

WESTFIELD 2021 LOCAL HEROES

Westfield Local Heroes is a community recognition and awards program, designed to shine the spotlight on those people across Australia and New Zealand who make a positive impact to their local community and environment.

Individuals are nominated by their local communities, with the outcome of a public vote determining the three successful 2021 nominees for every Westfield centre.

Westfield Jocal Heroes

Now in its fourth year, we have awarded \$4.88 million to 489 community organisations.

Every year, we recognise more than 120 Westfield Local Heroes and provide more than \$1.2M in community grants to their affiliated organisations.

We congratulate all the 2021 nominees for being recognised by their communities and thank them for the important contribution they all make.

# Westfield Marion SA

### Widowed dad Nick Lee has devoted 10 years of his life to educating the people of South Australia about the early detection and prevention of bowel cancer.

He does this through the Jodi Lee Foundation, which he set up in memory of his wife, Jodi, who was diagnosed with bowel cancer when she was aged 39. He has personally raised over \$700,000 for bowel cancer.

Nick focuses his education efforts on corporates. He tells his story to motivate younger people to find out their family history of bowel cancer and encourage people older than 50 to use the test that the Department of Health sends in the mail.

Most people ignore the test, but the vast majority of bowel cancer cases can be successfully treated if detected early.

"I know first-hand the impact that bowel cancer can have on family and friends, having lost my wife to bowel cancer," says Nick. "My main motivation when I established the foundation was to try to save lives and prevent suffering."

Nick says it is rewarding to be nominated as a Westfield Local Hero. "We know we can save lives through our initiatives and improve the health and wellbeing of the people we reach in the community."

Nick's nominator says: "Nick is a Westfield Local Hero because he has devoted the last ten years of his life to preventing people from experiencing the pain he endured after his wife passed away from bowel cancer."



# Life-saving message

# Nick Lee

Jodi Lee Foundation

Passionate, Innovative, Empathetic

"I know first-hand the impact that bowel cancer can have on family and friends, having lost my wife to bowel cancer."  $(\mathcal{X})$ 

# Saving cancer kids from isolation

## Matthew Townsend

Lion Hearts Learning

Humble, Selfless, Dedicated

"There are so many children and families in the same position as us, and I just want to ensure we can help them to receive support." Devoted dad Matthew Townsend and his wife, Jolyn Phillips, started Lion Hearts Learning to give children in South Adelaide a free super-hygienic place to interact with others while undergoing cancer treatment.

The charity is like a second full-time job for Matthew, whose daughter Codee-Jo was diagnosed with leukaemia at the age of two. One of the challenges was that she could not attend a regular playschool because children undergoing cancer treatment have severely compromised immune systems and must be kept physically distanced from others to prevent infection.

Lionhearts provides free playgroups to cancer children and their siblings. All toys are cleaned before and after every session, and nobody attends if they are unwell.

"There are so many children and families in the same position as us, and I just want to ensure we can help them to receive support," says Matthew.

"Lion Hearts Learning is a place oncology kids can come to learn, have fun and play with their friends.

"I feel proud to be nominated as a Westfield Local Hero. It makes me just want to do more and get the Lion Hearts Learning name out there so we can continue to help children and families in need," says Matthew.

Matthew's nominator says: "Matthew is a Westfield Local Hero because he works hard and tirelessly for the good of others, always there to lend a hand when needed and never asks for thanks. Lion Hearts Learning would never have evolved without him." Blackwood Action Group volunteer Pauline Dodd is a driving force behind projects that help people feel they live in a caring community where people look after each other and the environment.

Pauline coordinates events like the much-loved Christmas Tree Festival and co-convenes local history group activities as part of the work of Blackwood Action Group which also improves Blackwood visually through streetscaping projects, care of train stations and the Stobie pole mural painting project involving local artists.

"Our activities provide opportunities for people with a diverse range of interests and capabilities to contribute to the community, connect with others and feel a sense of belonging," says Pauline.

Money raised through BAG's Community Links activities supports struggling families and other local charities whereas the history group supports CFS and Legacy.

Pauline is an avid supporter of an effort to make the group more appealing to younger people and to involve youth groups, school children and parents in events.

"Engaging people in community service from a young age helps develop a sense of social responsibility," she says.

Pauline is pleased to be nominated as a Westfield Local Hero. "Personal recognition of my efforts hopefully inspires others. Community involvement and volunteer service are richly rewarding."

Pauline's nominator says: "Pauline is a Westfield Local Hero because she is an outstanding and dedicated member of our community who creates massive special events that contribute back to local charities." Caring for her community

## **Pauline Dodd**

Blackwood Action Group

Energetic, Passionate, Caring

"Engaging people in community service from a young age helps develop a sense of social responsibility."

# Your 2021 Finalists



Craig Scott Goodwood Saints Football Club Inc

Goodwood Saints Football Club President Craig Scott has added to competitive success by making the club a stand-out achiever off the field. Craig is the driving force behind the club's female teams and promoting good mental health for players. He also drove the development of SA's Inclusive League for players with disabilities.



## Leigh Aitken Operation Flinders

For the past 11 years, Leigh Aiken has devoted most of his free time to volunteering for Operation Flinders Foundation. In that time, he has led 14 expeditions and directly helped 140 young at-risk people become the best version of themselves. Each eight-day expedition involves a 100km trek.



## Emma Georgiadis Enlighten Education

Radio presenter Emma Georgiadis uses her experience as a school teacher to connect with young women and build their confidence. She's doing this through Enlighten Education in-school workshops that help girls decode the mixed messages they receive and through her podcast, Empowerhouse, to help build attitudes of self-love, self-worth and self-belief.

# Recognising all of our 2021 nominees

Jennifer Howard
Safe Pets Safe Families

Sabrina Davis Hospital Research Foundation

Lynette Joy Barnes
Believe Educate Empower

Jacinta Clark
The Pinnacle Foundation

Vivien Matthews Southern Cross Care (SA, NT & VIC) Inc.

Mark Blagrove Hub Gymnastics Club

Krystle Dale Woollard Gloria Jeans Coffee Cafe

Bernadette Cagney, Formal Friday – Suit Up **Beyond Blue** 

Robert McFarland Rotary / RYDA Road Safety Education

Melissa Pearce KIDS Foundation

Jo McDonald Move Through Life Dance Studio Kim Mead Childhood Cancer Association & Still Aware

Moira Were AM Hen House Coop

Brigid Koenig Sammy D Foundation

Mark Vawser
Country Fire Service

Kelly Johnson Aberfoyle Hub R-7 School Fundraising Committee

Petina Walsh OmMade Meet The Maker

Melanie Tate Puddle Jumpers

Robin McBride Somerton Surf Life Saving Club Incorporated

Christies Beach Surf Lifesaving Club

Lisa Totani Circuit Excel Association South Australia Erika Fuller Treasure Boxes Inc Steve Turner Variety – The Children's Charity of South Australia

Rachael Firns Puddle jumpers

Bridget Hogg Wellbeings Foundation

Anne Stewart Move Through Life Dance Studio

Freya Charlotte Simpson Glengowrie Netball Club

Stacy Allan **Kapara Residential ACH Group** Rikki Cooke **Treasure Boxes Inc.** 

Rebecca Aloisi Supertee

John Denholm SA Brothers

Clarisse Semler-Hanlon Treasure Boxes Inc

Pauline Dodd Blackwood Action Group

Bailee Phillips Puddle Jumpers Inc Craig Scott Goodwood Saints Football Club Inc

Emma Georgiadis Enlighten Education

Nick Lee Jodi Lee Foundation

Matthew Townsend Lion Hearts Learning

Leigh Aitken Operation Flinders If you or anyone you know would like more information on what support is available:

### AUSTRALIA

Lifeline: 13 11 14 Suicide Call Back Service: 1300 659 467 Kids Helpline: 1800 55 1800 MensLine: 1300 78 99 78 Beyond Blue: 1300 22 4636 1800RESPECT: 1800 737 732

#### **NEW ZEALAND**

Lifeline: 0800 543 354 Suicide Crisis Helpline: 0508 828 865 Kidsline: 0800 54 37 54 Depression Helpline: 0800 111 757 Samaritans: 0800 726 666 Family Violence Information Line: 0800 456 450

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