

SEATTLE **REEP**

Sensory Guide

FANCY DANCER



BY LARISSA
FASTHORSE

About the Show



Duration:

95 minutes with no intermission

Production Advisory: This production uses strobe lighting effects and occasional loud sound effects.

Content Advisory & Resources: Go to seattlerep.org/FDContent to view. Find more information for families at seattlerep.org/ForFamilies.

About the Show: Growing up half Lakota and half white, Lara lives as an outsider until she discovers the story of Osage prima ballerina Maria Tallchief and is compelled to become a dancer. But with a body that doesn't quite conform, can she make her dream come true? A world premiere suitable for multigenerational audiences, this autobiographical coming-of-age play by renowned writer Larissa FastHorse (Broadway: *The Thanksgiving Play*) celebrates the power of perseverance and finding your community. Performed by alternating actors, this heartfelt solo show stars FastHorse herself and rising star Burgandi Trejo Phoenix, bringing to life this story filled with humor, resilience, and hope.

Key Elements: This is a solo performance that utilizes lights, sounds, projections, and ballet equipment to highlight the world of the play. There will be moments of transition where the stage gets darker to portray the night sky (not a full-black out). For the exact blackout moments, please review the scenic breakdown in this Guide.

Sound Levels: The sound levels in this Guide reflect what was recorded during a *Fancy Dancer* preview performance. Sounds levels varied from 74.8 dB to 93.9 dB.

Guide Development: This Sensory Guide was created specifically for Seattle Rep and Seattle Children's Theatre's co-produced 2025 world premiere of Larissa FastHorse's *Fancy Dancer*. The Guide was produced by Matty Sythandone, Sensory Guide Contractor and neurodivergent individual, with training and guidance provided by Sensory Access. This production was audited during a preview performance on September 19, 2025 in Seattle Rep's Leo K. Theater.

SENSORY IMPACT KEY		COMMON DECIBEL (dB) LEVELS	
	Auditory Impact	70	Office/classroom chatter
	Visual Impact	80	Busy traffic, dog barking
	Emotional Impact	90	Hairdryer
	Strobing Effects	100	Lawnmower, construction site
		110	Concert, night club
		120	Police siren, airplane taking off

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INTERVAL	DESCRIPTION	IMPACT
0-15 MINUTES	- Up to 82.1 dB - Audience is encouraged to enjoy the performance in an authentic way - Storm sound - Ballet class music (piano) - Drum sound - Emotional impact - Nature sounds	 
15-30 MINUTES	- Up to 86.7 dB - Emotional impacts - Bell sounds - Ballet class music (piano) - Orchestra sound	 
30-45 MINUTES	- Up to 83.1 dB - Emotional impacts - Car sound - Night shift (dark stage) - Group chanting sound - Ballet class music (piano)	  
45-60 MINUTES	- Up to 93.9 dB - Emotional impacts - Various dance music sounds - Slammed door sound - Powerful scream	 
60-75 MINUTES	- Up to 79.4 dB - Emotional impacts - Thunder sounds and visuals (lights flashing – non strobe) - Doorbell sound - Ballet class music (piano)	  

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INTERVAL	DESCRIPTION	IMPACT
75-90 MINUTES	• Up to 82.5 dB • Emotional impacts • Car sound • Thunder sounds and visuals (lights flashing – non strobe) • Wind sound • Storm sound • Quick projection shifts • Door shut sound • Black out on stage – the actor returns to take a bow and the lights come up	

Seattle Rep's Sensory Accessibility

Sensory Guides are available for all productions online (posted around each show's Opening Night) and in hard copy at Coat Check at the Theater.

Fidget items and **sensory kits** are available for all audience members to borrow from Coat Check.

Visit seattlerep.org/Accessibility to learn more about Seattle Rep's accessible options and seattlerep.org/Sensory for sensory-friendly performance information, or call our Box Office at 206.443.2222, text 206.565.2996, or email tickets@seattlerep.org.

Seattle Children's Theatre's Sensory Accessibility

Seattle Children's Theatre (SCT) offers sensory-sensitive performances for all shows in their 2025/26 Season. Learn more about SCT's access performances at sct.org/Access-Performances and their full slate of accessible offerings at sct.org/Access.



SENSORY ACCESS
ACCESS FOR ALL

This Sensory Guide was produced for Seattle Rep and Seattle Children's Theatre's 2025 world premiere production of Larissa FastHorse's *Fancy Dancer*, directed by Chay Yew and performed on Seattle Rep's Leo K. stage Sept. 18–Nov. 2, 2025. Under no circumstances should this Sensory Guide be reproduced, distributed, publicly displayed, or modified by an organization that is not Seattle Rep.

This Sensory Guide was created with express permission and preliminary guidance from Sensory Access. Sensory Access aims to make all the events most people take for granted more accessible to those with sensory processing difficulties. Learn more and support this incredible organization at sensoryaccess.org