



BoulderColoradoUSA.com

Boulder Convention and Visitors Bureau
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BOULDER
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BOULDER CONVENTION AND VISITORS BUREAU

THE BOULDER COUNTY Farm trail

Explore Boulder County's farms, from field to fork



Back to Our Roots

Early on, Boulder's residents made clear a deep love for their land. In 1967, Boulder became the first city in the United States to tax itself for funds to be used specifically for the acquisition and management of open space. Around the same time, countywide residents approved the use of public lands for agriculture, seeing value in the care and use of public land by farmers. Today, about 25,000 acres of the county's public lands are leased to farmers.

An even broader agricultural industry feeds Boulder's obsession with fresh foods and its

outdoor-loving ethos. There are over 850 farms in Boulder County! This brochure is devoted to a number of those farms that welcome visitors on a regular basis.

It's our hope you'll get out and meet our extraordinary farming community, feel the cool Colorado sunshine on your skin, swing on a tire swing, let a handful of juicy raspberries drip down your chin — and see for yourself why Boulderites are so passionate about our land and the foods that come from it.



Cover photos: Denise Chambers, Cure Organic Farm, Paul Bousquet, Eric Gray, Growing Gardens

Above: Paul Bousquet. Back cover photo: Stephen Collector

Five things to try...

On the Farm

Experience Boulder's acclaimed food scene at its source, get a little dirt on your hands and meet some furry friends.

- Bike-to-farm.** Boulder Bike Tours offers scenic rides to local farms via country roads and bike paths with beautiful mountain views. Electric bikes are available. Choose from a Thursday evening ride that ends with fresh pizza pies topped with the day's veggie harvest or a Sunday brunch ride.
- Get farm smarts.** On-the-farm classes let you get up-close-and-personal to the land and its farmers. Take a course on wild herb picking and natural medicine at Three Leaf Farm, an officially designated botanical sanctuary; sign up for a cheese-making workshop at Mountain Flower Goat Dairy; or choose a beekeeping class at Growing Gardens. Check the listings on the opposite side for more ideas.
- Dine fresh.** Feel free to kick up your boots, chat and laugh under a string of shimmering lights on Eden-like Lone Hawk Farm. Check our listings for more farms offering dinners, and plan ahead, as they frequently sell out.
- Shop the farms.** Pick up some famous peaches-and-cream sweet corn from Munson Farms (and grab a great photo op); pick up skeins of super-soft wool from Cure Organic Farm; or stop at Ollin Farms, where an on-site helper can point you to the best picks. Pick your own raspberries at the oh-so-charming Hoot n' Howl Farm or dig your own irises in May and June at Long's Gardens (close to downtown).
- Picnic in style.** Spread out a quilt in the sun, unpack some goodies and lunch it up while you watch life on the farm. Lone Hawk Farm allows picnics on their barn balcony or check the listings on the other side for more picnic options.



Photo credits: 1. Boulder Bike Tours, 2. Three Leaf Farm, 3. Boulder CVB, 4. Paul Bousquet, 5. Gwen Gray

At the Market

Established nearly 30 years ago by a handful of local farmers, the Boulder Farmers Market will fill your belly and soul with happiness. With nearly 150 vendors, it's a top visitor attraction and a weekly tradition for residents.

Saturdays, 8am-2pm (First Saturday in April through the Saturday before Thanksgiving)

Wednesdays, 4-8pm (First Wednesday in May through the first Wednesday in October)

- Meet the farmers.** Only vendors who grow what they sell are permitted. They tend to be a friendly lot, so feel free to ask questions and admire their crops.
- Redefine "food court" food.** Handmade tamales, steamed dumplings, stone-fired pizza and fresh-pressed juices await in the market's prepared foods area. Grab a plate and take a seat at the tables or in a shady spot next to Boulder Creek.
- Sample the goods.** Locally crafted, artisan cheeses, breads, jams, pastas, salsas, granolas and more are offered throughout the market for you to taste.
- Stop and smell the roses.** Farm-grown flower stands bring a riot of color to the market. Pause for a sniff or a photo, and maybe pick up a bunch for your hotel room.
- Jam out.** Local bands are often heard striking up some tunes in the food court area. Sit back and watch, or simply listen as the melody floats through the festival-like atmosphere of the market.



Photo credits: 1, 2, 3, 4. Denise Chambers/Boulder CVB, 5. Amy Aletheia Cahill

On Your Plate

Boulder was named America's Foodiest Town by *Bon Appétit*, and Pearl Street ranked one of the 10 Best Streets for Foodies in *Food & Wine*. Why? We think it has a lot to do with an abundance of creative chefs who insist on ingredients plucked straight from local fields.

- Chefs turned farmers.** Boulder chefs are taking out the middleman and starting their own farms to ensure only freshly harvested foods make it to your plate. This is true of Black Cat, Blackbelly Market, Leaf, Salt, Lucile's... we could go on and on.
- Go green.** The Kitchen has been called the "greenest restaurant in the West" and is a leader in sustainable, farm-to-fork dining — not to mention deliciousness.
- Cuisine with a conscience.** Chef Bradford Heap of Salt and Wild Standard has taken a stand against genetically modified organisms (GMOs), and will only buy from suppliers who can guarantee their products are GMO free. It makes for a menu that's worry-free yet incredibly sumptuous.
- Homegrown collaboration.** Seeds Library Cafe in the Boulder Public Library — an organic, locally sourced eatery on a bridge overlooking Boulder Creek — is the result of a partnership between the library and Boulder County Farmers Markets.
- Sip fresh.** Try a cocktail made with regional ingredients at Oak on Fourteenth, Salt or Bitter Bar. Sample Colorado wines at Boulder Wine Studios' three wineries. Go behind the scenes at one of five local distilleries. Or savor our booming craft brewing industry at 20+ breweries around town.



Photo credits: 1. Blackbelly Market, 2, 3, 5. Denise Chambers/Boulder CVB, 4. Seeds Library Cafe

With the Kids

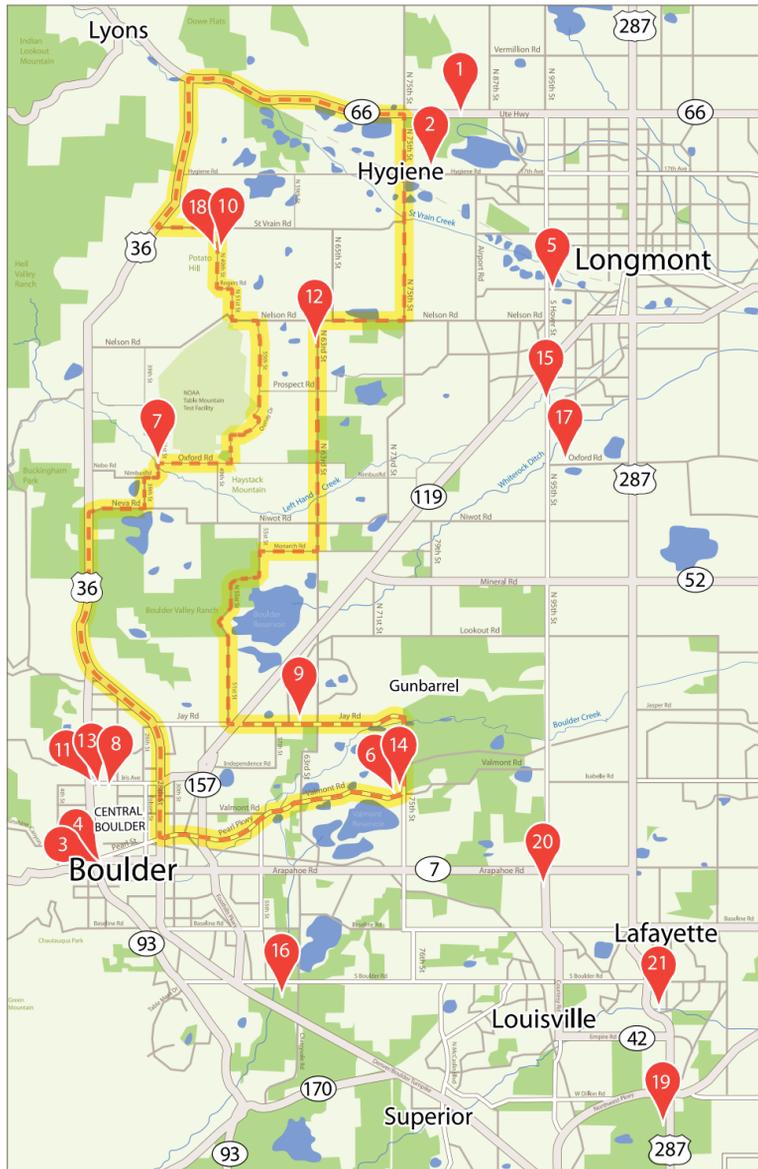
Homegrown fun and simple country pleasures (think strawberry-stained chins and hay stuck in your hair) will have every member of your family grinning from ear-to-ear.

- Big Red Barn.** At Longmont's Agricultural Heritage Center, tour a historical farm, pretend to be a draft horse to see how much weight you can pull, and watch as little ones push buttons inside a tractor cab and play at the fruit stand.
- Pumpkins for lil' punkins.** During harvest time, Rock Creek Farm goes all out, with acres of pumpkin patches, jumpy castles, slides, farm animals, a hay bale maze and a corn maze — all with a sweeping vista of the Rocky Mountains.
- Seeds of peace.** The Children's Peace Garden is a great place to wander, snap some photos under the charming rainbow entryway with the gorgeous Flatirons as backdrop, and teach little minds about some of Boulder's most cherished ethos: locally grown health foods, kindness, community and peace.
- Mehhh.** Meet baby goats and learn how the farmers milk the mama goats at Mountain Flower Goat Dairy. Kiddos (and their parents) can even take yoga class among the goats, known to be a wonderfully wacky and therapeutic way to do yoga.
- The family that farms together.** Volunteer in the vegetable fields at Pachamama Farm or Oxford Gardens for some quality bonding time. You'll also soak up lots of knowledge and inspiring views.



Photo credits: 1. Gwen Gray, 2. Eric Gray, 3. Growing Gardens, 4, 5. Mountain Flower Goat Dairy

THE BOULDER COUNTY Farm trail



- T** Tours (regularly or by reservation)
- F** Farm Stand
- O** On-Farm Sales
- V** Volunteer Opportunities
- W** Workshops/Classes
- D** Farm Dinners
- P** Picnicking
- S** Skeins of Wool
- PP** Pumpkin Patch
- C** Corn Maze
- H** Hay Rides
- Y** You-Pick
- A** Animal Interaction
- X** Christmas Trees



Scenic Drive

Looking for a pretty drive that rolls along past a number of farms with vistas of the Rockies in the background? Follow the suggested highlighted route on the map. Without stops, it will probably take you about 60 minutes. With stops, maybe 2 1/2 hours. Food is available along the route in Hygiene and Lyons. Surprises can be found at the honor-system farm stands, so bring some cash. And remember, some of the food on your restaurant table tonight may be from these farms!

7. The Fresh Herb Co.

T

4114 Oxford Rd., Longmont
303-449-5994
thefreshherbco.com

The Fresh Herb Co. offers culinary herbs, freshly cut flowers and ornamental succulents. Arrange a tour (by reservation only) to see the lovely grounds and maybe meet the resident farm cat, Watson. If you're interested in renting the farm as a venue for a farm dinner, please inquire.

9. Hoot 'n' Howl Farm

T F O V P Y

6033 Jay Rd., Boulder
303-530-9504
hootnhowlfarm.com

Hoot 'n' Howl is Boulder County's largest berry farm, with red, gold and black raspberries, strawberries, blackberries, gooseberries, elderberries, currants, flowers and asparagus. A farm stand also sells peaches, cherries, plums, nectarines, pears and apples from Early Morning Orchard in Palisade, Colorado, as well as 100-percent grass-fed beef from Lasater Ranch in Matheson. Open June–October, 9am–7pm daily.



8. Growing Gardens

V W D PP

1630 Hawthorn Ave., Boulder
303-443-9952
growinggardens.org

Over the last 20 years, Growing Gardens has enriched thousands of lives through sustainable urban agriculture. They offer a variety of education programs for people of all ages and backgrounds. Their Children's Peace Garden (ages 3-11) includes summer camps and an after-school garden club, and the Cultiva Youth Project (ages 12-18) provides teens with a leadership program. Seasonal adult classes include gardening, farm-to-table cooking, food preservation, bread making and beekeeping. Their Community Gardens give over 1,000 gardeners the space to grow their own food, and the Growing Gardens Food Project donates over 17,000 pounds of fresh produce annually.

Stop by the blooming Children's Peace Garden with your little one for a picture-perfect photo with the iconic Flatiron backdrop, take an evening stroll in the gardens, or join a summer camp or community class.

14. Munson Farms

F O P C H X

7355 Valmont Rd., Boulder
720-971-8847
munsonfarms.com

Munson Farms is a local family farm raising fresh fruit and vegetables for more than 30 years. They are famous for their sweet corn and fall pumpkin patch. The farm stand — which has great views and has been voted the "Best of Boulder" farm stand for the last seven years — is open daily July through Thanksgiving. The produce is harvested daily, ensuring high quality and freshness.

16. OSMP Antique Farm Equipment Exhibit

66 S. Cherryvale Rd., Boulder
boulder.colorado.gov/osmp/cultural-resources-antique-farm-equipment-exhibit

Every item in this outdoor display at the old Viele/Van Vleet Ranch was used by farmers and ranchers on land that is now owned by the City of Boulder. At one time, each of these implements was essential to the farmers and ranchers who relied on them. Get a look back into how Boulder's early farmers worked the land.



15. Ollin Farms

T F O W D PP Y

8627 N. 95th St., Longmont
303-717-0586
ollinfarms.com

Ollin Farms believes in the principle of sustainable agriculture, producing nutrient-rich foods with minimum impact on the surrounding environment. They offer youth classes, farm dinners and a farm stand that is open daily June–October. It's stocked with seasonal vegetables and fruit, and there's always a helpful attendant on hand.

17. Oxford Gardens

T V D

10145 Oxford Rd., Longmont
303-817-9676
oxfordgardensboulder.com

Oxford Gardens is a six-acre market farm that offers 25 types of vegetables (in more than 100 varieties) to local restaurants, food stores, food trucks and the Boulder Farmers Market. They also provide thousands of pounds of their famous carrots to the children of Boulder through the school district's food program. Join them on the farm for volunteering, group tours by reservation or for local chef-led farm dinners with mountain views.



1. Agricultural Heritage Center at the Lohr/McIntosh Farm

T V W P A

8348 Ute Hwy., Longmont
303-776-8688
bouldercountyopenspace.org/ahc

Get a glimpse into the history of agriculture in Boulder County and enjoy the rural surroundings. Interactive exhibits include a farmhouse furnished with items from the 1910s; animals on site April through October including chickens, pigs, draft horses and sheep; two barns; and an heirloom garden. It's free to visit. Hours: April 1–October 31, every Friday, Saturday and Sunday 10am–5pm; November 1–March 31, the first Saturday of each month 10am–5pm. Check their website for special events, Barnyard Critter Day, and Crafts and Trades of Olden Days.

2. Aspen Moon Farm

F O D PP

7927 Hygiene Rd., Longmont
303-684-6848
aspenmoonfarm.com

Aspen Moon Farm has a seasonal, open-air roadside farm stand. Fresh, certified organic and biodynamic, everything they sell is 100-percent grown on the farm. Open April–December (weather permitting) 10am–6pm. See website for seasonal hours. Tours by reservation only.

3. Boulder Bike Tours: Bike-to-Organic Farm Tours

T D

1770 13th St, Boulder
303-747-6191
boulderbiketours.com

Experience all that Boulder has to offer at the forefront of organic farming — local, fresh and accessible via beautiful, easy bike routes. Join a regular weekly tour, choosing between the Thursday Sunset Tour and Sunday Brunch Tour. Both tours include seasoned, local guides, scenic rides on bike paths and country roads, a harvest-fresh meal at the farm, education about organic farming and lifestyle from local growers, and beautiful views of the Rocky Mountains and plains. Thursday evening Sunset Tours to close-in 63rd Street Farm start and end in downtown Boulder (see map) and include a wood-fired pizza dinner on the farm, featuring veggies harvested that day. Sunday Brunch Tours start and end at Sol y Sombra Farm in north Boulder County and include a four-course farm brunch using fresh-harvested produce and products. Bike rentals (including electric bikes) available; reservations required.



4. Boulder County Farmers Market – Boulder

13th St., between Canyon and Arapahoe, Boulder
303-910-2236
bcfm.org

The Boulder Farmers Market opened in 1987 as a growers-only market and today is a major attraction for both residents and visitors. In fact, it was named Best Farmers Market in the nation by readers of *USA TODAY* and 10Best. You'll find beautiful produce, flowers, breads, honey, wine, cheese, prepared foods and more in a lively, festive atmosphere. The market's season runs from the first Saturday in April through the Saturday preceding Thanksgiving, 8am–2pm. The Wednesday evening market runs from the first Wednesday in May to the first Wednesday in October, 4–8pm.

5. Boulder County Farmers Market – Longmont

Boulder County Fairgrounds
9595 Nelson Rd., Longmont
303-910-2236
bcfm.org

This Longmont market began in 1989 and the Boulder County Farmers Markets began managing it in 2003, helping it blossom into a destination market, with ample free parking and a pavilion that features family-friendly music events. The market runs from the first Saturday in April through the Saturday preceding Thanksgiving, 8am–1pm.

6. Cure Organic Farm

T F V W D S

7450 Valmont Rd., Boulder
cureorganicfarm@yahoo.com
cureorganicfarm.com

Cure Organic Farm is a family farm that grows 100 different varieties of certified organic vegetables, herbs and flowers on 12 acres. All crops are distributed within 50 miles of the farm through a CSA program, to local restaurants, via farmers' markets and at the farm's store (May–December). The farm is also home to several honeybee hives, a flock of hens and ducks, and heritage Berkshire and Mangalitsa pigs. Skeins of wool from Rambouillet sheep are available. Open Wed–Fri 11am–6pm and Sat–Sun 10am–4pm. They also offer classes, volunteer opportunities and tours by reservation.



10. Lone Hawk Farm

T F O V W D P Y A

10790 N. 49th St., Longmont
303-956-3866
lonehawkfarms.com

Lone Hawk Farm encompasses 120 rolling acres of gardens, pastures, orchards and wildlife habitat. The farm stand is open daily throughout the growing season. Stop by for fresh, organic veggies, fruit, eggs, flowers and herbs grown in the farm's Cooperative Community Gardens. The farm stand barn is located just down the road, south of the main farm entrance. They also offer picnicking (sit on the barn balcony!), farm dinners, special events, and opportunities for hikers, birders and photographers.

12. McCauley Family Farm

T V W D P

9421 N. 63rd St., Longmont
303-485-7688
fromourfarm.org

Nestled into the foothills and irrigated by Rocky Mountain snowmelt, McCauley Family Farms is a whole-farm ecosystem that nourishes people and the planet. They are a certified organic farm offering 80–100 varieties of organic produce for farmers' markets, restaurants and gourmet goods. In holistically managed pastures, they raise truly pastured chicken for meat and eggs, as well as lamb. Other offerings include culinary and medicinal herbs, seed saving, seasonal ferments and pickled goods. McCauley welcomes visitors to come learn, connect, volunteer and grow.

11. Long's Gardens

T O Y

3240 Broadway, Boulder
303-442-2353
longsgardens.com

This third-generation, family-owned and -operated iris farm is located right in the middle of Boulder. It was founded in 1905 by J.D. Long., and today, the farm specializes in bearded iris, sold to visitors as "dig them yourself." In May and June, you can choose plants from labeled fields or the "anonymous" field for a bit of mystery.

13. Mountain Flower Goat Dairy

T O V W A

3240 Broadway, Boulder
518-605-8382
mountainflowergoatdairy.com

This local dairy "brings goats to people and people to goats." Being a working dairy farm is at the heart of their nonprofit mission to practice land stewardship, humane treatment of animals and conservation through urban agriculture, education and advocacy. Mountain Flower connects urban dwellers back to the land, back to their food and back to nature. They offer private tours, team building, birthday parties, goat yoga classes, summer camps and raw milk shares. Open to the public every Saturday in June, 10am–1pm, and first Saturdays July–October, 10am–1pm.

18. Pachamama Farm & Wellness

T V W D A

10771 N. 49th St., Longmont
716-860-3594
pachamamafarm.com

Pachamama Farm & Wellness is a beautiful farm tucked into the foothills of Boulder County. They strive to enhance the well-being of the community by producing pure food and medicinal herbs using organic methods, offering agricultural educational programs and providing healing arts services in nature. Come tour, volunteer in the vegetable fields or herb garden, take a workshop, attend a festival, or meet chickens, cats and a dog. Tours by reservation only.

20. Shannon Red Barn Farm

T D

1341 95th St., Lafayette
303-651-2180
shannonredbarnfarm.com

Shannon Red Barn Farm is a historic dairy farm that is listed on the National and State Registers of Historic Places and is a Boulder County Historic Landmark. Buildings include an 1870s groud chicken and milk house, a Victorian farmhouse, a 1919 clay-tile dairy barn, a studs-oud granary and a WPA studio. You'll also find a picturesque windmill, vintage farm and dairy equipment, and heirloom flowers. Farm history and garden tours, catered farm dinners, farm teas and farm photo opportunities are available by reservation.

21. Three Leaf Farm

T F O W D A

445 S. 112th St., Lafayette
720-334-4724
threeleaffarm.com

Run by a husband-and-wife team of restaurateurs, Three Leaf Farm was created in 2010. Tucked along the banks of the Coal Creek with majestic views of the Continental Divide, the little urban farm is a pastoral oasis and home to goats, chickens, horses and honeybees. Almost all of their harvest goes directly to the owners' six restaurants and their extensive catering services. They also host a full schedule of community farm dinners during the growing months, with menus creatively prepared by restaurant chefs. Visitors can learn about farm skills, homesteading techniques, herbal medicine and beekeeping.