

Upcoming Charlottesville Area Races and Events

Call ahead to confirm as dates and times may be tentative...

* = 100% **not-for-profit** fund raiser events!

*****Community Group Speed workouts every Wednesday at 6:00am at the UVa track
ALL abilities and paces are welcome! Information at coachlorenzoni.com**

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****GROUP Runs** every Saturday morning at 8:00 outside the UVa track...2-8 miles (all paces)

- *December 2 - Monticello Holiday Classic 5K entries limited to the first 400!
- *December 9- Freedom 5K Glenmore Country Club
- *December 16- Winter Solstice RTF trail run 8:00am start at Greenberrys at Barracks Road
- *January 1- New Year's Day 5K 11:00am Free Union
- *March 3 (tentative date) - Sugar Hollow Bridges 5 and 10K Whitehall
- *March 10 - Haven 8K Downtown C-ville
- *March 17 (tentative date) – Kids Track and Field clinic with the UVa T&F team
- *March 24 (tentative date) – The Charlottesville Ten Miler
- *March 31- Big Brothers-Big Sisters 5K & 10K Chapel Spring Farm Free Union
- *April 7 - Zeta Run for Life 5K UVa course
- April 7-Charlottesville Marathon and Half Marathon Downtown C-ville
- *April 14- Run for Autism 5K
- *April 28- Montalto 5K at Monticello
- *April 28- Park to Park Half Marathon Waynesboro

For more information on these and other upcoming events please visit our web site at

www.raggedmountainrunning.com