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Mapped to ACEN Accreditation Standards & QSEN Competencies

ACEN Accreditation Standards (2017)	QSEN Competencies	Learning Objectives	Learning Activities	Anxiety	Depression	Alcohol Use Disorder	PTSD	Schizophrenia	Bipolar Disorder
<p>Standard 4: Curriculum: The curriculum supports the achievement of the end-of-program student learning outcomes and program outcomes and is consistent with safe practice in contemporary healthcare environments.</p> <p>4.1 Consistent with contemporary practice, the curriculum incorporates established professional nursing standards, guidelines, and competencies and has clearly articulated end-of-program student learning outcomes.</p> <p>4.4 The curriculum includes general education courses that enhance professional nursing knowledge and practice.</p> <p>4.6 The curriculum and instructional processes reflect educational theory, interprofessional collaboration, research, and current standards of practice.</p> <p>4.9 Student clinical experiences and practice learning environments are evidence-based; reflect contemporary practice and nationally established patient health and safety goals; and support the achievement of the end-of-program student learning outcomes.</p>	<p>Patient-Centered Care K: Integrate multiple dimensions of patient-centered care. S: Elicit patient values, preferences and expressed needs as part of clinical interview. Provide patient-centered care with sensitivity and respect for the diversity of human experience. Assess levels of physical and emotional comfort. A: Value the patient's expertise in their own health and symptoms. Teamwork & Collaboration S: follow communication practices that minimize risks associated with handoffs among providers and across transitions in care.</p>	Describe the major physiological, psychological, emotional, and sociological changes experienced by adults with mental health issues	<ul style="list-style-type: none"> Complete a patient interview to collect relevant subjective data Complete a focused physical assessment to collect relevant objective data Document in the EHR accurately, using professional terminology Educate and Empathize with the patient to engage in therapeutic communication Complete an SBAR hand-off that reflects clinical decision-making skills 	<p>✓</p> <p>48-year-old male with anxiety and a panic attack.</p>	<p>✓</p> <p>86-year-old female with exhaustion and loss of interest in activities</p>	<p>✓</p> <p>20-year-old female injured while driving under the influence.</p>	<p>✓</p> <p>48-year-old female with difficulty sleeping, nightmares, depression, and anxiety.</p>	<p>✓</p> <p>28-year-old male with exacerbation of visual and auditory disturbances, medication non-adherence.</p>	<p>✓</p> <p>25-year-old male with manic episode, misdiagnosed with depression.</p>
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	<p>Patient-Centered Care K: Integrate multiple dimensions of patient-centered care. S: Elicit patient values, preferences and expressed needs as part of clinical interview. Provide patient-centered care with sensitivity and respect for the diversity of human experience. Assess levels of physical and emotional comfort. A: Value the patient's expertise in their own health and symptoms. Informatics S: navigate the electronic health record A: Value technologies that support clinical decision-making, error prevention, and care coordination.</p>	Demonstrate an understanding of the manifestations of the underlying mental health issues by synthesizing data discovered in the patient interview and physical assessment	<ul style="list-style-type: none"> Document subjective and objective findings in the EHR Identify and prioritize nursing diagnoses utilizing evidence from the collected data Develop a plan of how to address the identified diagnoses 	<p>✓</p> <p>Understand physiological manifestations of anxiety</p>	<p>✓</p> <p>Understand depressive symptoms in older adults</p>	<p>✓</p> <p>Recognize the relationship between alcohol abuse and underlying anxiety</p>	<p>✓</p> <ul style="list-style-type: none"> Recognize manifestations of PTSD and relationship to Military Sexual Trauma Construct a Care Plan 	<p>✓</p> <ul style="list-style-type: none"> Recognize the positive and negative symptoms of schizophrenia Construct a Care Plan 	<p>✓</p> <p>Recognize manifestations of mania with bipolar disorder</p>

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	<p>Evidence-based Practice S: Locate evidence reports related to clinical practice topics and guidelines</p>	Demonstrate use of evidence-based screenings in a mental health assessment	<ul style="list-style-type: none"> View patient-completed screenings and ask follow-up questions Administer additional screenings and document results in the EHR Incorporate results in an SBAR handoff 	 Patient completed GAD-7	 Patient completed PHQ-9	 Administer a CAGE assessment	 Patient completed PHQ-9 and PCL-5.	 Recognize risk for dyskinesias with antipsychotics; perform an AIMS assessment	 Administer MDQ assessment and Ask Suicide-Screening Questions (ASQ) assessment
	<p>Patient Centered Care K: Examine common barriers to achieve involvement of patients in their own health care processes.</p>	Apply therapeutic communication techniques in care practices with patients experiencing common psychiatric symptoms and practice mental health focused education	<ul style="list-style-type: none"> Educate the patient in areas of low health literacy and about available resources for self-care Use empathetic, nonjudgmental communication to establish rapport 	 Education on symptoms of anxiety and panic.	 Education on aging and symptoms of depression	 Education on signs of alcohol abuse	 Education on smoking cessation	 Education on smoking cessation	 Education on symptoms common with hypomanic state including lack of sleep.
	<p>Patient Centered Care S: Initiate effective treatments to relieve pain and suffering in light of patient values, preferences and expressed needs.</p> <p>Teamwork & Collaboration S: Follow communication practices that minimize risks associated with handoffs among providers and across transitions in care.</p>	Analyze the needs of mental health patients and families for health care services, including implications for health policy, financing, and service availability	<ul style="list-style-type: none"> Complete an SBAR hand-off that considers referrals such as targeted medical care or ancillary services (PT, nutrition, OT, social services) 	 Recommendation for outpatient therapy	 Recommendation for outpatient therapy	 Recommendation for outpatient alcohol treatment	 Recommendation for outpatient therapy	 Recommendation for outpatient therapy	 Recommendation for outpatient therapy