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| **\*Example Syllabus with Recommended  Integration Plan Materials Highlighted\*** |

**Shadow Health University  
Nursing 350 Gerontological Nursing  
Semester Year**

**Course Time and Location:**

Beginning Date: TBA

End Date: TBA

Class Location: 300 Shadow Building

Meeting Times: TBA

**Prerequisites/Corequisites:**

Class 1, Class 2

**Contact Information:**

Faculty Name: Professor Shadow

Contact Information: [Emailaddress@Email.com](mailto:Emailaddress@Email.com)

Course Site: http://www.examplewebisteuniversity.edu/

Shadow Health Technical Support:

If at any time you have any questions or encounter any technical issues regarding the Digital Clinical Experience, please contact the Shadow Health support specialists by visiting the Learner Support Page at [http://support.shadowhealth.com](http://support.shadowhealth.com/) for contact information and hours. You may email the Learner Support team directly at support@shadowhealth.com at any time or by calling 800.860.3241.

**Course Description:**

This course will focus on the nursing management of older adults. Theories of gerontology, aging, physical function, the impact of changes due to aging, illness, and dysfunction will all be emphasized. We will discuss health promotion through evidence based practice interventions in this vulnerable population.

**Learning Objectives:**

Upon completion of this course, the student will be able to:

* Demonstrate awareness of the difference in taking care of the geriatric population vs. those who are younger.
* Identify communication problems that interfere with the health status of the geriatric population.
* Implement communication strategies for older adults with physical and psychosocial problems to increase their ability to meet their health care needs.
* Apply the nursing process to the geriatric population.
* Identify the impact of the aging population on nursing.
* Incorporate end of life care and concepts in the care of the older adult population.
* Discuss the impact of health care policy on the geriatric population.

**Required Materials:**

* Professor, G. (2017). *Gerontological Nursing*. Shadowville: Shadow Health Press.  
  \*\*\*There are several different textbooks that would all work well
* Shadow Health. (2018). Digital Clinical Experience (Version 2018\_08) [Software].

(ISBN: 978-0-9897888-0-9) Available from<http://www.shadowhealth.com>

**For registration and purchase:**

1. Registration directions:<http://link.shadowhealth.com/How-To-Register>

● If you already have a Shadow Health account, you do not need to register for an additional student account. To add a course to your existing account log in and follow these instructions:<http://link.shadowhealth.com/How-To-Add-A-Course>

2. Enter Course PIN:[Example0000-0000-0000-0000]

3. Share this orientation video with your students: https://link.shadowhealth.com/Student-Orientation-Video

**Login page:** <http://app.shadowhealth.com>

**Technical Requirements**

1. Review requirements: <http://link.shadowhealth.com/Minimum-System-Specifications>
2. Tablets and mobile devices are not currently supported.
3. Recommended web browser is Google Chrome.
4. To use Speech-to-Text, you must complete assignments in Google Chrome

**Shadow Health Support:**

1. Contact Shadow Health with any questions or technical issues regarding Shadow Health **before** contacting your instructor.
2. Support is available at [http://support.shadowhealth.com](http://support.shadowhealth.com/).

**Assignment Descriptions:**

**Shadow Health® Digital Clinical Experience**™**:**

The Shadow Health™ Digital Clinical Experience™ (DCE) provides a dynamic, immersive experience designed to improve your skills and clinical reasoning through the examination of digital standardized patients. Although these patients are digital, each one breathes, speaks, and has a complex medical and psychosocial history.

The DCE is free of many of the constraints and interruptions you face in a hospital or clinical setting. This unique simulation experience allows you to conduct in-depth patient exams and interviews at your own pace. Because the exams are in-depth, these assignments will often take over an hour to complete, so it is important to plan enough time to complete your assignments each week.

We will be completing Shadow Health assignments throughout the course. You are allowed to make corrections or additions to all assignments to implement the immediate feedback that Shadow Health provides you with on each assignment. Our goal is to set you up for success and improve your critical thinking and patient assessment skills.

**Shadow Health Grading**

All assignments will be graded using the DCE Score. Reopening and multiple attempts are allowed.

**Assignments:**

With each of the virtual patient assignments, you will:

* practice taking a detailed health history and performing physical assessments
* describe the major physiological, psychological, emotional and sociological changes experienced by healthy older adults
* identify major health deviations and “geriatric syndromes” for which older adults may be at risk, including appropriate assessment strategies
* assess the living environment as it relates to functional, physical, cognitive, psychological, and social needs of older adults
* apply principles of medication management to the care of the geriatric patient
* practice geriatric-focused therapeutic communication and education
* analyze the needs of older adults for health care services and implications for health policy, financing, and service availability

**Goals:**

You will demonstrate the mastery of the skills you have learned and apply content knowledge prior to our hands-on practice sessions or lab in order to reinforce content knowledge and

improve communication and physical assessment skills. You will complete the assignments after reviewing course content, reading the course textbook, and attending lecture or watching demonstrative videos.

**Participation:**

Active class participation is expected in this course. Your instructor will keep track of attendance and your level of participation in the lecture and lab components of the course. Active class participation is crucial to maintaining the positive learning environment of the classroom and reflects upon your commitment to the disposition expected of a developing nurse. Components of active class participation include, but are not limited to the following:

* Attendance and punctuality for lecture and lab sessions
* Completion of submissions by the due date (points will be deducted from participation for late work)
* Appropriate dress and equipment (see Student Policies Manual for further information)
* Contribution to class discussions

**Online Discussions:**

There will be 4 online discussions throughout the semester in which students will be responsible to post and respond about a health issue or particular case study. Each discussion will be worth 5 percent, for 20 percent of the final grade.

**Class Presentation:**

Each week a number of students will be assigned to present about a health topic. During the presentation, students will practice professional language and share pertinent information related to the topic. The application of information should also focus on a particular lifespan group. This presentation will be worth 10 percent of your final grade.

**Written Assignments:**There will be 2 papers assignment throughout the course.  In these assignments you will be asked to reflect on specific issues facing those clients who are affected with mental illness.  All papers must contain a clearly written introduction and conclusion. Your written assignment should provide published evidence to support your argument. Word for word quotation is discouraged. Written assignments will make up a total of 20 percent of your final grade.

**Quizzes:**There are a total of three quizzes throughout the course.  They will make up a total of 20 percent of your final grade.

**Graded Assignments**

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| **Assignment** | **Weight %** |
| Shadow Health™ Digital Clinical Experience™ Gerontology Assignments | 20% |
| Participation | 10% |
| Online Discussions | 20% |
| Class Presentation | 10% |
| Written Assignments | 20% |
| Quizzes | 20% |

**Grading Scale**

90-100% = A

80-89% = B

70-79% = C

60-69% = D

0-59% = F

**Course Schedule**

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| **Week** | **Textbook Reading**  (To be completed before Monday’s class) | **Shadow Health Assignments & Estimated Time to Complete**  (To be completed before Thursday’s lab) | **Assignments**  **(Presentation dates will be determined on first day of class.)** |
| **Week 1** | Chapter 6  Overview of Gerontological Nursing | Digital Clinical Experience™ (DCE) Orientation -  20 minutes  Conversation Concept Lab – 40 minutes |  |
| **Week 2** | Chapter 1  Introduction to aging phenomena |  | **Online Discussion #1** |
| **Week 3** | Chapter 7  Holistic model for Gerontological Nursing |  | **Online Discussion #2** |
| **Week 4** | Chapters 2, 5  Biological theories of aging  Changes of aging to body |  | **Quiz #1** |
| **Week 5** | Chapter 39  Hospitalization and Readmission | Shadow Health Focused Exam: Infection |  |
| **Week 6** | Chapters 2, 4, and 5  Psychosocial theories of aging and  Changes of the aging mind |  | **Written Assignment #1** |
| **Week 7** | Chapter 14, 21, and 22  Nutrition and elimination |  | **Online Discussion #3** |
| **Week 8** | Chapters 32 and 33  Mood, Stress, and Cognition with Dementia | Shadow Health Focused Exam: Cognition |  |
| **Week 9** | Chapter 15, 17, and 24  Sleep, activity, and safety | Shadow Health Focused Exam: Mobility |  |
| **Week 10** | Chapter 8  Economics of health care and legal issues |  | **Online Discussion #4** |
| **Week 11** | Chapter 3  Culture & aging and health literacy |  | **Quiz #2** |
| **Week 12** | Chapter 39, 16  Pain management and Grief and bereavement | Shadow Health Focused Exam: Pain |  |
| **Week 13** | Chapters 4 and 38  Life transition, Relationships with family and Elder abuse |  |  |
| **Week 14** | Chapter 39  Hospice and Palliative Care | Shadow Health Focused Exam:  End of Life |  |
| **Week 15** | Video and Article  Medical Cost and Health Aging |  | **Written Assignment #2** |
| **Week 16** | Course Wrap Up |  | **Quiz #3** |