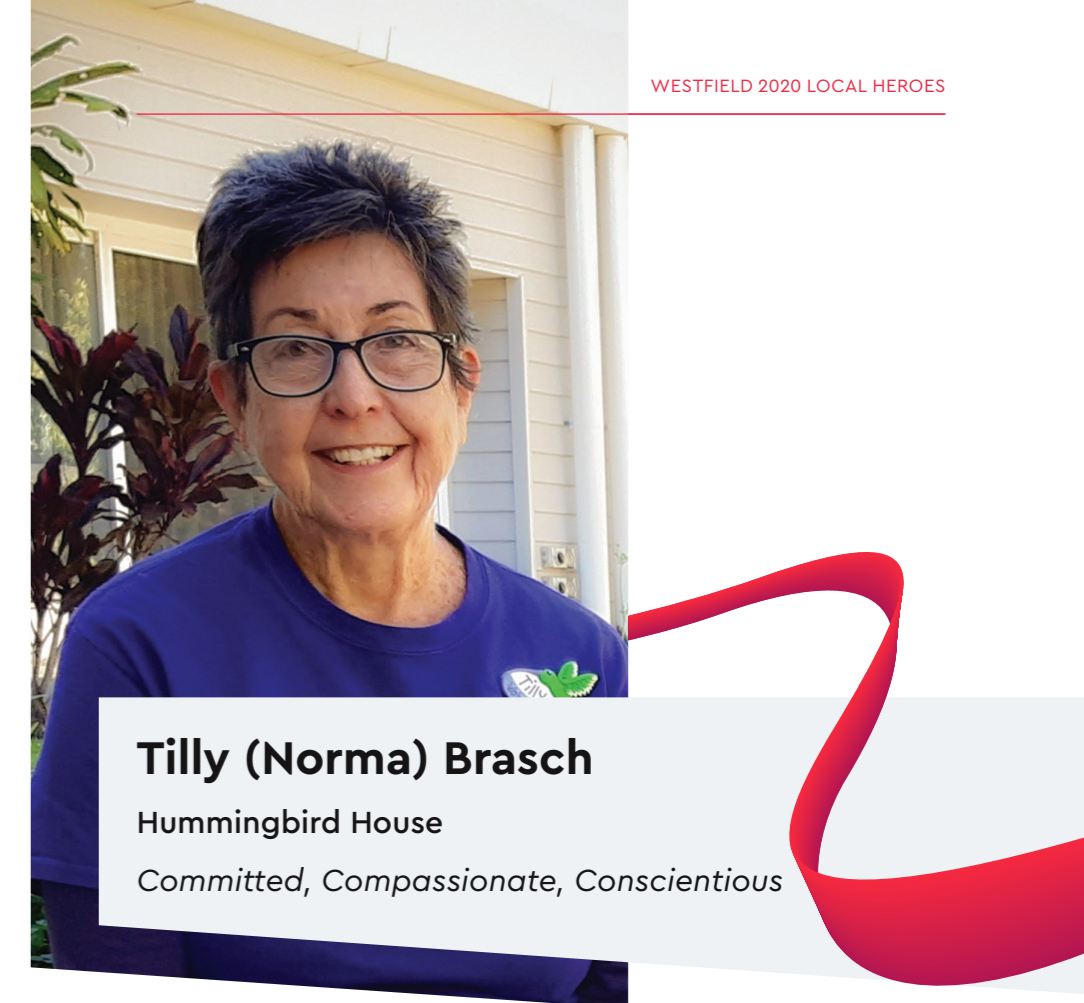
"It's all a labour of love for me, whether I am trying to settle an unwell little baby, going down the slippery slide with a child on my lap or scrubbing burnt bits of a saucepan," Tilly says.

"Without Hummingbird House my life would be less."

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Hummingbird House will use its grant to support more Queensland children with life-limiting conditions.

Tilly's nominator says: "Tilly brings the heart and hugs of a grandma to Hummingbird House. She brings comfort and smiles to children who are unwell and their families, and I'm sure she is considered an angel by some."



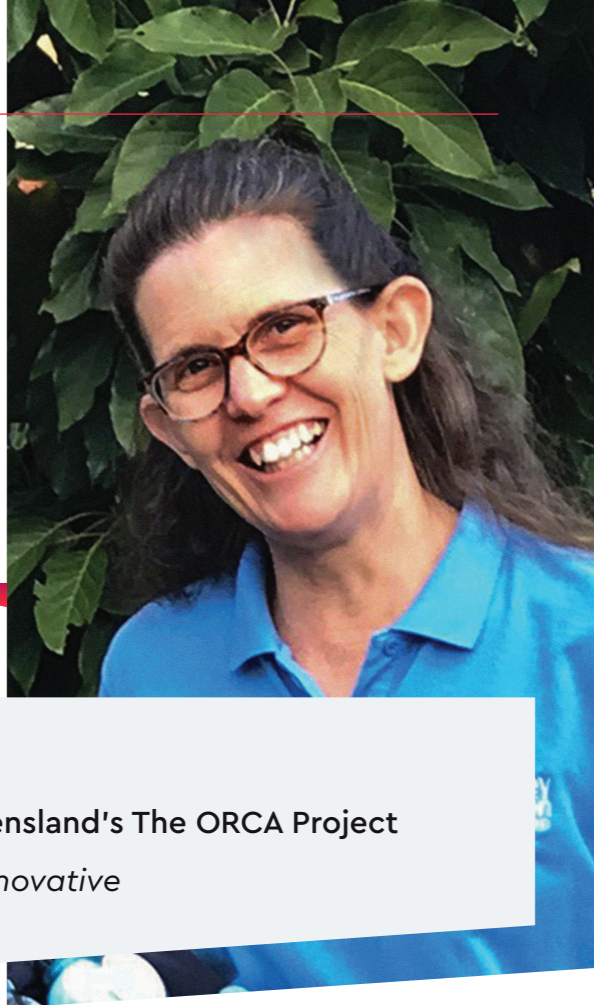
Tilly (Norma) Brasch

Hummingbird House

Committed, Compassionate, Conscientious

Grandmotherly comfort for unwell kids

"I do for them what I would do for my own family."



Alison Cox

Wesley Mission Queensland's The ORCA Project

Positive, Inspiring, Innovative

Creating opportunities

"We work hard with families and the participants to help them to not just recognise work as an option, but to dream about the kind of work they really want to do."

When Alison Cox's daughter Jasmin was nearing the end of her schooling, there were no opportunities for young adults with different abilities.

Alison has experience in community work and took matters into her own hands. She approached Wesley Mission Queensland with an idea for a project to help people like Jasmin become work-ready and enjoy a purposeful and independent future.

That's how The ORCA Project was born. Alison has captured the imagination of local families, and the program has grown from seven participants to fifty in two years.

ORCA adapts to individual learning needs. The program focuses on people's strengths and finding the best ways to engage them.

The program helps people prepare for work with hands-on training in on-site micro-enterprises, including a car wash, an ethical grocery store and a dog biscuit business.

Alison is determined to break down barriers and stereotypes. She has convinced families and potential employers to see beyond the notion

that those with different abilities are able only to complete simple, repetitive tasks.

"We work hard with families and the participants to help them to not just recognise work as an option, but to dream about the kind of work they really want to do," says Alison.

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The ORCA Project will use its grant to expand their micro enterprises to provide more opportunities for the young people.

Alison's nominator says: "Alison provides hope and opportunity for young school-leavers living with disability to grow in their skills and confidence, dream big, show their talent to their community and build meaningful futures."

Jack Pool is older than most people he helps. The committee president of Stafford Meals on Wheels is in his late eighties but is always the first to put his hand up to help.

Jack delivers nutritious and healthy meals to people who can't cook or shop for themselves.

He loves to share a joke with his clients and other volunteers and is always happy to help with an odd job.

"As our logo says, 'we are more than just a meal'," Jack says.

He started delivering meals as a volunteer in 1998 and was elected committee president in 2002.

Jack has worked hard to live up to the Meals on Wheels social values, which include community connection, disability access, mental health and positive ageing.

He has built contacts with other agencies, which led to younger people with disabilities helping to deliver meals, with their carers if needed.

"This has helped with their socialisation in the community," he says.

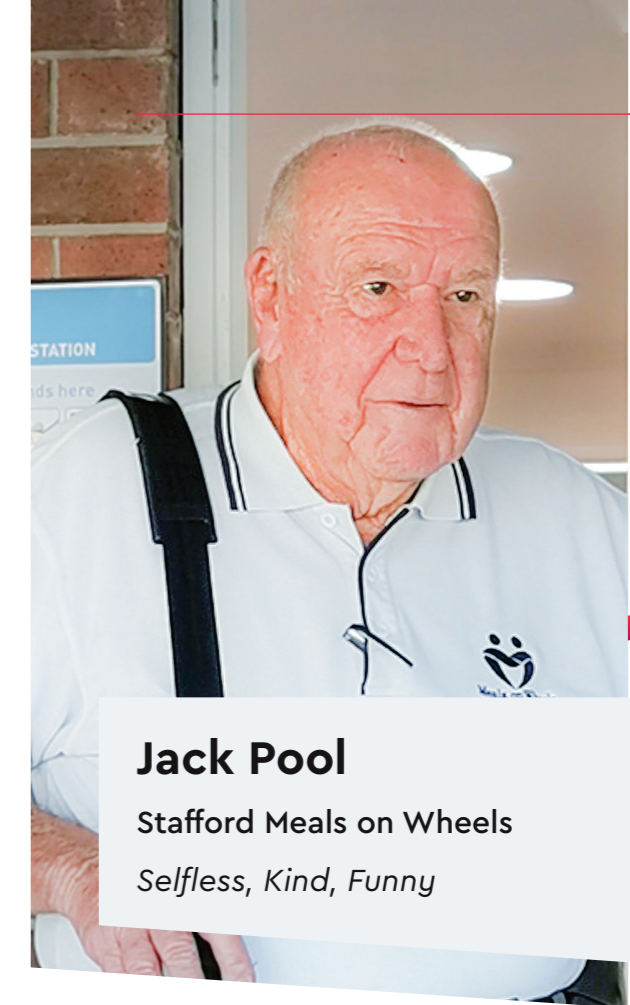
Jack also organised with the local high school principal for Year 10 hospitality students to work alongside the Meals on Wheels chef.

"During my time as committee president we have partnered with other organisations to hold events for the seniors in our community," he says.

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Stafford Meals on Wheels will use its grant to fund groceries, equipment and running costs.

Jack's nominator says: "Jack always puts others first. He makes it really fun to volunteer with him as he gives back to the community."



Jack Pool

Stafford Meals on Wheels

Selfless, Kind, Funny

Delivering food on the move

"We are more than just a meal."

Your 2020 Finalists

Eileen Mary Jane Cooke

Preterm Infants Parents' Association Inc (PIPA)

For more than 20 years, Eileen Cooke has been providing much-needed support to the families of premature babies.

She knows exactly what they are going through, as her eldest son was born 11 weeks early in 1996.

Eileen is now the pivotal volunteer, administrator and parent support person with the Preterm Infants Parents' Association (PIPA), a parent-to-parent support group and charity.

"PIPA bases its activities on friendship. Only a premmie parent can really understand what another prem parent is going through," Eileen says.

"This friendship also helps after discharge with the challenges of raising a child born too soon."

Zoe Rehbein

Children's Tumour Foundation of Australia

Zoe Rehbein is making life less stressful for parents whose children have been diagnosed with Neurofibromatosis (NF), a condition that causes benign and malignant tumours to form throughout the central nervous system.

Through her volunteer work with the Children's Tumour Foundation of Australia, Zoe has been a strong and empathetic advocate for families needing specialised support at the Queensland Children's Hospital

Zoe also founded a fundraising team that has collected close to \$100,000 for the Children's Tumour Foundation.

Carmel Gamble

St Vincent's Private Hospital Northside

Breast care nurse Carmel Gamble has 40 years of experience and knows women with breast cancer need empathy and knowledgeable support from diagnosis until after their treatment is complete.

She ensures she is with every patient every step of the way.

Carmel's phone is always on and she is available to answer questions or tap into her extensive network to help her patients.

Often women receive conflicting advice from many different sources, which adds to their anguish. "I can explain treatments; why, how and when things will happen. I give the information they need at the time they need it."

Recognising all of our 2020 nominees

Gregory Robet Cree
Project4Change Limited

Rachael Tickner
The Pink Elephants Support Network

Margaret Douglas
Cystic Fibrosis Queensland

Alison Cox
Wesley Mission Queensland's The Orca Project

Jack Pool
Queensland Meals On Wheels

Zoe Rehbein
Children's Tumour Foundation Of Australia

Carmel Gamble
St Vincent's Private Hospital Northside

Eileen Mary Jane Cooke
Preterm Infants Parents Association Inc. (PIPA)

Tilly (Norma) Brasch
Hummingbird House

Phil Lilliebridge
Legacy Club Of Brisbane Ltd

Michael Lorrigan
Team Rubicon Australia

Tracey Price
Get Real Legals

Mathew Casson
The Lodge Youth Support Service Inc.

Dr Stephanie Yerkovich
The Common Good, An Initiative Of The Prince Charles Hospital Foundation

Melissa Redsell
A Brave Life

Heidi Mckellar
Bardon Girl Guides

Yasmin Grigaliunas
World's Biggest Garage Sale

Amy Dawes
Australasian Birth Trauma Association (ABTA)

Catherine Scott
Brisbane Multiple Birth Association Northside

Isabella Bevan
Zephyr Education Inc

Kim Janine Pantano
Bunya Community Environmental Assoc Inc – Guiding The Future Of Kumbartcho Sanctuary – A Flora And Fauna Reserve

Vanessa Page
Raise Foundation

Penny Linton
Raise Foundation

Sharon Dunlop
St Vincent's Private Hospital Northside

Antwanet Rahebeh
Middle Pearl Education Centre

Vanessa Anne Fowler
The Allison Baden-Clay Foundation

Janelle Gamble
Dragons Abreast Australia Ltd

Marion Glover
Vessel Nundah

Jodi Salmond
Reef Check Australia

June Thorn
The Pyjama Foundation

Vonnie (Yvonne) Hastings
Brainchild Foundation

Barbara Kienast
Support Networks Australia

Mathew Townsend
Nature Freedom / Clean Up Australia

Reg Maharaj
Boondall Lions Club Inc.

Ian Venamore
Lung Foundation Australia

Jean Weaver
Vision Australia

Holly Williams
Heartkids Limited

Kelly Willmott
Green Fox Training Studio

Rajvinder Singh Gill
Donateliflife Queensland

If you or anyone you know would like more information on what support is available:

AUSTRALIA

Lifeline: 13 11 14
Suicide Call Back Service: 1300 659 467
Kids Helpline: 1800 55 1800
MensLine: 1300 78 99 78
Beyond Blue: 1300 22 4636
1800RESPECT: 1800 737 732

NEW ZEALAND

Lifeline: 0800 543 354
Suicide Crisis Helpline: 0508 828 865
Kidsline: 0800 54 37 54
Depression Helpline: 0800 111 757
Samaritans: 0800 726 666
Family Violence Information Line: 0800 456 450

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