

The Conversation: Questions for Your Healthcare Team

Good communication with a healthcare team is an essential part of treatment. These questions can help you get started.



Questions about the diagnosis:

- What are the most important things I need to know about my child's diagnosis?
 - Is the cause unknown? Is there an underlying cause?
 - How quickly is puberty progressing? How is it affecting bone development?
 - What are the potential problems or complications?
- Can I have copies of lab reports, imaging studies, and other documents related to the diagnosis?
 - It helps to keep your own medical files, especially if you will be working with multiple providers and specialists.
 - Examples include results of blood tests, MRIs, ultrasounds, and Xrays.
- Are there questions about the diagnosis that we still need to answer? Are there any additional tests we need at this moment?

Questions about treatment:

- What is the current treatment recommendation?
- How often should we have follow-up appointments?
 - What can we expect at checkups? What tests are used to monitor development and symptoms?
 - Who can I contact if I have a question or concern between appointments?
- If treating with a GnRH agonist:
 - How does this medication work?
 - What are the goals of using this treatment?
 - How is this medication administered and how often? What are the options for administration and dosing?
 - What side effects should I watch for?
 - How will we decide when to stop this medication and what will happen after this medication is stopped?

Questions about emotional and social support:

- How can I talk to my child about this diagnosis in a way they'll understand?
- Do you have patient education materials I can take with me?
- What psychological or social support are available for my child?
- Who can I talk to about practical concerns, such as the cost of treatment, insurance, or other resources to support my family?

Your child's appointments are an opportunity to learn more about their diagnosis. If you have a question, ask. If something isn't clear, ask for an explanation.