### Mental Health DCE™ Learning Objectives

Map to ACEN Accreditation Standards & QSEN Competencies

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| 4.1 Consistent with contemporary practice, the curriculum incorporates established professional nursing standards, guidelines, and competencies.  | **Standard 4: Curriculum:** The curriculum supports the achievement of the end-of-program student learning outcomes and program outcomes and is consistent with safe practice in contemporary healthcare environments.  | **Patient-Centered Care**  
K: Integrate multiple dimensions of patient-centered care.  
S: Elicit patient values, preferences and expressed needs as part of clinical interview. Provide patient-centered care with sensitivity and respect for the diversity of human experience. Assess levels of physical and emotional comfort.  | Describe the major physiological, psychological, emotional, and sociological changes experienced by adults with mental health issues  | Complete a patient interview to collect relevant subjective data  | Complete a focused physical assessment to collect relevant objective data  | Document in the EHR accurately, using professional terminology  | Educate and Empathize with the patient to engage in therapeutic communication  | Complete an SBAR hand-off that reflects clinical decision-making skills  |
| 4.4 The curriculum includes general education courses that enhance professional nursing knowledge and practice.  | **Patient-Centered Care**  
K: Integrate multiple dimensions of patient-centered care.  
S: Elicit patient values, preferences and expressed needs as part of clinical interview. Provide patient-centered care with sensitivity and respect for the diversity of human experience. Assess levels of physical and emotional comfort.  | Assess patient condition and identify physical signs and symptoms related to mental health issues using appropriate objective assessment strategies  | Perform a Mental Status Exam  | Determine if intention to harm self or others  | Determine if intention to harm self or others  | Determine if intention to harm self or others  | Determine if intention to harm self or others  | Determine if intention to harm self or others  |
| 4.6 The curriculum and instructional processes reflect educational theory, interprofessional collaboration, research, and current standards of practice.  | **Patient-Centered Care**  
K: Integrate multiple dimensions of patient-centered care.  
S: Elicit patient values, preferences and expressed needs as part of clinical interview. Provide patient-centered care with sensitivity and respect for the diversity of human experience. Assess levels of physical and emotional comfort.  | Demonstrate an understanding of the manifestations of the underlying mental health issues by synthesizing data discovered in the patient interview and physical assessment  | Document subjective and objective findings in the EHR  | Recognize physiological manifestations of anxiety  | Understand depressive symptoms in older adults  | Understand manifestations of PTSD and relationship to Military Sexual Trauma  | Construct a Care Plan  | Recognize the positive and negative symptoms of schizophrenia  |
| 4.9 Student clinical experiences and practice learning environments are evidence-based; reflect contemporary practice and nationally established patient health and safety goals; and support the achievement of the end-of-program student learning outcomes.  | **Patient-Centered Care**  
K: Integrate multiple dimensions of patient-centered care.  
S: Elicit patient values, preferences and expressed needs as part of clinical interview. Provide patient-centered care with sensitivity and respect for the diversity of human experience. Assess levels of physical and emotional comfort.  | S: navigate the electronic health record  | A: Value technologies that support clinical decision-making, error prevention, and care coordination.  | Recognize manifestations of mania with bipolar disorder  |  |  |  |  |
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| **Standard 4: Curriculum:** | Safety: Demonstrate effective use of technology and standardized practices that support safety and quality. | Apply principles of medication management to the care of the mental health patient by evaluating effects of medications, including symptom abatement and side effects | ● Perform a medication reconciliation  
● Assess for side effects of medication  
● Assess for non-adherence | Review medications to determine if appropriate for the current situation. | Review medications to determine if there is an impact on current mood. | Review any at home medications | Review medications to determine if appropriate for the current situation. | Review medication adherence plan | Review medications to determine if appropriate for the current situation. |
|  | Evidence-based Practice: Locate evidence reports related to clinical practice topics and guidelines | Demonstrate use of evidence-based screenings in a mental health assessment | ● View patient-completed screenings and ask follow-up questions  
● Administer additional screenings and document results in the EHR  
● Incorporate results in an SBAR handoff | Patient completed GAD-7 | Patient completed PHQ-9 | Patient completed PHQ-9 and PCL-5. | Patient completed PHQ-9 and CAGE assessment | Recognize risk for dyskinesias with antipsychotics; perform an AIMS assessment | Administer MDQ assessment and Ask Suicide-Screening Questions (ASQ) assessment |
|  | Patient Centered Care: Examine common barriers to achieve involvement of patients in their own health care processes. | Apply therapeutic communication techniques in care practices with patients experiencing common psychiatric symptoms and practice mental health focused education | ● Educate the patient in areas of low health literacy and about available resources for self-care  
● Use empathetic, nonjudgmental communication to establish rapport  
● Address patient’s current mood. | Education on symptoms of anxiety and panic. | Education on aging and symptoms of depression | Education on signs of alcohol abuse | Education on smoking cessation | Education on smoking cessation | Education on symptoms common with hypomanic state including lack of sleep. |
|  | Patient Centered Care: Initiate effective treatments to relieve pain and suffering in light of patient values, preferences and expressed needs. | Complete an SBAR hand-off that considers referrals such as targeted medical care or ancillary services (PT, nutrition, OT, social services) | Recommend evaluation for outpatient therapy | Recommend evaluation for outpatient therapy | Recommend evaluation for outpatient alcohol treatment | Recommend evaluation for outpatient therapy | Recommend evaluation for outpatient therapy | Recommend evaluation for outpatient therapy | Recommend evaluation for outpatient therapy |

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