

# Sensory Guide



SEATTLE  
**REP**



SENSORY ACCESS  
ACCESS FOR ALL

# General Considerations

- Total Duration: approximately 1 hour 30 minutes with no intermission
- Short stories written in 8 C.E with a modern interpretation
- There is mention/depiction of suicide, rape, incest and child murder

## Common Decibel (dB levels)

70	Office/classroom chatter
80	Busy traffic, dog barking
90	Hairdryer
100	Lawnmower, construction site
110	Concert, night club
120	Police siren, airplane taking off

## Sensory Impact Key



Auditory Impact (loud volume, high pitch, complex sound, etc.)



Visual Impact



Emotional Impact



Strobing (possible impact for those with photosensitive epilepsy)



SENSORY ACCESS

ACCESS FOR ALL

[www.SensoryAccess.org](http://www.SensoryAccess.org)

# METAMORPHOSES

Scene

Description

Sensory

Intro

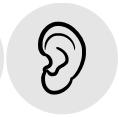
The Creation

- Blackout for about 45 seconds
- Scent of candles being blown out/smoke



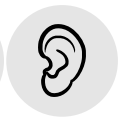
Juno and Jupiter

- Audience interaction in the front row
- Scream
- Strobe light



Procne and Philomela

- Mention of rape & child murder
- Loud Screaming
- Strobe light



Pentheus and Bacchus

- Mention of violence



# METAMORPHOSES

Scene

Description

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Arachne

Acteon

- Mention of violence
- Hand held lights into audience at times
- Strobing
- Loud (87 decibels)



Orpheus and  
the Ciconian  
Women

- Mention of violence
- Audience interaction (voluntary)

Myrrha

- Mention of violence & incest



Medea and  
Jason

# METAMORPHOSES

Scene

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Midas (Apollo)

- Loud (85 Decibels)



Philemon and  
Baucis

- Yelling
- Loud rock music at scene change



Achilles

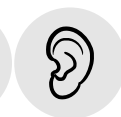
Hecuba,  
Polyxena and  
Polydorous

- Mention of violence & child death
- Loud (85 Decibels)



Caesar

- Loud at scene change



# METAMORPHOSES

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Phaeton and  
Phoebus

BOWS

## Resources

If you are looking for support around these topics, please check out the following organizations:  
Suicide & Crisis Prevention Resources

988 Suicide and Crisis Lifeline, available 24 hours in English and Spanish: dial 988  
If you're under 21, you can call Teen Link at 866-TEENLINK (866-833-6546) and ask to talk to a peer  
Text "HEAL" to the Crisis Text Line at 741741 or contact Lifeline Crisis Chat

## Sexual Assault Resources

National Sexual Assault Hotline, available 24 hours: 1-800-656-4673  
King County Sexual Assault Resource Center

## Domestic Violence Resources

King County Domestic Violence Resources  
New Beginnings: Ending Domestic Violence  
Washington State Coalition Against Domestic Violence

# LEO K. THEATER

● Orchestra/Loge

● Balcony

♻ Indicates wheelchair accessible seating  
▷ Indicates wheelchair companion seating

