# WELCOMES AUGUSIA Augusta **September 23, 2018** www.IRONMAN.com/Augusta70.3

### EVENT SCHEDULE

FRIDAY, SEPTEMBER 21, 2018 Athlete Check-in 12 p.m-7 p.m. IRONMAN® Village & IRONMAN® Store Location: Augusta Convention Center

#### SATURDAY, SEPTEMBER 22, 2018

Athlete Check-in 9 a.m.- 4 p.m. IRONMAN® Village & IRONMAN® Store Location: Augusta Convention Center

Mandatory Bike Check-In 10 a.m.- 5 p.m. Location: Riverfront Marina & Rowing Club

#### SUNDAY, SEPTEMBER 23, 2018 RACE STARTS at 7:30 a.m. **Location:** 6th St. (Riverfront Marina)

Awards Ceremony & 2019 IRONMAN® 70.3® World Championship 4 p.m. Location: Augusta Common/Finish Line

For the complete schedule of events, visit ironmanaugusta.com.

## **LOCAL BIKE SHOPS**

Andy Jordan Bicycle Warehouse 527 13th St. (706)724-6777

Chain Reaction 4407 Evans to Locks Rd. (706)855-2024

**Outspokin' Bicycles** 1904 Walton Way (706)736-2486

## ATHLETIC SHOPS

**Academy Sports** 4210 Washington Road (706)210-6100

**Dick's Sporting Goods** 3450 Wrightsboro Road (706)733-1199

**Fleet Feet** 229 Fury's Ferry Road (706)922-9860

Johannsen's Sporting Goods 1116 Broad St. (706)722-0949

## VENT PREP INFORMATIO **AREA GYMS OFFERING DAY PASSES**

#### Gold's Gvm

The Kroc Center 1833 Broad Street (706)364-5762 Day pass available for \$12.

133 Edgewood Drive N. Augusta, SC (803)279-8900 101 Corporate Pkway Aiken, SC (803)648-4653 One & three day passes available. Open 24-hours. Spin classes offered.

# PRE-EVENT SWIM OPTIO

YMCA

of Greater Augusta

FREE day pass with

IRONMAN® wristband at all

10 local locations. Download

The Family YMCA app on your

smartphone or visit

www.TheFamilyY.org for the

nearest locations.

Augusta Aquatics Center

\$3 fee with IRONMAN® wristband 3157 Damascus Road (706)261-0424 Race Week Hours: Friday 6 a.m. to 8 p.m. Saturday 9 a.m. to 3 p.m.

#### **Aiken County Family YMCA**

(Outdoor) Free with IRONMAN® wristband 621 Trolley Line Road, Graniteville, SC 29829 (803)349-8080 Race Week Hours: Friday 8 a.m. to 8 p.m. Saturday: 8 a.m. to 5 p.m. - Bring your ID

#### Gold's Gym

(Junior Olympic Size Pool) 101 Corporate Parkway, Aiken, SC 29803 (803)648-4653 One and three day passes available. Open 24-hours. - Bring your ID

#### Wilson Family YMCA

Free with IRONMAN® wristband 3570 Wheeler Road (706)922-9622 Race Week Hours: Friday 5 a.m. to 10 p.m. Saturday: 7 a.m. to 6 p.m.

#### Augusta Canal Trail

Hike, bike or run on the towpath edging the historic canal, which takes you past natural and urban landscapes, giving glimpses of wildlife, offering beautiful scenery, and surrounding you with nature and history.

#### www.AugustaCanal.com



#### F.A.T.S. (Forks Area Trail System)

F.A.T.S. is one of the best mountain bike trails in the country and located less than 20 minutes from Downtown Augusta in Sumter National Forest in South Carolina. With 6 flowing trails totaling 37 miles, FATS offers something for all abilities. The trails are well-groomed, fast, and fun.

> www.SORBACSRA.org www.SCTrails.net

#### North Augusta **Greeneway Trail**

The Greeneway is a 7+ mile paved recreational trail that travels along North Augusta's riverfront. The Greeneway may be accessed at its approximate midpoint at Riverview Park, 101 Riverview Park Drive, and is open from dawn to dusk and is regularly patrolled by the Department of Public Safety.

www.NorthAugusta.net

INFO Sheet provided by the Augusta Sports Council. For more information about the ASC, visit www.AugustaSportsCouncil.org

OUTDOOR

## RACE WEEK PERKS FOR PARTICIPANTS ear your IRONMAN athlete wristband or bring this sheet to receive these discounts when visiting these local businesses

Augusta Candle Company 1118, 1124 Broad St. (706) 364-2402 Buy 3 candles get 1 free (Fall scents)

Beamie's At the River 865 Reynolds St. (706) 724-6593 Free hushpuppy basket w/ purchase of entree

Bodega Ultima 353 Highland Ave. (706) 426-6661 Free mimosa or coffee w/ breakfast or lunch entree

Buona Caffee Artisan Roasted Coffee 1858 Central Ave. (706) 869-4074

1 11th St. (706) 729-2372 10% off food and drinks at both locations

fab'rik Augusta 447 Highland Ave. (706) 250-3630



Finch & Fifth 379 Highland Ave. (706) 364-5300 Half off bottles of wine

Hildebrandt's 226 6th St. (706) 722-7765 10% off \$10 or more

New Moon Cafe 936 Broad St. (706) 823-2008 10% off

Riverwatch Brewery 1175 4th St. (706) 421-7177 \$1 off pints all race weekend

The Southern Salad 1008 Broad St. (706) 504-4476 15% off

**Spa Bleu** 1141 Broad St. (706) 722-7446 **10% off w/ Michelle** 

Surrey Tavern 471 Highland Ave. (706) 736-1221 15% off Saint Paul's Church River Room 605 Reynolds St. (706) 724-2485 Complimentary coffee. Open at 5:30 AM

> New Moon Cafe 936 Broad St. Open from 7AM-3PM

Beamie's at the River 865 Reynolds St. (706)724-6593 Open at 10 AM Saturday & Sunday

CEDAYE

## **EVENTS AROUND TOWN**

Cinderella September 21st at 7 p.m. Imperial Theatre

www.imperialtheatre.com

Taj Mahal Trio September 22nd

www.millertheateraugusta.com \$5 discount w/ code IRONMAN Black Jacket Symphony Presents Led Zepplin IV September 21st

www.millertheateraugusta.com

Toad the Wet Sprocket September 22nd

www.millertheateraugusta.com \$5 discount w/ code IRONMAN

Saint Paul's TriAugusta Pasta Dinner September 22nd, 5:30p.m-8 p.m. 605 Reynolds Street (The River Room)

\$10 Tickets available online until September 20th Contact: Kim Butler at mailbox@saintpauls.org/706.724.2485

> Augusta Visitor Center September 23rd, 10am-2pm 1010 Broad Street

Cheer on your athlete at our prime location on race day and enjoy free interactive children's activities. 20% discount on merchandise race week

# AUGUSTA AREA ATTRACTIONS

#### Augusta Canal National Heritage Area and Discovery Center 1450 Greene Street (706)823-0440

Built in 1845 to harness the water power of the Savannah River, the Augusta Canal offers history, recreation and unique experiences. \*Boat Tours available.

Augusta Museum of History 560 Reynolds Street (706)722-8454

See permanent exhibits, including the awardwinning Augusta's story, and several temporary exhibits.

Boyhood Home of President Woodrow Wilson 419 7th Street (706)722-9828

See where U.S. President Woodrow Wilson lived as a boy from 1860-1870.

Historic Trolley Tour of Augusta Departs from the Augusta Museum of History. Please call the Augusta Visitor Center at (706) 724-4067 for details/reservations. Tours are each Saturday from 1:30 until 3:15 p.m.

Lucy Craft Laney Museum of Black History 1116 Phillips Street (706)724-3576 Ms. Lucy Craft Laney started the first Vis Jacoustanced executive started the first

kindergarten and nurses' training class for African Americans in Augusta.

Meadow Garden, Historic Farm House of George Walton 1320 Independence Drive (706)724-4174

This pre-1791 farmhouse was the home of George Walton, the youngest signer of the Declaration of Independence and twice governor of Georgia. Morris Museum of Art - FREE on SUNDAY One 10th Street (706)724-7501

The first museum dedicated to the art and artists of the American South, it houses nearly 5,000 paintings, works on paper, photographs and sculptures dating from the late-eighteenth century to the present.

Phinizy Swamp Nature Park 1858 Lock & Dam Road (706)828-2109

Explore the swamp, its wetlands and wildlife at this 1,150-acre park. Complete with trails, boardwalks, observatory decks and guided tours.

#### Sacred Heart Cultural Center 1301 Greene Street (706)826-4701

(706)826-4701 This former Catholic Church is distinguished by its Romanesque Revival architecture, twin spiral staircase and stained-glass windows from Germany.